

MEMORIAL HERMANN THE WOODLANDS MEDICAL CENTER

2019 Implementation Strategy



Executive Summary

Introduction & Purpose

Memorial Hermann The Woodlands Medical Center (MH Woodlands) is pleased to share its Implementation Strategy Plan, which follows the development of its 2019 Community Health Needs Assessment (CHNA). In accordance with requirements in the Affordable Care Act and IRS 990 Schedule H requirements, this assessment was approved by the Memorial Hermann Health System Board of Directors on June 27th, 2019.

This report summarizes the plans for MH Woodlands to develop and collaborate on community benefit programs that address the 4 Pillar prioritized health needs identified in its 2019 CHNA. These include:

Memorial Hermann Health System's CHNA Pillar Priorities

- Pillar 1: Access to Healthcare
- Pillar 2: Emotional Well-Being
- Pillar 3: Food as Health
- Pillar 4: Exercise Is Medicine

The following additional significant health needs emerged from a review of the primary and secondary data: Older Adults and Aging; Cancers; Education; Transportation; Children's Health; Economy. With the need to focus on the prioritized health needs described in the table above, these topics are not specifically prioritized efforts in the 2019-2022 Implementation Strategy. However, due to the interrelationships of social determinant needs many of these areas fall, tangentially, within the prioritized health needs and will be addressed through the upstream efforts of the prioritized health needs. Additionally, many of them are addressed within ongoing programs and services (and described in more detail in the CHNA report).

MH Woodlands provides additional support for community benefit activities in the community that lay outside the scope of the programs and activities outlined in this Implementation Strategy, but those additional activities will not be explored in detail in this report.

The purpose of the CHNA was to offer a comprehensive understanding of the health needs in MH Woodlands' service area and guide the hospital's planning efforts to address those needs. Special attention was given to the needs of vulnerable populations, unmet health needs or gaps in services, and input from the community. To standardize efforts across the Memorial Hermann Health System and increase the potential for impacting top health needs in the greater Houston region, community health needs were assessed and prioritized at a regional/system level. For further information on the process to identify and prioritize significant health needs, please refer to MH Woodlands' CHNA report at the following link: https://www.memorialhermann.org/locations/the-woodlands/community-health-needs-assessment-the-woodlands/.

Memorial Hermann The Woodlands Medical Center

Since 1985, Memorial Hermann The Woodlands Medical Center has been continually recognized for delivering a higher level of care. It is a trauma center and is still the first and only hospital in Montgomery County to be granted Magnet status for nursing excellence by the American Nurses Credentialing Center. Memorial Hermann The Woodlands is a 351-private bed, full-service, comprehensive, acute care facility that brings together the ultimate in healthcare technology, expertise and healing for families in south Montgomery County, north Harris County and surrounding communities.

Vision

Memorial Hermann will be the preeminent health system in the U.S. by advancing the health of those we serve through trusted partnerships with physicians, employees and others to deliver the best possible health solutions while relentlessly pursuing quality and value.

Mission Statement

Memorial Hermann is a not-for-profit, community-owned, health care system with spiritual values, dedicated to providing high quality health services in order to improve the health of the people in Southeast Texas.

Memorial Hermann Health System

One of the largest not-for-profit health systems in the nation, Memorial Hermann Health System is an integrated system with an exceptional affiliated medical staff and more than 26,000 employees. Governed by a Board of community members, the System services Southeast Texas and the Greater Houston community with more than 300 care delivery sites including 19 hospitals; the country's busiest Level 1 trauma center; an academic medical center affiliated with McGovern Medical School at UTHealth; one of the nation's top rehabilitation and research hospitals; and numerous specialty programs and services.

Memorial Hermann has been a trusted healthcare resource for more than 110 years and as Greater Houston's only full-service, clinically integrated health system, we continue to identify and meet our region's healthcare needs. Among our diverse portfolio is Life Flight, the largest and busiest air ambulance service in the United States; the Memorial Hermann Physician Network, MHMD, one of the largest, most advanced, and clinically integrated physician organizations in the country; and, the Memorial Hermann Accountable Care Organization, operating a care delivery model that generates better outcomes at lower costs to consumers. Specialties span burn treatment, cancer, children's health, diabetes and endocrinology, digestive health, ear, nose and throat, heart and vascular, lymphedema, neurosurgery, neurology, stroke, nutrition, ophthalmology, orthopedics, physical and occupational therapy, rehabilitation, robotic surgery, sleep studies, transplant, weight loss, women's health, maternity and wound care. Supporting the System in its impact on overall population health is the Community Benefit Corporation. At a market share of 26.1% in the 'expanded' greater

Houston area of 12 counties, our vision is that Memorial Hermann will be a preeminent integrated health system in the U.S. by advancing the health of those we serve.

Summary of Implementation Strategies

Implementation Strategy Design Process

Stakeholders from the 13 hospital facilities in the Memorial Hermann Health System were invited to participate in an Implementation Strategy Kick-Off event hosted by Memorial Hermann's Community Benefit Department and Conduent Healthy Communities Institute (HCI) on May 6, 2019. During this half-day event, participants reviewed Memorial Hermann's CHNA, were introduced to the 2019 MH Implementation Strategy Template and worked in groups to begin drafting their new implementation strategies for their respective hospitals. After the Kick-Off event, each hospital engaged in a series of three bi-weekly technical assistance calls with the Conduent HCI team and representatives from the MH Community Benefit Department to further develop and refine their implementation strategy.

Memorial Hermann The Woodlands Implementation Strategy

The implementation strategy outlined below summarizes the strategies and activities that will be taken on by MH Woodlands to directly address the Four Pillars and focal areas identified in the CHNA process. They include:

- Pillar 1: Access to Care
 - Nurse Health Line
 - ER Navigation
 - Referral to Health Care Resources
 - OneBridge Health Network
 - Taxi Vouchers
 - o Interfaith Community Health Clinic Support
- Pillar 2: Emotional Wellbeing
 - Mental Health and Substance Abuse
- Pillar 3: Food as Health
 - Free Community Support Groups
 - Diabetes Alert Day
 - Food Insecurity Screening
 - Farmers Markets on Campus
 - Lactation Center
 - Free Community Support Groups
 - Canopy Cancer Survivorship Center
- Pillar 4: Exercise is Medicine
 - Free Community Support Groups
 - Canopy Cancer Survivorship Center
 - A Matter of Balance

The Action Plan presented below outlines in detail the individual strategies and activities MH Woodlands will implement to address the health needs identified though the CHNA process. The following components are outlined in detail in the tables below: 1) actions the hospital intends to take to address the health needs identified in the CHNA, 2) the anticipated impact of these actions as reflected in the Process and Outcomes measures for each activity, 3) the resources the hospital plans to commit to each strategy, and 4) any planned collaboration to support the work outlined.

Memorial Hermann The Woodlands Medical Center: Implementation Strategy Action Plan

PILLAR 1: ACCESS TO HEALTHCARE

Goal Statement: From 2019-2021, Memorial Hermann will implement initiatives that increase patients access to care to ensure they receive care at the right location, at the right cost, at the right time.

Focal Area 1: Access to Health Services

Strategy 1.A: Nurse Health Line

Activities	Process Measures	Baseline	Y1 Actual	Y2 Actual	Outcomes	Y1 Actual	Y2 Actual
Activity 1.A.1	# of calls from	30,995	32,432	36,615	% Callers	97% report the	98.41% report the
Provide a 24/7 free	counties				satisfied with	service as good	service as good or
resource via the Nurse	comprising				the NHL	or excellent.	excellent.
Health Line that	MHTW's primary						
community members	service area				% Callers who	97% report	95.08% report
(uninsured and insured)	(Montgomery and				followed the	following the	following the advice
within the greater	Harris)				NHL advice	advice of the	of the nurse.
Houston community can						nurse.	
call to discuss their health							
concerns, receive					% Callers who	99% report they	99.46% report they
recommendations on the					were diverted	will use the	will use the service
appropriate setting for					from the ER	service again.	again.
care, and get connected							
to appropriate resources.							
Activity Notes (if necessary):				Outcomes			
					Notes		
					(if Necessary):		

Resources:

• NHL management and operations (currently funded through DSRIP)

- MH Community Benefit Corporation
- Greater Houston Safety-Net Providers

PILLAR 1: ACCESS TO HEALTHCARE

Goal Statement: From 2019-2021, Memorial Hermann will implement initiatives that increase patients access to care to ensure they receive care at the right location, at the right cost, at the right time.

Focal Area 2: Lack of Health Insurance

Strategy 2:A: ER Navigation

Activities	Process Measures	Baseline	Y1 Actual	Y2 Actual	Outcomes	Y1 Actual	Y2 Actual
Activity 2.A.1 Navigating uninsured and Medicaid patients that access the ER for primary care treatable and avoidable issues to a medical home.	# of Encounters # of Referrals	0	Determined that MH ER Navigation program will not be implemented since close connections with the Community's Interfaith Community Clinic	Impleme nted	Decline in ER Visits post ER Navigation Intervention as opposed to pre at 6, 12, and 18-month intervals	N/A	Implementa tion Year
Strategy 2.B: Referral to Heal	th Care Resources						
Activity 2.B.1 Patients connected with Resource Corporation of America (RCA), a service we pay for, to see if they match up to any existing resources for funding and/or insurance assistance. Referrals to: Medicaid, A&D, CIHC, SSI and VVC.	# of Screenings Performed # of Referrals	1,400 screenings annually 350	910		Randomized brief survey: % callers satisfied w/ RCA (caller was able to qualify for a referral to an organization that assisted them with insurance and/or health costs)	N/A	

Activity Notes (if necessary):	Outcomes Notes (if Necessary):	
Resources:		
 Staff and benefits; IT; operating costs 		
 Staff time to coordinate referrals to RCA and time to compile reports 		
Collaboration:		
MH Community Benefit Corporation		
Greater Houston Safety-Net Providers		

• Resource Corporation of America (RCA); Case Management, ER, Business Office/Patient Access

PILLAR 1: ACCESS TO HEALTHCARE

Goal Statement: From 2019-2021, Memorial Hermann will implement initiatives that increase patients access to care to ensure they receive care at the right location, at the right cost, at the right time.

Focal Area 3: Low Income/Underserved

Strategy 3:A: OneBridge Health Network

Activities	Process Measures	Baseline	Y1 Actual	Y2 Actual	Outcomes	Y1 Actual	Y2 Actual
Activity 3.A.1	# of physicians	0	104	95	# of patients	10	2
Provide OneBridge Health	onboarded				navigated		
Network to connect							
uninsured patients, meeting					# of patients treated	10	1
eligibility criteria, including a					by specialists		
referral from a PCP, with the							
specialty care connections					\$s of specialty	\$22,802.82	\$235.00
they need to get well.					services provided		
Strategy 3:B: Taxi Vouchers							
Activity 3.B.1	# of taxi	200	279	268	Financial amount of	\$9,780	\$9,394
Provide transportation	vouchers	annually			vouchers redeemed		
vouchers for patients to	distributed	(not			by the community		
return home following care		seeking to					
when they do not have		increase					
another means to get home.		year over					
		year, but					
		will likely					
		occur)					
Strategy 3:C: Interfaith Comm	-		I	I		T .	
Activity 3.C.1	# of patients	2,100	1,828	1,239	Financial amount of	\$512,690	\$387,274.75
Ancillary support for	seen				services provided by		
underinsured or non-insured					MHTW to Interfaith		
patients who meet	# of visits	9,800	7,989	2,098	Community Clinic		
qualifications for service.							

Activity Notes (if necessary):	Outcomes Notes COVID-19 impacted people
	(if Necessary): leaving their homes and
	seeking out health care –
	especially preventative care.

- OneBridge Support Staff and Operations
- Hospital Staff communications/marketing to providers
- Providers' donation of time
- Staff time to coordinate Interfaith Community Clinic referrals and coordination of patient services, performing patient services, and time to compile reports

- MH Community Benefit Corporation
- Greater Houston Safety-Net Providers
- Interfaith Community Clinic, Finance, Business Office/Patient Access

PILLAR 2: EMOTIONAL WELLBEING

Goal Statement: From 2019-2021, Memorial Hermann will implement initiatives that connect and care for community members that are experiencing a mental health crisis with: access to appropriate psychiatric specialists at the time of their crisis; redirection away from the ER; linkage to a permanent, community based mental health provider; and knowledge to navigate the system, regardless of their ability to pay.

Focal Area 1: Mental Health and Substance Abuse

Activities	Process Measures	Baseline	Y1 Actual	Y2 Actual	Outcomes	Y1 Actual	Y2 Actual
Activity 1.A.1 Memorial Hermann Psychiatric Response Team: Memorial Hermann Psychiatric Response Team, a mobile assessment team, works 24/7 across the System and provides behavioral health expertise to all acute care campuses, delivering services to ERs and inpatient units.	# of patients	1,051	1,180	1,298	# ED patients referred to outpatient care	514	751
Activity 1.A.2 Memorial Hermann Mental Health Crisis Clinics: Memorial Hermann Mental Health Crisis Clinics (MHCCs) are outpatient specialty clinics open to the community, meant to serve individuals in crisis situations or those unable to follow up with other outpatient providers for their behavioral health needs.	# of patients	4,286	3,332	2,554	# PCP Referrals	566	438
Activity 1.A.3 Memorial Hermann Integrated Care Program:	# of patients	213	656	386	# Substance abuse screenings completed	649	386

Memorial Hermann Integrated Care Program (ICP) strives to facilitate systematic coordination of general and behavioral healthcare. This program embeds a Behavioral Health Care Manager (BHCM) into primary and specialty outpatient care practices. Includes depression and substance abuse screenings.					# Unique Patients Screened for Depression (using either PHQ9 or PSC-17 or Edinburg tools)	652	330
Activity 1.A.4 Memorial Hermann Psychiatric Response Case Management: Memorial Hermann Psychiatric Response Case Management (PRCM) program provides intensive community- based case management services for individuals with chronic mental illness who struggle to maintain stability in the community	# of unique patients	182	206	136	% Reduced readmissions # of PCP Referrals # Complete housing assessments	57% 165 151	42% 58 111
-7	Act	f necessary):		Outcomes Notes (if Necessary):		1	

- Human Resources Behavioral Health Services Employees
- Operating Resources Computers, EMR, and other documentation tools
- Capital Resources Offices and other facilities

Collaboration:

• Collaboration with all the Memorial Hermann Facilities, Leadership, Case Management, Medical staff, Community Service Providers, and other Community Partners

PILLAR 3: FOOD AS HEALTH

Goal Statement: From 2019 – 2021, Memorial Hermann will implement initiatives that increase awareness of food insecurity, provision of food programs, and education that promotes the reduction/postponement of chronic disease.

Focal Area 1: Diabetes

Strategy 1:A: Free Community Support Groups

Activities	Process Measures	Baseline	Y1 Actual	Y2 Actual	Outcomes	Y1 Actual	Y2 Actual
Activity 1.A.1 Diabetes Support Group	Total # of sessions (including any special, free education sessions)	12	7	26	Randomized brief survey (scale of 1 to 5, reporting change in knowledge)	5	Surveys were not collected this year
	# of attendees over the year	50	89	124	Patient reported A1C or glucose improvement	3.75	
Activity 1.A.2 Weight Loss Support Group	Total # of sessions # of attendees over the year	100	90	26 124	Randomized brief survey (scale of 1 to 5, reporting change in knowledge)	5	Surveys were not collected this year
					Patient reported weight loss	3.5	

See also Focus Area 3 Mended Hearts Support Group.

Strategy 1:B: Diabetes Alert Day

Activity 1.B.1	Total # of	180	Cancelled	Cancelled	Number of	Cancelled due	Cancelled
Diabetes Alert Day Health Fair	diabetes risk		due to	due to	attendees found	to COVID-19	due to
	assessments		COVID-19	COVID-	to be at risk for		COVID-19
	performed			19	Type 2 diabetes		
					Randomized brief survey (scale of 1 to 5, reporting change in knowledge)		
	Activity	y Notes (if	necessary):		Outcomes Notes	COVID-19 impac	ted people
					(if Necessary):	leaving their hon seeking out heal especially prever care.	th care –

- Staff and benefits, operational costs
- Staff time to coordinate support group meetings and speakers/topics, hold support groups, and time to compile reports
- Staff time to coordinate health fair and RN volunteers, promotion of health fair, hold health fair, and time to compile report

Collaboration:

• Community Benefit Corporation; Sodexo; Cardiopulmonary; TIRR; Bariatric Surgical Program; Diabetes Education & Self-Management

PILLAR 3: FOOD AS HEALTH

Goal Statement: From 2019 – 2021, Memorial Hermann will implement initiatives that increase awareness of food insecurity, provision of food programs, and education that promotes the reduction/postponement of chronic disease.

Focal Area 2: Food Insecurity

Strategy 2:A: Food Insecurity Screening

Activities	Process Measures	Baseline	Y1 Actual	Y2 Actual	Outcomes	Y1 Actual	Y2 Actual
Activity 2.A.1	# of patients	59,677	56,694	49,251	# of SNAP	14,739	15,863
Screen for food insecurity via	screened				applications	(Montgomery	(Montgomery
ER staff and care managers and					completed by	and Harris	and Harris
connect patients to Houston	# of patients	167	224	158	area Food Banks	Counties)	Counties)
Food Bank for SNAP eligibility	reporting food				for Hospital's		
and food pantry connections.	insecurity				service area		
					counties		
Strategy 2:B: Farmers Markets of	n Campus						
Activity 2.B.1	4 events	4	5	No	Randomized	4.25	No activity
Campus Farmers Markets open				activity	brief survey		during the
to staff and the general public	# of sales	200	250	during	(scale of 1 to 5):		pandemic
with fresh, local produce and				the			
other food items.				pandemic	Reported	Yes	
					change in		
					knowledge		
					regarding the		
					benefits of good		
					nutrition		
Strategy 2:C: Lactation Center							
Activity 2.C.1	Total # of sessions	47	35 over 8	11	Randomized	5	Surveys not
Free Community Breastfeeding			months		brief survey		collected
Support Group, donors, general	# of attendees				(scale of 1 to 5):		year
education to public about		576	490	109			
breastfeeding and donating,							

education internally to			(classes		Reported	Yes	
lactation staff, donation of			stopped in		change in		
breast milk.			March due		knowledge		
			to COVID-		regarding the		
			19)		benefits of		
			·		breastfeeding		
					and intent to		
					continue		
Activity 2.C.2	# of ounces	30,000	39,087	No	# of NICU	124	No activity
Milk Bank Donor Depot Drop-	donated			activity	babies at		due to
Off Site: Prescribing of and				due to	MHTW		pandemic
donating of breast milk.	# of donors	50	57	pandemic	prescribed		
					donor milk		
	Act	ivity Notes	(if necessary):		Outcomes	Outcomes COVID-19 impacted pe	
					Notes	leaving their homes and	
				(if Necessary):	seeking out health care –		
					especially previ	entative care.	

- Staff time to interview and navigate patients; staff time to compile reports
- Staff time to promote Farmers Market, coordinate it, hold it, process payments and to compile surveys
- Staff time to educate nursing, patients and support groups about Milk Bank Depot, staff time to compile report

- Community Benefit Corporation
- Houston Food Bank, Montgomery County Food Bank, Interfaith Food Pantry, Milk Bank of Austin, Lactation Center

PILLAR 3: FOOD AS HEALTH

Goal Statement: From 2019 – 2021, Memorial Hermann will implement initiatives that increase awareness of food insecurity, provision of food programs, and education that promotes the reduction/postponement of chronic disease.

Focal Area 3: Heart Disease/Stroke

Strategy 3:A: Free Community Support Groups

Activities	Process Measures	Baseline	Y1 Actual	Y2 Actual	Outcomes	Y1 Actual	Y2 Actual
Activity 3.A.1	Total # of	10	5	No activity	Randomized brief	4	No activity
Stroke Support Group	sessions		(Sept bad	due to	survey (scale of 1 to		due to
			weather;	pandemic	5) reporting a		pandemic
			Jan holiday;		change in		
			Feb no one showed;		knowledge		
			COVID-19		Improvement in	Yes	
	# of	55	thereafter)		weight loss or	103	
	attendees		,		personal nutrition		
	annually						
			35				
Activity 3.B.1	Total # of	5	2	No activity	Randomized brief	3.75	No activity
Mended Hearts Support Group	sessions			due to	survey (scale of 1 to		due to
				pandemic	5) reporting a		pandemic
	# of	100	64		change in		
	attendees				knowledge		
	annually				Improvement in	Yes	
					weight loss or	103	
					personal nutrition		

See also Focus Area 1 Diabetes Support Group

See also Focus Area 1 Weight Loss Support Group

Strategy 4:A: Canopy Cancer Survivorship Center	Focus on eating healthy for cancer recovery and to decrease chances of other nutrition related disorders such as those that affect heart disease and stroke risk. All class offerings are free and open to general public								
	as long as they are cancer survivors.								
Activity 4.A.1 Cooking Demos, Oncology Nutrition, Eating Well Through Cancer Classes at Canopy	# of participants annually # of occurrences	402	36 (due to COVID)	No activity due to pandemic	Randomized brief survey (scale of 1 to 5) reporting a change in knowledge	100% 5 out of 5	No activity due to pandemic		
annually Activity Notes (if necessary):		Regarding Activity 3.B.1, per Dana Clark in Cardiac Rehab, there were no more Mended Hearts support group meetings from Feb through June 2020 due to COVID-19. One session was already cancelled in 2019 due to bad weather, and this group also rotates between other area hospitals for meeting locations.			Outcomes Notes (if Necessary):	•			

- Staff time to coordinate support group meetings and speakers/topics, hold support groups, and time to compile reports
- Staff time to coordinate Cooking Demos/Oncology Nutrition/Eating Well Through Cancer sessions, promotion of the series, hold/teach the sessions, and time to compile reports

- Cardiopulmonary TIRR
- Bariatric Surgical Program
- Diabetes Education & Self-Management
- Canopy Cancer Survivorship Center and community instructors

PILLAR 4: EXERCISE AS MEDICINE

Goal Statement: From 2019 – 2021, Memorial Hermann will implement initiatives that promote physical activities that promote improved health, social cohesion, and emotional well-being.

Focal Area: Obesity

Strategy	1:A:	Free	Community	/ Sup	port	Group	S
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Activities	Process Measures	Baseline	Y1 Actual	Y2 Actual	Outcomes	Y1 Actual	Y2 Actual		
		See also Pillar	3: Diabetes Sup	port Group					
		See also Pillar 3		· · · · · ·					
			r 3: Stroke Supp						
Ctuatage 1.D. Canana	Facus on building m			<u> </u>		All alass affa	wi.a.a.a.u.a		
Strategy 1:B: Canopy		Focus on building muscle, increasing physical activity, and increasing flexibility/balance. All class offerings are							
Cancer Survivorship Ctr.	· · · · · ·	free and open to general public as long as they are cancer survivors.							
Activity 1.B.1	983 participants	983	1,070	198	Randomized brief	10	Surveys		
Yoga Classes (2-3 times		participants			survey (scale of 1		not		
/week)	149 occurrences	140	137	6	to 5) reporting a		collected		
		occurrences			change in		this year		
					knowledge				
Activity 1.B.2	311 participants	380	196 (due to	No activity	Randomized brief	5	No		
Zumba Classes (weekly)		participants	COVID and	due to the	survey (scale of 1		activity		
			instructor	pandemic	to 5) reporting a		due to		
			health)		change in		the		
	33 occurrences	48	,		knowledge		pandemic		
		occurrences	32				'		
Activity 1.B.3	272 participants	272	165	113	Randomized brief	5			
Tai Chi Classes (weekly)		participants			survey (scale of 1		Surveys		
rai em elasses (meemy)		participants			to 5) reporting a		not		
	49 occurrences	48	40	12	change in		collected		
	45 Occurrences		10	12	knowledge		this year		
		occurrences			Kilowieuge		uns year		

Activity 1.B.4	109 participants	140	69	36	Randomized brief	5	Surveys
Pilates Classes (weekly)		participants			survey (scale of 1		not
, , ,					to 5) reporting a		collected
	30 occurrences	48	24	4	change in		this year
		occurrences			knowledge		
Strategy 1:C: A Matter of Ba	alance						
Activity 1.C.1	# of occurrences	3	0	No activity	# of attendees who	0	
A Matter of Balance is a				due to	attend all 8		No
free exercise and	# of attendees	36	0	pandemic	sessions		activity
education 8-class series to						0	due to
help prevent trauma to					Randomized brief		pandemic
the elderly (and others at					survey (scale of 1 to 5) reporting a		
high risk) including slips,					change in		
trips and falls due to poor					knowledge		
balance and lack of							
strength. Focus on							
building muscle,							
increasing physical							
activity, and increasing							
flexibility/balance.							
**Due to many challenges							
nothing was done FY20**							
nothing was done FY20		/:5	A. 1.11:	E) (2.0		00) #5 40 :	
	Activity Notes (if necessary):		None held in	FY20	Outcomes Notes (if Necessary):	COVID-19 impacted people leaving their homes and seeking ou health care – especially preventative care.	

- Staff time to coordinate Yoga/Zumba/Tai Chi/Pilates sessions, promotion of the series, hold/teach the sessions, and time to compile reports
- Staff time to coordinate A Matter of Balance sessions and location selection, promotion of the series, hold/teach the sessions, and time to compile reports

- Diabetes Education & Self-Management
- Canopy Cancer Survivorship Center and community instructors
- Trauma Services and location