

**Physical and Occupational Therapy Referral**

Phone: 713-521-0020 or 1.888.301.8477

Fax: 713.874.1798 or 1.888.504.8477 memorialhermann.org

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD 10 Code: \_\_\_\_\_

Date of Injury: \_\_\_\_\_ Date of Surgery: \_\_\_\_\_ Procedure: \_\_\_\_\_

Frequency/Duration: days per week (*check one*)  1  2  3  4  5 for \_\_\_\_\_ weeks Area to be Treated: \_\_\_\_\_

Case Manager: \_\_\_\_\_ Phone: \_\_\_\_\_

Physical Therapy     Occupational Therapy     Speech Therapy     Rehabilitation Protocols

Evaluate and Treat

**Procedures**

- Instrument Assisted  
    Soft Tissue Mobilization (IASTM)
- PROM / AAROM / AROM
- Stabilization / Strengthening
- Functional Exercises
- Joint / Soft Tissue Mobilization
- Isokinetic Strength Testing
- Return to Play
- Other \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

- Modalities as Indicated
- Aquatic Rehabilitation
- Home Education and Instruction
- Proprioceptive / Balance Training
- Mechanical Traction
- Dry Needling
- Manual Therapy

- Epicondylitis
- Carpal Tunnel
- Pitching/Throwing Program
- Shoulder Impingement
- Shoulder Instability
- Shoulder Adhesive Capulitis
- S/P Rotator Cuff Repair
- S/P Acromioplasty
- S/P Flexor/Extensor Tendon Repair
- S/P Hip/Knee Joint Arthroplasty
- S/P Hip Arthroscopy Labral Tear/Microfracture
- S/P ACL Reconstruction PT/HT/ALLO/AUTO
- S/P Meniscal Repair Medial/Lateral
- S/P Spine Fusion/Laminectomy
- Weight Bearing Status \_\_\_\_\_

FWB _____	PWB _____ Weeks
TTWB _____ Weeks	NWB _____ Weeks

Splinting/Taping \_\_\_\_\_

Comments \_\_\_\_\_

Requested Location \_\_\_\_\_ *optional* Requested Therapist \_\_\_\_\_ *optional*

Next physician appointment \_\_\_\_\_

Signature \_\_\_\_\_ Physician Print Name \_\_\_\_\_ NPI / MSID # \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ Phone/Pager ID \_\_\_\_\_



# MEMORIAL HERMANN SPORTS MEDICINE & REHABILITATION

- |                                        |                                      |                                      |                               |                               |
|----------------------------------------|--------------------------------------|--------------------------------------|-------------------------------|-------------------------------|
| <b>A</b> Aquatic Therapy               | <b>E</b> IASTM                       | <b>J</b> Vestibular Rehabilitation   | <b>N</b> Physical Therapy     | <b>Q</b> Concussion Therapy   |
| <b>B</b> Hand Therapy                  | <b>G</b> Dry Needling                | <b>K</b> Speech Therapy              | <b>O</b> Pelvic Floor Therapy | <b>R</b> Occupational Therapy |
| <b>C</b> Sport-Specific Rehabilitation | <b>H</b> Neurological Rehabilitation | <b>L</b> Prenatal/Postpartum Therapy | <b>P</b> TMJ Therapy          |                               |
| <b>D</b> McKenzie Method®              | <b>I</b> Lymphedema Management       | <b>M</b> AlterG®                     |                               |                               |

**Appointments and scheduling call:  
713.521.0020 or 1.888.301.8477**

**FAX: 713.874.1798  
or 1.888.504.8477**

## SOUTHWEST

- 1 Memorial Hermann Southwest** **B C D E G N R**  
7789 Southwest Frwy., Suite 570, Houston, TX 77074  
713.456.5221 F: 713.456.5229
- 2 IRONMAN Sports Medicine Institute-Sugar Land** **B C D E G L M**  
17520 W. Grand Pkwy. South, Suite 100, Sugar Land, TX 77479 **N Q**  
281.725.5895 F: 281.725.5898
- 3 Sugar Land-Williams Trace** **A B C D E G H L N O Q R**  
14857 Southwest Frwy., Suite C-303, Sugar Land, TX 77478  
281.242.8900 F: 281.242.0355
- 4 Sienna Plantation** **C D I L N Q**  
8790 Hwy. 6, Suite 140, Missouri City, TX 77459  
281.778.1822 F: 281.778.1826
- 5 Richmond** **B C D E N**  
1517 Thompson Rd., Richmond, TX 77469  
281.238.1372 F: 281.342.1320
- 6 Wharton** **C D H J L N P**  
2018 Regional Medical Center Dr., Suite 1301, Wharton, TX 77488  
979.532.0888 F: 979.532.0889

## WEST

- 7 Baseball USA Center** **C E G L N**  
2626 W. Sam Houston Pkwy. North, Houston, TX 77043  
713.996.9209 F: 713.996.0215
- 8 Memorial Hermann Katy** **A B C E J N Q**  
23960 Katy Frwy., Suite 100, Katy, TX 77494  
281.644.7880 F: 281.644.7888
- 9 Town and Country** **A C E L N**  
700 Town & Country Blvd., Suite 2490, Houston, TX, 77024  
832.658.3150 F: 713.722.7051
- 10 IRONMAN Sports Medicine Institute-Memorial City** **B C D E G J L**  
10125 Katy Frwy., Suite 100, Houston, TX 77024 **M N Q**  
713.242.2270 F: 713.242.3931
- 11 Westside** **C D N**  
1140 Business Center Dr., Suite 102, Houston, TX 77043  
713.338.7570 F: 713.338.7575
- 12 Memorial Hermann Convenient Care Center-South Katy** **C D N**  
22430 Grand Corners Dr., Katy, TX 77494  
281.371.1850 F: 281.371.1851

## SOUTHEAST

- 13 Pasadena** **B C E J N**  
4804 E. Sam Houston Pkwy. South, Suite 200, Pasadena, TX 77505  
281.487.4457 F: 281.991.0336
- 14 Memorial Hermann Southeast** **C D E H J K L N P Q R**  
Medical Plaza I, 11914 Astoria Blvd., Suite 620, Houston, TX 77089  
281.929.4475 F: 281.929.6276
- 15 Pearland West-Silverlake Village** **A C D E G L N Q**  
3149 Silverlake Village, Suite 120, Pearland, TX 77584  
713.436.8869 F: 713.436.1838
- 16 Pearland East** **B C D E G H L N**  
5032 W. Broadway, Pearland, TX 77581  
281.485.4044 F: 281.485.4081
- 17 Alvin-Thelma Ley Anderson YMCA** **C D J N**  
3201 S. Hwy. 35, Alvin, TX 77511  
281.331.9559 F: 281.331.8875
- 18 Webster** **B C E G L N O**  
19419-3 Gulf Freeway, Webster, TX 77598  
281.488.2815 F: 281.488.2844
- 19 Memorial Hermann Convenient Care Center-League City** **C E N**  
2555 S. Gulf Frwy., League City, TX 77573  
832.932.9820 F: 832.932.9825

## EAST

- 20 East Houston** **C D E L N**  
10907 I-10 East Frwy., Houston, TX 77029  
713.674.2573 F: 713.674.3081
- 21 Mid County** **B C E G L N R**  
3512 Hwy. 365, Nederland, TX 77627  
409.722.7116 F: 409.722.7450

## NORTH

- 22 Conroe** **C E G L N P Q**  
2956 I-45 North, Suite 500, Conroe, TX 77303  
936.441.4422 F: 936.441.4427
- 23 South Conroe** **C E I G H J L N Q**  
690 South Loop 336 West, Suite 120, Conroe, TX 77304  
936.270.6020 F: 936.270.6025
- 24 Willowbrook** **C D E N**  
19760 State Hwy. 249, Houston, TX 77070  
281.469.9397 F: 281.469.9756
- 25 Memorial Hermann The Woodlands** **C E G J L M N O P Q**  
Medical Plaza 4, 9180 Pinecroft Dr., Suite 200,  
The Woodlands, TX 77380, 713.897.2549 F: 713.897.2544
- 26 The Woodlands-Sterling Ridge** **C D G J L N P**  
10333 Kuykendahl, Suite C, The Woodlands, TX 77382  
832.813.7023 F: 832.813.7099
- 27 IRONMAN Sports Medicine Institute-The Woodlands** **B C G M N Q**  
9305 Pinecroft Dr., Suite 450, The Woodlands, TX 77380  
713.897.7930 F: 713.897.2632
- 28 Memorial Hermann Cypress** **C D E G N Q**  
27700 Northwest Frwy., Suite 130, Cypress, TX 77433  
346.231.6900 F: 346.231.6901
- 29 Memorial Hermann Sports Park** **C E N**  
19711 Stuebner Airline Rd., Suite 2, Spring, TX 77379  
832.658.5470 F: 832.658.5475
- 30 Memorial Hermann Convenient Care Center-Spring** **C E N**  
7474 N. Grand Pkwy., Suite 300, Spring, TX 77379  
281.374.5440 F: 281.374.5445

## NORTHEAST

- 31 Memorial Hermann Northeast** **B C D E G H K L N O Q R**  
18951 North Memorial Dr., Humble, TX 77338  
281.540.0113 F: 281.540.1378
- 32 Memorial Hermann Convenient Care Center-Summer Creek** **C D E G J**  
14201 E. Sam Houston Pkwy. North, Houston, TX 77044 **L N Q**  
281.436.8900 F: 281.436.8901
- 33 Fall Creek** **C E N**  
9522 N. Sam Houston Pkwy. East, Suite 2350, Humble, TX 77396  
713.814.2510 F: 713.704.3890
- 34 Atascocita** **C E N**  
18411 W. Lake Houston Pkwy., Suite 550, Humble, TX 77346  
713.814.2520 F: 713.704.3891
- 35 Memorial Hermann Convenient Care Center-Kingwood** **C E G N Q**  
4533 Kingwood Dr., Level 1, Suite 100, Kingwood, TX 77345  
832.658.4310 F: 713.704.2763
- 36 Kingwood West** **B C E G J N Q**  
601 Rockmead Dr., Kingwood, TX 77339  
713.814.2530 F: 713.704.3844

## CENTRAL

- 37 IRONMAN Sports Medicine Institute** **B C D E G J M N Q**  
6400 Fannin St., Suite 1620, Houston, TX 77030  
713.704.2200 F: 713.704.9005
- 38 Greenway Plaza** **B C D E G L N O**  
3651 Wesleyan St., Suite 110, Houston, TX 77027  
713.850.8472 F: 713.850.8490
- 39 Shepherd Square** **C E G M N Q**  
2085 Westheimer Rd., Houston, TX 77098  
713.526.6143 F: 713.527.8215
- 40 Memorial Hermann Greater Heights** **A B C D E G L N**  
300 North Loop, Suite 300, Houston, TX 77008  
713.867.2300 F: 713.867.2545
- 41 Memorial Hermann Convenient Care Center-Greater Heights** **C D E G N**  
1431 Studemont St., Houston, TX 77007  
346.701.3820 F: 346.701.3825
- 42 Bellaire** **C G N P**  
5420 West Loop South, Suite 1400, Bellaire, TX 77401  
713.314.4531 F: 713.314.4579