



Advanced Care for the Southeast Houston Community

Located in the southeast/Bay Area of Houston, Memorial Hermann Southeast Hospital brings the expertise of the Memorial Hermann Health System, including the region’s top medical specialists, to area families. Our affiliated, board-certified physicians and other health care professionals utilize advanced medical technology to address the community’s health care needs, from routine outpatient visits to complex inpatient procedures.

Services and Specialties

- 24-Hour Emergency Center
- Affiliated Physician Specialists
- Birthing Center
- Breast Care Center
- Cancer Center
- Day Surgery
- Diabetes Management
- Digestive Health
- Esophageal Disease Center
- Heart and Vascular Services
- Imaging Center
- Inpatient Rehabilitation
- Intensive Care Unit
- Neuroscience Services
- Observation Care
- Occupational Medicine
- Orthopedics and Sports Medicine
- Outpatient Pharmacy
- Physical Therapy
- Sleep Disorders Center
- Specialty Care Nursery
- Surgical Services
- Weight Loss
- Women’s Services
- Wound Care

Helpful Numbers

Main Number

281.929.4000

Emergency Center

281.929.6200

To learn more, or to schedule an appointment with an affiliated physician, please call **713.222.CARE** or visit memorialhermann.org/southeast.

Feeling sick and not sure what to do?

Contact the free 24/7 Nurse Health Line.

Trained RNs help answer health questions by phone, in English or Spanish (interpreters also available).

Call **713.338.7979** or toll-free **855.577.7979**

to speak with a nurse. For life-threatening emergencies, call 911.

Magnet-Recognized Nursing Facility

Memorial Hermann Southeast has received one of the highest levels of recognition for nursing excellence, earning designation as a Magnet Recognition Program by the American Nurses Credentialing Center (ANCC).

24-Hour Emergency Centers

Memorial Hermann Southeast is a Level III trauma center and stands ready to meet the needs of critically ill or injured patients throughout southeast Houston. Our Emergency Center is staffed by affiliated board-certified emergency medicine physicians, advanced practice providers and nurses and technicians trained in emergency care.

Services include:

- Digital X-ray, computed tomography (CT) and ultrasound
- Onsite laboratory
- Online appointment scheduling
- Access to higher level of care via ground ambulance or by air via or Memorial Hermann Life Flight®
- An additional 24-hour ER located nearby within the Memorial Hermann Convenient Care Center in League City

Level III Trauma Center

Memorial Hermann Southeast is a designated Level III trauma center with the ability to provide advanced trauma life support, evaluation, stabilization and diagnostic services. If needed, patients can be transferred quickly to a higher level of care within Memorial Hermann’s network of trauma centers.

Birthing Center

As a Texas Department of State Health Services Level II Maternal Facility, the Birthing Center at Memorial Hermann Southeast features private, comfortably appointed labor-delivery-recovery (LDR) suites equipped with the latest technology and premium amenities. Our affiliated physicians and nursing staff are trained in both normal and high-risk deliveries and newborn care.

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Birthing Center services include:

- Maternal-Fetal Medicine Clinic with specialists available to provide specialized care for high-risk pregnancies
- 24-hour OB Emergency Center located in the Labor and Delivery unit for pregnant patients
- Antepartum unit providing extended care for mother and baby before delivery
- Dedicated labor and delivery nurses providing one-to-one care during labor, delivery and recovery
- Support for breastfeeding mothers and babies provided by a highly trained nursing staff and Internationally Board-Certified Lactations Consultants (IBCLCs)
- A family-centered approach to maternity care that includes rooming-in so mother and baby are cared for together
- A Level II NICU providing 24-hour affiliated neonatal physician coverage
- Affiliated anesthesiologists providing 24-hour coverage
- Childbirth and parenting education classes
- A Child Life specialist available to support families

Breast Care Center

Patients in southeast Houston have access to specialized breast care services by breast radiologists, who provide:

- Screening mammography
- Diagnostic mammography
- Bone density screenings
- Breast MRI and MRI-guided biopsies
- Breast ultrasound
- Stereotactic breast biopsies
- Ultrasound-guided biopsies

Cancer Center

From routine cancer screening to complex treatment, Memorial Hermann Southeast Cancer Center offers the entire continuum of cancer care, including education, prevention, screening, diagnosis, treatment, survivorship and rehabilitation. Patients will have access to a multidisciplinary team of affiliated oncology specialists, which may include affiliated surgeons, medical oncologists, radiation oncologists and radiologists depending on the disease. These specialists work together at bi-weekly cancer conferences to review and develop individualized treatment plans for each patient, and affiliated plastic surgeons, physical therapists, and palliative care specialists are also available if needed. Additionally, the hospital employs a team of Oncology Nurse Navigators who assist the patient throughout the cancer journey. Oncology Nurse Navigators seamlessly provide assistance to access community resources, which can help to address barriers to care which patients may encounter through their course of treatment, and provide support, education and coordination within the care team.

Memorial Hermann Cancer Center–Southeast has earned The National Accreditation Program for Rectal Cancer (NAPRC) accreditation, a collaboration between The OSTRiCh Consortium (Optimizing the Surgical Treatment of Rectal Cancer) and the Commission on Cancer (CoC), a quality program of the American College of Surgeons, to ensure patients with rectal cancer receive appropriate care using a multidisciplinary approach.

We do more than provide trusted medical care; we are helping patients navigate their entire cancer journey by caring for their physical, social, emotional and spiritual needs.

Cancers treated:

- Colorectal
- Breast
- Gynecologic
- Head and neck
- Lung
- Lymphoma
- Myeloma
- Urological (kidney, bladder, testicular and prostate)
- Neurological
- Thyroid

Esophageal Disease Center

As one of the region's first centers of its kind, the Memorial Hermann Southeast Esophageal Disease Center provides Houston's most complete care for diseases of the esophagus, treating the spectrum of related conditions—from reflux to esophageal motility disorders to esophageal cancer. Our multidisciplinary team of Memorial Hermann caregivers and affiliated physicians utilizes state-of-the-art equipment that helps with accurate diagnosis and treatments that are uniquely tailored to each patient.

Heart and Vascular Services

Memorial Hermann is at the forefront of advancing heart health, from preventive care to cardiac emergencies to complex surgical procedures. Our program combines research-driven innovation and a heart team approach to open blockages, repair valves and aneurysms, correct irregular heartbeats and more.

With three state-of-the-art cardiac catheterization labs, two hybrid operating-endovascular suites, a cardiovascular intensive care unit (CV-ICU) and dedicated cardiac rehabilitation, the board-certified diagnostic, interventional and electrophysiology cardiologists, as well as cardiovascular and thoracic surgeons affiliated with Memorial Hermann Southeast, work with a dedicated staff of caregivers to treat a spectrum of heart-related conditions. Prevention, treatment, and interventional procedures include:

- Heart disease risk assessment
- Lifestyle and medical management

- Diagnostic testing, including advanced and non-invasive imaging
- Access to advanced technology with remote monitoring capabilities
- Minimally invasive procedures, including transcatheter aortic valve replacement (TAVR) and left atrial appendage occlusion (LAAO) therapy for AFib and video assisted thoroscopic surgery (VATS)
- Endovascular and traditional surgical options
- Cardiac and vascular rehabilitation

Memorial Hermann Southeast is Chest Pain certified by The Joint Commission and meets stringent criteria for rapid response when seconds count.

Imaging Center

Memorial Hermann Southeast offers the latest advancements in imaging technology and breast screenings, including computed tomography (CT), fluoroscopy, magnetic resonance imaging (MRI) (1.5T large bore), ultrasound, IR procedures and X-ray.

Inpatient Rehabilitation

Memorial Hermann Southeast offers multidisciplinary inpatient medical rehabilitation. The hospital's inpatient center is designed to help patients reach optimal functionality following an injury or illness. Personal performance goals are incorporated into a customized rehabilitation treatment program. As a member of the Memorial Hermann Rehabilitation Network affiliated with TIRR Memorial Hermann, continuously ranked as one of the best rehabilitation hospitals in the nation and best in Texas by *U.S. News and World Report*, we are committed to bringing top-ranked rehabilitation services to Greater Houston.

Neuroscience Services

The neuroscience program at Memorial Hermann Southeast brings together a collaborative group of affiliated, board-certified neurologists, neurosurgeons and interventional pain management specialists, supported by a highly trained, specialized and dedicated clinical staff.

Our experienced specialists provide care for:

- Surgical treatment for neck and back pain
- Stroke
- Sleep disorders
- Epilepsy and seizure disorders
- Migraines and headaches
- Dementia and neurocognitive disorders
- Movement disorders
- Neuromuscular disorders
- Spinal fractures
- Herniated disc
- Spinal cord compression
- Spinal fusion
- Spinal stenosis

Primary Stroke Center

Our hospital has received The Joint Commission Gold Seal of Approval™ as a Primary Stroke Center which signifies that Memorial Hermann Southeast provides critical elements to improve patient outcomes and that the quality of care provided is effectively managed to meet the unique and specialized needs of stroke patients.

Orthopedics & Sports Medicine

Part of Memorial Hermann | Rockets Orthopedics, our dedicated multidisciplinary orthopedic care team includes specialty trained nurses, rehabilitation specialists and affiliated physicians who provide non-surgical and minimally invasive procedures, surgery and rehabilitation for muscle, joint and bone injuries and abnormalities. As part of patient-centered care, therapists perform comprehensive evaluations to determine appropriate treatment for addressing each patient's individual goals.

Sleep Disorders Center

The Memorial Hermann Sleep Disorders Center at Southeast provides a multidisciplinary approach to the diagnosis and treatment of problems with sleeping, staying awake or troublesome behavior during sleep. The center's patient rooms are designed to provide a sleep environment that ensures patient comfort and testing integrity.

Surgical Services

Our affiliated physicians utilize the latest techniques and technologies to perform a wide range of inpatient and outpatient surgical procedures, including minimally invasive robotic surgery. Our goal is to offer our patients a positive, seamless patient experience—before, during and following surgery. We have the capability for numerous specialty and minimally invasive surgeries, including:

- Colorectal
- Ear, nose, throat (ENT)
- General surgery
- Gynecology
- Plastic surgery
- Urology

NewStart™ Surgical Weight Loss Program

For individuals who have been unable to achieve weight loss through diet modifications and exercise programs alone, bariatric surgery may help to attain a healthier body weight. Weight loss surgery is designed to help you lose weight and keep it off, and there are several surgical weight loss options to consider. Our team of affiliated board-certified bariatric surgeons work with each individual to address specific weight loss needs. Our Bariatric Nurse Navigator provides scheduling, nutritional, psychological and post-surgery support to help patients sustain their new, healthy lifestyles.

Women's Services

We are proud to provide an array of services to meet the unique health care needs of women of all ages. Our services include obstetrics and gynecology, maternity services, heart and vascular services, breast and bone care, and more.

Wound Care

Our Wound Care program provides a comprehensive approach to treating patients with non-healing wounds. Patients are offered the most efficient and effective treatment options

available today. The experienced team features affiliated physicians, nurses and technicians with advanced training in wound care and hyperbaric oxygen (HBO) therapy. Patients are examined and evaluated for all possible physical conditions, such as diabetes, that could interfere with proper healing. The care team follows evidence-based clinical pathways to determine why wounds are not healing. Individual treatment plans are developed using the most effective technologies available to optimize healing and relief for patients.

