



### Services and Specialties

- Birthing Center & Level III NICU
- Breast Care Center
- Canopy Cancer Survivorship Center
- Children's Memorial Hermann
- Diabetes Self-Management and Education
- Digestive Diseases and Endoscopy
- Heart and Vascular Institute
- Emergency Care and Observation
- Intensive, Critical and Trauma Care
- Intermediate Medical Care
- Joint Replacement and Revisions
- Lung Disease and Respiratory Health
- Memorial Hermann Medical Group
- Neuroscience Services
- Nutrition
- Occupational Medicine
- Orthopedics and Sports Medicine
- Oncology
- Pelvic Floor Therapy
- Physical and Occupational Therapy
- Radiology (imaging)
- Sleep Disorders Center
- Speech Therapy
- Spine Surgery
- Surgical Services
- TIRR Memorial Hermann-The Woodlands Inpatient and Outpatient Rehabilitation
- Weight Loss Surgery
- Women's Memorial Hermann
- Wound Care and Hyperbaric Therapy

### Helpful Information:

Main Number: **713.897.2300**

To learn more or to schedule an appointment with an affiliated physician, please call **713.222.CARE** or visit [memorialhermann.org/thewoodlands](http://memorialhermann.org/thewoodlands).

### Feeling sick and not sure what to do?

Contact the free 24/7 Nurse Health Line. Trained RNs help answer health questions by phone, in English or Spanish (interpreters also available). Call **713.338.7979** or toll-free **855.577.7979** to speak with a nurse. For life-threatening emergencies, call 911.

# Advanced Care for The Woodlands Community

Located in the dynamic and fast-growing Woodlands area in Montgomery County, Memorial Hermann The Woodlands Medical Center has been caring for families in the north Houston region for nearly 40 years, offering specialized care close to home. A 500-bed facility, Memorial Hermann The Woodlands brings the expertise of nearly 1,300 affiliated physicians across a wide variety of more than 80 disciplines. Our team of health care professionals utilizes state-of-the-art technology to address the community's healthcare needs, from routine outpatient visits to complex, acute inpatient procedures.

Memorial Hermann The Woodlands has three patient towers and is the largest healthcare employer in Montgomery County—with more than 3,150 employees. We are part of the Memorial Hermann Health System, with more than a century of caring for Greater Houston.

### Magnet-Recognized Nursing Facility

After a decade, Memorial Hermann The Woodlands is still the first and only hospital in Montgomery County to receive one of the highest levels of recognition for nursing excellence, earning designation as a Magnet Recognition Program by the American Nurses Credentialing Center (ANCC).

### 24-Hour Emergency Centers

Our emergency centers treat both children and adults and are ready to meet the needs of critically ill or injured patients. Our ERs are staffed by affiliated board-certified emergency medicine physicians, advanced practice providers, nurses and technicians specially trained in emergency care.

#### Services include:

- Digital X-ray, computed tomography (CT), magnetic resonance imaging (MRI) and ultrasound
- Diagnostic laboratory
- Two additional offsite ERs nearby: Memorial Hermann 24 HR Emergency Care on Woodlands Parkway and the Memorial Hermann Convenient Care Center in Spring at Bender's Landing
- Access to higher level of care via ground ambulance or by air via Memorial Hermann Life Flight®

### Level II Trauma Center

Memorial Hermann The Woodlands is a designated Level II trauma center with the ability to provide advanced trauma life support, evaluation, stabilization and diagnostic services. If needed patients can be transferred quickly to a higher level of care at Level I trauma center Memorial Hermann-Texas Medical Center or Children's Memorial Hermann Hospital.

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MEMORIAL<sup>®</sup>  
HERMANN  
The Woodlands  
Medical Center

## Birthing Center and NICU

Our top priority is the safety and well-being of mom and baby, and we have put numerous mechanisms in place to ensure quality patient care. As a Texas Department of State Health Services Level III Maternal Facility, we offer a Family Birth Center (FBC) and Level III Richard Rivas, MD, Neonatal Intensive Care Unit (NICU), in-house, affiliated OB/GYN and pediatric physician hospitalists.

The FBC features private, comfortably appointed labor-delivery-recovery suites equipped with the latest technology and premium amenities. Specially trained, affiliated physicians and nursing staff manage both routine and high-risk deliveries, plus neonatal care, including:

- Maternal fetal medicine (high-risk pregnancy)
- An OB Emergency Center
- Antepartum unit providing care for mother and baby before delivery
- Dedicated labor and delivery nurses providing one-on-one care during birthing
- Lactation Center and nurses who are International Board Certified Lactation Consultants (IBCLC)
- Anesthesiology available around the clock
- Private postpartum rooms where mothers and newborns receive care together
- A Level III NICU able to provide comprehensive care for babies, with affiliated neonatologist care available 24 hours a day
- Childbirth, lactation and parenting education classes

## Breast Care Center

The Breast Care Center provides specialized breast screening and diagnostic services in a spa-like environment, delivered by experienced breast health technicians and affiliated, board-certified breast radiologists.

### Our breast health services include:

- 3-D screening and diagnostic mammograms
- Bone density screenings
- Breast MRI and MRI-guided biopsies
- Breast ultrasound
- Stereotactic and ultrasound-guided biopsies

## Children's Memorial Hermann

Children's Memorial Hermann at Memorial Hermann The Woodlands offers specialized care and services for children of all ages close to home. The affiliated team of pediatric subspecialists offer outpatient care in a variety of areas, including pediatric adolescent medicine, clinical genetics, neurology, cardiology, gastrointestinal diseases, imaging, ophthalmology, endocrinology, orthopedics, rehabilitation and urology.

If a child needs to be admitted to the hospital, our dedicated inpatient pediatric unit includes:

- Affiliated pediatricians, nurses and support staff who specialize in providing treatment to children of all ages
- Child Life specialists to help support each child's health care experience

- Activity room with toys and video games
- Comfortable overnight accommodations in the patient's room for parents and caregivers
- Wolf Park and playground

For NICU graduates, the Preemie Place is a multidisciplinary clinic for babies and toddlers, birth to 3 years of age who were born premature, sick at birth or have developmental, feeding or language needs.

Additionally, should a higher level of care be required, pediatric patients can be transported to Children's Memorial Hermann Hospital in the Texas Medical Center by our Children's Pediatric Transport Team via ground ambulance or Memorial Hermann Life Flight®.

## Endoscopy and Digestive Health

Our endoscopy suite offers advanced diagnostic testing and treatment for digestive diseases such as ulcers, gastroesophageal reflux disease (GERD), Barrett's esophagus, colorectal cancer and inflammatory diseases (Crohn's disease and ulcerative colitis). Inside our four enlarged procedure rooms, specially trained affiliated physicians utilize advanced methods such as endoscopic ultrasound, a minimally invasive procedure that combines endoscopy and ultrasound technology to identify and biopsy gastroenterology tumors, aspirate cysts and further examine other areas of concern.

## Heart & Vascular Institute

Memorial Hermann is at the forefront of advancing heart health from preventive care to cardiac emergencies to complex surgical procedures. The Heart & Vascular Institute at Memorial Hermann The Woodlands combines research-driven innovation and a heart team approach to open blockages, repair valves and aneurysms, correct irregular heartbeats and more.

With seven state-of-the-art cardiac catheterization labs, hybrid operating-endovascular suites, a cardiovascular intensive care unit (CVICU) and dedicated cardiac rehabilitation, the board-certified diagnostic, interventional and electrophysiology cardiologists, as well as cardiovascular and thoracic surgeons affiliated with our program work with a dedicated staff of caregivers to offer a spectrum of heart-related treatment options, including:

- Heart disease risk assessment
- Lifestyle and medical management
- Diagnostic testing, including advanced and non-invasive imaging, cardiac electrophysiology (arrhythmia) and peripheral invasive radiology
- Access to advanced technology with remote monitoring capabilities
- Minimally invasive procedures, including transcatheter aortic valve replacement (TAVR), left atrial appendage occlusion (LAAO) therapy for atrial fibrillation (Afib), transcatheter edge-to-edge repair (TEER) of the mitral valve for mitral regurgitation, coronary bypass graft surgery (CABG) and video-assisted thorascopic surgery (VATS)

- Endovascular and traditional surgical options (angioplasty, stents, abdominal aortic aneurysm, deep vein thrombosis, peripheral arterial disease and more)
- Cardiac and thoracic surgery
- Cardiac and vascular rehabilitation

The Heart & Vascular Institute at Memorial Hermann The Woodlands is Chest Pain certified by The Joint Commission and meets stringent criteria for rapid response when seconds count.

### Imaging and Interventional Radiology

Memorial Hermann The Woodlands offers the latest advancements in imaging technology and screenings, including a 64-slice CT scanner, 3-D mammograms, fluoroscopy, MRI, PET CT, ultrasound and X-ray. We have a total of seven interventional labs to support stroke, heart and vascular, trauma and oncology needs.

### Neuroscience Services

The neuroscience program at Memorial Hermann The Woodlands is one of the most advanced of its kind in North Houston. Affiliated neurologists, neurosurgeons, neurointensivists, pain management physicians and dedicated neuroscience nursing staff at Memorial Hermann The Woodlands provide care for a broad range of neurological disorders and conditions. Patients benefit from comprehensive inpatient and outpatient services, specialized care for complex conditions, leading-edge technology, and innovative therapies and techniques.

The dedicated 36-bed Neurosciences Patient Care Unit includes a 12-bed neurological ICU with dedicated neuro medical/surgical beds and an epilepsy monitoring unit.

Recognized by DNV-GL Healthcare as a Comprehensive Stroke Center, Memorial Hermann The Woodlands is equipped to rapidly diagnose and treat stroke victims. We also evaluate and treat patients transported from other stroke centers.

As a Level II trauma center, we can provide high-level neurological care to patients with a wide range of neuro-trauma conditions, including traumatic brain injury and spinal cord injury.

#### Conditions treated include:

- Acute head, neck and spine trauma, which may include hemorrhages, concussions, swelling, brain herniation, spinal disk herniation, complete or partial spinal cord injuries, skull fractures, and other types of traumatic injuries resulting from car accidents, slips and falls, etc.
- Aneurysms, including those requiring surgical interventions such as stents or clippings
- Strokes, including patients who could benefit from intra-arterial thrombolysis or other surgical interventions
- Benign and malignant brain and spinal tumors, including patients who may require management by our team of neurologists, neurosurgeons, radiation oncologists, medical oncologists and neuro-radiologists
- Seizures, epilepsy and status epilepticus

- Medical and surgical management including deep brain stimulation (DBS) for patients with essential tremors, dystonia, Parkinson's and movement disorders
- Surgical interventions including spinal reconstruction, spinal fusions and minimally invasive spine surgery
- Acute pain, post-op pain or acute exacerbation of chronic pain
- Infections of the central nervous system, including meningitis
- Wide range of neurology conditions including but not limited to, Dementia, Alzheimer's disease, neuromuscular disorders and peripheral nerve disorders
- Pre-evaluation to post-surgical therapy by a specialty trained spine physical therapist in collaboration with Sports Medicine and Rehabilitation

Also located on campus, Mischer Neuroscience Associates physicians are focused on providing high quality care and convenience for their patients in the community through their outpatient clinic.

In collaboration with Mischer Neuroscience Associates, the Telemedicine Program at Memorial Hermann The Woodlands enables top neurologists to observe patients remotely and assist with treatment from any location. Patients gain real-time access to unparalleled stroke care and leading neurological expertise around the clock, all from the familiar comfort and life-saving accessibility of their own community hospital.

### Oncology Services and Survivorship

Memorial Hermann The Woodlands believes in helping patients navigate their entire cancer journey by caring for their physical, social, emotional and spiritual needs. Patients have access to a multidisciplinary team of affiliated oncology specialists, which may include a surgeon, medical oncologist, radiation oncologist and radiologist, depending on their disease. These specialists work together at regular cancer conferences to review and develop individualized treatment plans. In addition, affiliated general surgeons, plastic and reconstructive surgeons, physical and occupational therapists, speech language pathologists and palliative care specialists complement the continuum of care.

Our Canopy Cancer Survivorship Center in The Woodlands is free to cancer survivors and their caregivers. Canopy provides an array of support groups, activities and resources in an inviting environment. Canopy is also home to an Oncology Nurse Navigator and an Oncology Social Worker—both ready to provide their support. Canopy services are available for any kind of cancer, and it does not matter where a guest received their diagnosis or treatment.

Memorial Hermann The Woodlands earned The National Accreditation Program for Rectal Cancer (NAPRC) which is a collaboration between The OSTRiCh Consortium (Optimizing the Surgical Treatment of Rectal Cancer) and the Commission on Cancer (CoC), a quality program of the American College of Surgeons. Memorial Hermann Health System is currently the only health system to have earned three accreditations recognizing excellence in rectal cancer care.

**Orthopedics & Sports Medicine**

Part of Memorial Hermann | Rockets Orthopedics, our dedicated multidisciplinary orthopedic care team includes nurses, rehabilitation specialists and affiliated specialty-trained physicians, who provide non-surgical and minimally invasive procedures, surgery and rehabilitation for muscle, joint and bone injuries and abnormalities. As part of patient-centered care, therapists perform comprehensive evaluations to determine appropriate treatment to address each patient’s goals. At our joint center, we perform joint replacements of the hip, knee and shoulder utilizing the latest surgical and pain-management techniques. We conduct joint rehabilitation in a dedicated gym facility.

**Sleep Disorders Center**

The Sleep Disorders Center features a six-bedroom suite designed to evaluate how sleep could be affecting your health. Sleep studies take place seven nights per week in a private, quiet and comfortable environment. Affiliated sleep specialists are able to diagnose and treat a wide range of sleep disorders, including behavioral issues, trouble sleeping, difficulty staying awake and more. A recent expansion includes the option of an at-home sleep study for patients who meet certain criteria.

**Surgical Services**

Our affiliated physicians utilize the latest techniques and technologies to perform a wide range of inpatient and outpatient surgical procedures, including minimally invasive robotic-assisted surgery and bariatric (weight loss) surgery in its 25 campus operating room (OR) suites or many offsite surgery centers. The new South Tower is home to modern

surgical waiting and registration areas, the relocated Pre-Anesthesia Clinic, plus expanded pre- and post-op recovery areas. Our goal is to offer our patients a positive, seamless patient experience—before, during and following surgery.

**TIRR Memorial Hermann\***

TIRR Memorial Hermann-The Woodlands offers comprehensive inpatient and outpatient medical rehabilitation services for both adults and children. Our team of specialists offers multidisciplinary inpatient medical rehabilitation programs designed to help patients maximize their potential following injury or illness. TIRR Memorial Hermann is nationally known for its comprehensive, personalized neuro-rehabilitation for medical conditions, such as stroke and brain and spinal cord injuries, and neuromuscular disorders, such as Parkinson’s disease, multiple sclerosis and amyotrophic lateral sclerosis (ALS). In addition to neuro-rehabilitation, we address rehabilitation needs from COVID-19 complications, for cancer survivors and for trauma survivors, including limb loss and prosthetics.

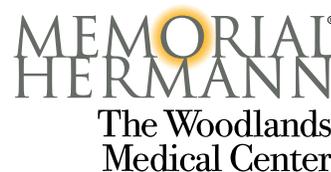
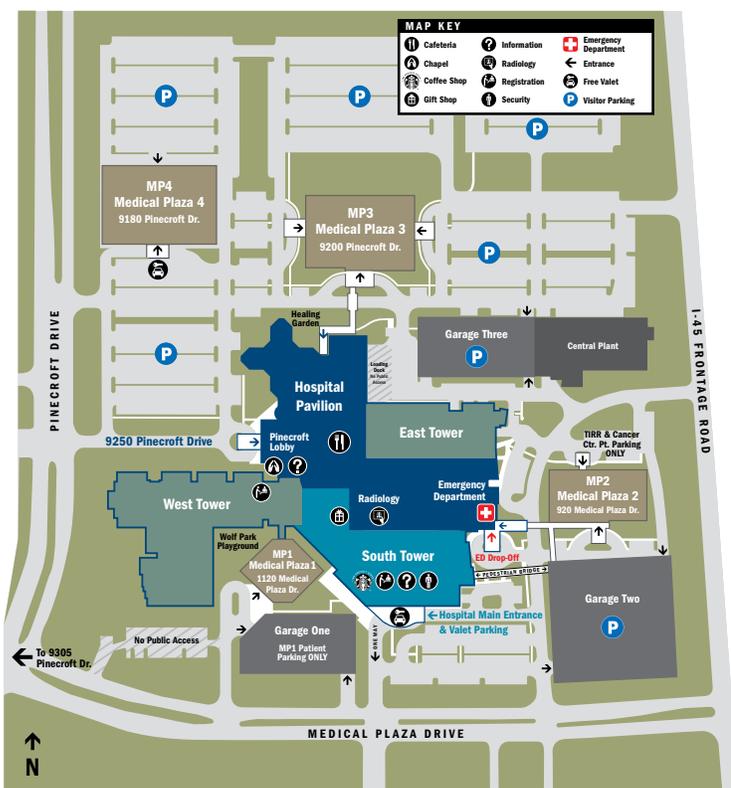
**Women’s Memorial Hermann**

Comprehensive diagnostic, treatment and resource services are here for the unique healthcare needs of women. Services include obstetrics and gynecology, maternity, heart and vascular, breast and bone, pelvic floor therapy and more. We provide convenient, coordinated health care and innovative treatments to fit a busy schedule. We offer the latest in minimally invasive surgery, robotic-assisted and computer-assisted gynecological and urologic procedures. Affiliated gynecological oncologists provide diagnosis, treatment and management of cancers that occur in any of the female reproductive organs, including ovarian, uterine (endometrial), cervical, vaginal or vulvar cancer.

**Wound Care**

The wound care program provides a comprehensive approach to treating patients with chronic non-healing wounds. Patients have access to the most efficient and effective treatment options available. The experienced team features affiliated physicians, nurses and technicians with advanced training in wound care and hyperbaric oxygen therapy (HBOT). Comprehensive wound management integrates advanced wound care techniques and products. Evaluation considers how physical conditions, such as diabetes, could interfere with proper healing. Individual treatment plans feature help to optimize healing and provide relief for patients.

\*TIRR is a registered trademark of TIRR Foundation.



9250 Pinecroft Drive  
The Woodlands, TX 77380