Protect Yourself and Others
DO's and DON'Ts of WEARING A MASK

Masks can help stop the spread of COVID-19, but only if everyone properly wears one!

DO

DO Wear a mask at all times when in public.

DO Wash your hands or use hand sanitizer before putting on and taking off your mask.

DO Put on and remove your mask by the straps.

DO Securely cover your mouth, nose and chin.

DON'T

DON'T Wear a loose-fitting mask.

DON'T Wear your mask under your nose.

DON'T touch your mask while wearing it.

DON'T Remove your mask when there are others within 6 feet.

DON'T Share your mask with others.

To further protect yourself and prevent the spread of COVID-19, maintain proper social distancing between you and others (at least 6 feet) and frequently wash your hands with soap and water for at least 20 seconds.

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