

**SM&R Referral for Rehabilitation Services
Hand and Occupational Therapy**

Phone: 713-521-0020 or 1.888.301.8477
Fax: 713.874.1798 or 1.888.504.8477 memorialhermann.org

Date: _____ Precautions: _____

Patient Name: _____ Phone: _____

Diagnosis: _____ ICD 10 Code: _____ L Code: _____

Date of Injury: _____ Date of Surgery: _____ Procedure: _____

Frequency (Days per week, check one) 1 2 3 4 5 for _____ weeks Area to be Treated: _____

Evaluate & Treat Treat as indicated below

Therapeutic Activities/Exercise

- AROM for _____
- AAROM for _____
- PROM for _____
- Joint Mobilizations
- Stretching
- Manual Therapy
- Joint Blocking
- Strengthening to begin at _____ wks p-op
- Putty Exercises
- Tendon Glides
- Nerve Glides
- Sport Specific Training
- Tendon Acceleration
- Flexor Tendon Protocol

Therapeutic Modalities

- Wound Care/Dressing Change
- Therapist's Choice
- Cryotherapy
- Thermotherapy
- Electrical Stimulation
- Ultrasound
- Scar Management/Soft Tissue Mobilization
- Paraffin
- Desensitization/Sensory Re-education
- Fluidotherapy
- Edema Control

Custom Orthotic

- Type:
- Static volar dorsal clamshell
 - Static Progressive flexion extension
 - Dynamic flexion extension

Joint Included:

- Digit DIP PIP MCP
- Thumb CMC MP IP
- Wrist
- Forearm
- Elbow

Orthotic Use:

- PRN
- Continuous
- Protective
- Nighttime

Prefabricated Orthotic/Supplies

- Joint Jack Orthosis
- LMB/Capner Dynamic Finger Extension Orthotic
- Edema Control Device
- Scar Pads
- Putty
- Other _____

Requested Location _____ *optional* Requested Therapist _____ *optional*

Next physician appointment _____

Signature _____ Physician Print Name _____ NPI/MHHS ID. _____ Date _____ Time _____ AM PM Contact No. _____



Hand Therapy Locations

1 Memorial Hermann | Rockets Sports Medicine Institute – Texas Medical Center

6400 Fannin St., Suite 1620, Houston, TX 77030
 P 713.704.9602 F 713.704.9005

2 Memorial Hermann Sports Medicine & Rehabilitation – Greenway

3651 Wesleyan, Suite 110, Houston, TX 77046
 P 713.850.8472 F 713.850.8490

3 Memorial Hermann Sports Medicine & Rehabilitation – Greater Heights

300 North Loop W., Suite 300, Houston, TX 77018
 P 713.867.2300 F 713.867.2545

4 Memorial Hermann Sports Medicine & Rehabilitation – Southwest

7789 Southwest Fwy., Medical Plaza 4, Suite 570
 Houston, TX 77074
 P 713.456.5221 F 713.456.5229

5 Memorial Hermann Sports Medicine & Rehabilitation – Williams Trace

14857 Southwest Fwy., Suite C-303, Sugar Land, TX 77478
 P 281.242.8900 F 281.242.0355

6 Memorial Hermann | Rockets Sports Medicine Institute – Sugar Land

17510 W. Grand Parkway S., Suite 100, Sugar Land, TX 77478
 P 281.725.5895 F 281.725.5898

7 Memorial Hermann | Rockets Sports Medicine Institute – Memorial City

929B Gessner Rd., Suite 101, Houston, TX 77024
 P 713.242.2270 F 713.242.3931

8 Memorial Hermann | Rockets Sports Medicine Institute – Katy

23910 Katy Fwy., Suite 100, Katy, TX 77494
 P 281.500.6100 F 281.500.6101

9 Memorial Hermann Sports Medicine & Rehabilitation at Convenient Care Center in Katy

22430 Grand Corner Dr., Katy, TX 77494
 P 281.371.1850 F 281.371.1851

10 Memorial Hermann Sports Medicine & Rehabilitation – Mid-County

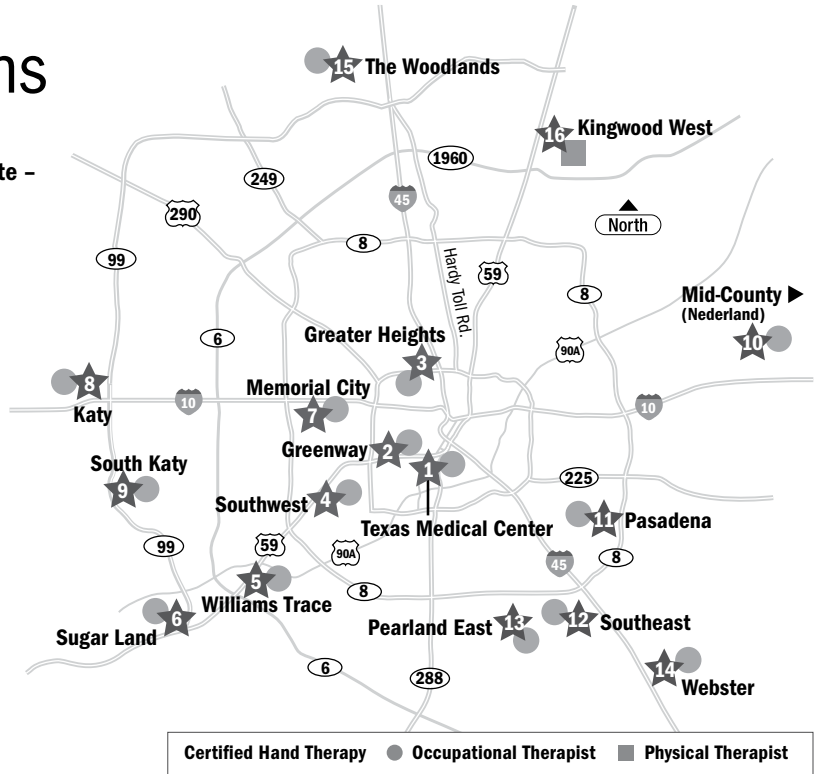
3512 Highway 365, Nederland, TX 77627
 P 409.722.7116 F 409.722.7450

11 Memorial Hermann Sports Medicine & Rehabilitation – Pasadena

4804 E. Sam Houston Pkwy. S., Suite 200
 Pasadena, TX 77505
 P 281.487.4457 F 281.991.0336

12 Memorial Hermann Sports Medicine & Rehabilitation – Southeast

11914 Astoria Blvd., Suite 620, Houston, TX 77089
 P 281.929.4475 F 281.929.6276



13 Memorial Hermann Sports Medicine & Rehabilitation – Pearland East

5032 W. Broadway, Pearland, TX 77581
 P 281.485.4044 F 291.485.4081

14 Memorial Hermann Sports Medicine & Rehabilitation – Webster

19419-3 Gulf Fwy., Webster, TX 77598
 P 281.488.2815 F 281.488.2844

15 Memorial Hermann | Rockets Sports Medicine Institute – The Woodlands

9305 Pinecroft Dr., Suite 450, The Woodlands, TX 77380
 P 713.897.7930 F 281.897.2632

16 Memorial Hermann Sports Medicine & Rehabilitation – Kingwood West

601 Rockmead Dr., Kingwood, TX 77339
 P 713.814.2530 F 713.407.3844

For Appointments and Scheduling:

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memorialhermann.org/therapy

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 Sports Medicine &
 Rehabilitation