

# Successful Returns

Memorial Hermann offers Return-to-Work Programs that maximize patient outcomes through a comprehensive approach that focuses on the unique treatment goals of each patient. Our Successful Returns® Interdisciplinary Pain Rehabilitation Program and Industrial Rehabilitation Program are CARF® accredited and tailored to meet the needs of each patient. Patients have access to a continuum of services to meet their specific medical, physical, psychological, and vocational needs.

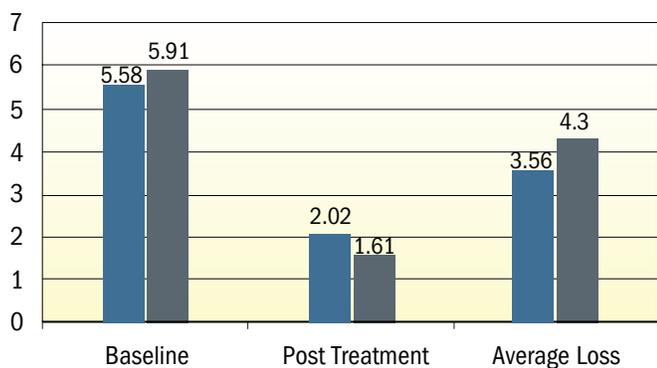
## Successful Returns® Interdisciplinary Pain Rehabilitation Program

Program goals for each patient include increased functionality and productivity, reduction and management of pain, elimination of inappropriate/ineffective medications, and to facilitate a return to work when possible.

Our Interdisciplinary Pain Rehabilitation Program emphasizes education and behavioral modification. Each patient has access to our medical director, team psychologist, a primary physical therapist, vocational counselor, dietitian, acupuncturist and yoga instructor. Treatment is completed in a supportive environment with close supervision and coaching as needed. Job simulation is integrated into treatment plans along with education on proper body mechanics and injury prevention.

We are proud of our outcomes as it represents the successful return of our patients to work, life and leisure.

**Pain Reduction**

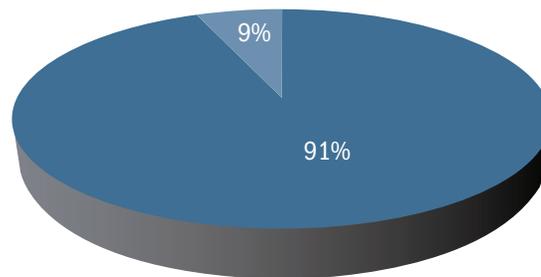


■ Pain Severity ■ Pain Interference

\*2016 program statistics

Overall patient satisfaction with program - 4.7/5  
Average length of stay - 18.2 days

**Program Outcomes**



■ Return to Work or Fit for Work ■ Goal not met

\*2016 program statistics

(over)

**Successful Returns® Industrial Rehabilitation**

The Industrial Rehabilitation Program consists of our CARF® - accredited Successful Returns® Work Hardening and Work Conditioning programs. The Program focuses on work place injury rehabilitation with the primary goal of returning to work. We work closely with the employer in developing modified duty positions in order to return the employee to the work-based setting. Treatment is provided 5 days a week for 8 hours a day. Modifications to this schedule can be made as needed.

The Program goals for the patient include increased strength, endurance, and functionality to facilitate a return to work.

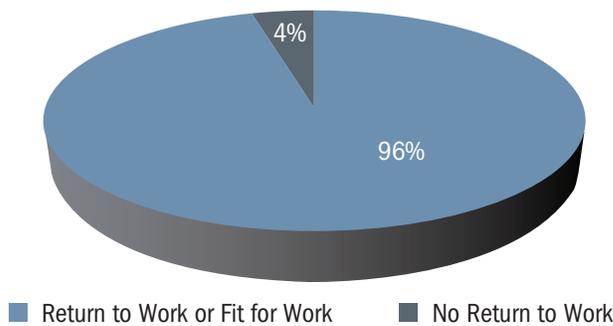
The Program emphasizes education and progressive rehabilitation. Each patient has access to a primary physical therapist and exercise coordinator. Treatment is completed in a supportive environment with close supervision and coaching as needed. Job simulation is integrated into each treatment plan along with education on proper body mechanics and injury prevention. Participants in the Work Hardening Program also have access to the team psychologist and/or to vocational services, depending on need.

Our patient outcomes demonstrate our commitment to excellence.

**Overall satisfaction with program - 5/5**  
**Average length of stay - 15.8 days**

\*2016 program statistics

**Program Outcomes**



\*2016 program statistics