

# MEMORIAL HERMANN SUGAR LAND HOSPITAL

2019 Community Health Needs Assessment



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# **Executive Summary**

# Introduction & Purpose

Memorial Hermann Sugar Land Hospital (MH Sugar Land) is pleased to present its 2019 Community Health Needs Assessment (CHNA). This CHNA report provides an overview of the process and methods used to identify and prioritize significant health needs across Memorial Hermann Health System's regional service area (including MH Sugar Land), as federally required by the Affordable Care Act. Memorial Hermann Health System partnered with Conduent Healthy Communities Institute (HCI) to conduct the CHNA for 13 facilities:

- Memorial Hermann Katy Hospital
- Memorial Hermann Memorial City Medical Center
- Memorial Hermann Greater Heights Hospital
- Memorial Hermann Northeast Hospital
- Memorial Hermann Southeast Hospital
- Memorial Hermann Sugar Land Hospital
- Memorial Hermann Southwest Hospital
- Memorial Hermann The Woodlands Medical Center
- Memorial Hermann Rehabilitation Hospital Katy
- Memorial Hermann Texas Medical Center
- TIRR Memorial Hermann
- Memorial Hermann Surgical Hospital Kingwood
- Memorial Hermann Surgical Hospital First Colony

The purpose of this CHNA is to offer a comprehensive understanding of the health needs in MH Sugar Land's service area and guide the hospital's planning efforts to address those needs. Special attention has been given to the needs of vulnerable populations, unmet health needs or gaps in services, and input from the community. To standardize efforts across the Memorial Hermann Health System and increase the potential for impacting top health needs in the greater Houston region, community health needs were assessed and prioritized at a regional/system level.

Findings from this report will be used to identify and develop efforts to improve the health and quality of life of residents in the community.

# Summary of Findings

The CHNA findings in this report result from the analysis of an extensive set of secondary data (over 100 indicators from national and state data sources) and primary data collected from community leaders, non-health professionals, and organizations serving the community at large, vulnerable populations, and/or populations with unmet health needs.

Through an examination of the primary and secondary data, the following top health needs were identified:



<b>Memorial Hermann</b>	<b>Health System's Significant Health Needs</b>

- Access to Health Services
- Cancers
- Children's Health
- Diabetes
- Economy

- Education
- Food Insecurity
- Heart Disease/Stroke
- Lack of Health Insurance
- Low-Income/Underserved
- Mental Health
- Obesity
- Older Adults/Aging
- Substance Abuse
- Transportation

# **Prioritized Areas**

In March 2019, stakeholders from the 13 hospital facilities in the Memorial Hermann Health System completed a survey to prioritize the significant health issues, based on criteria including health impact and risk as well as consideration of Memorial Hermann's strategic focus. The following four topics were identified as priorities to address:

# **Memorial Hermann Health System's CHNA Priorities**

- Access to Healthcare
- **Emotional Well-Being**
- Food as Health
- Exercise Is Medicine

MH Sugar Land will develop strategies to address these priorities in its 2019 Implementation Strategy.



# Introduction

# Memorial Hermann Sugar Land Hospital

Memorial Hermann Sugar Land Hospital is a 149 bed, full-service acute care facility that brings together the ultimate in healthcare technology, expertise and healing for families in Fort Bend County. The hospital's team of highly trained, affiliated doctors provide leading-edge care in pediatrics with the Children's Emergency Department, sports medicine with the IRONMAN Sports Medicine Institute and over 87 disciplines and specialties to deliver award-winning care close to home.

#### Vision

Memorial Hermann will be the preeminent health system in the U.S. by advancing the health of those we serve through trusted partnerships with physicians, employees and others to deliver the best possible health solutions while relentlessly pursuing quality and value.

#### Mission Statement

Memorial Hermann is a not-for-profit, community-owned, health care system with spiritual values, dedicated to providing high quality health services in order to improve the health of the people in Southeast Texas.

# Memorial Hermann Health System

One of the largest not-for-profit health systems in the nation, Memorial Hermann Health System is an integrated system with an exceptional affiliated medical staff and more than 26,000 employees. Governed by a Board of community members, the System services Southeast Texas and the Greater Houston community with more than 300 care delivery sites including 19 hospitals; the country's busiest Level 1 trauma center; an academic medical center affiliated with McGovern Medical School at UTHealth; one of the nation's top rehabilitation and research hospitals; and numerous specialty programs and services.

Memorial Hermann has been a trusted healthcare resource for more than 110 years and as Greater Houston's only full-service, clinically integrated health system, we continue to identify and meet our region's healthcare needs. Among our diverse portfolio is Life Flight, the largest and busiest air ambulance service in the United States; the Memorial Hermann Physician Network, MHMD, one of the largest, most advanced, and clinically integrated physician organizations in the country; and, the Memorial Hermann Accountable Care Organization, operating a care delivery model that generates better outcomes at lower costs to consumers, while providing residents of the Greater Houston area broad access to health insurance through the Memorial Hermann Health Insurance Company. Specialties span burn treatment, cancer, children's health, diabetes and endocrinology, digestive health, ear, nose and throat, heart and vascular, lymphedema, neurosurgery, neurology, stroke, nutrition, ophthalmology, orthopedics, physical and occupational therapy, rehabilitation, robotic surgery, sleep studies, transplant, weight loss, women's health, maternity and wound care. Supporting the System in its impact on overall population health is the Community Benefit Corporation. At a market share of 26.1% in the 'expanded' greater Houston area of 12 counties, our vision is that Memorial Hermann will



be a preeminent integrated health system in the U.S. by advancing the health of those we serve.

# Memorial Hermann Sugar Land Hospital Service Area

The service area for MH Sugar Land includes Fort Bend, Harris and Wharton counties in Texas. The geographic boundaries of the service area are shown in Figure 1. The zip codes within MH Sugar Land's primary service area are listed in Table 1 and represent approximately 75% of inpatient discharges (61.7% in Fort Bend County, 4.1% in Harris County and 9.7% in Wharton County).

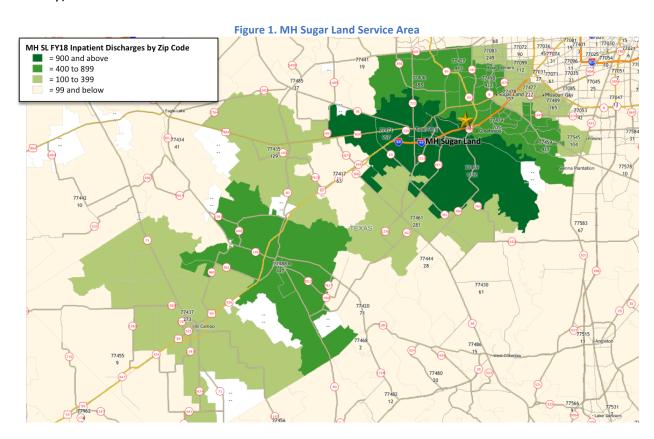


Table 1. Proportion of Patient Population Served by Zip Code

ZIP Code	County	Percent of Patient Population
77469	Fort Bend	12.9%
77471	Fort Bend	10.9%
77479	Fort Bend	8.1%
77406	Fort Bend	5.6%
77488	Wharton	5.1%
77407	Fort Bend	5.0%
77459	Fort Bend	4.9%
77498	Fort Bend	4.9%
77461	Fort Bend	3.2%
77437	Wharton	3.1%

77083	Harris	2.8%
77477	Fort Bend	2.5%
77489	Fort Bend	1.9%
77478	Fort Bend	1.8%
77435	Wharton	1.5%
77099	Harris	1.3%

American Community Survey, 2013-2017

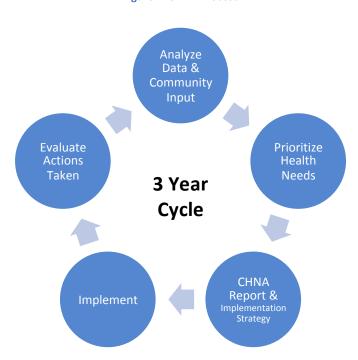
#### Consultants

Memorial Hermann Health System commissioned Conduent Healthy Communities Institute (HCI) to conduct its 2019 Community Health Needs Assessment. HCI works with clients across the nation to drive community health outcomes by assessing needs, developing focused strategies, identifying appropriate intervention programs, establishing monitoring systems, and implementing performance evaluation processes. To learn more about Conduent Healthy Communities Institute, please visit https://www.conduent.com/community-population-health.



# Evaluation of Progress Since Prior CHNA

The CHNA process should be viewed as a three-year cycle. An important part of that cycle is revisiting the progress made on priority topics from previous CHNAs. By reviewing the actions taken to address priority areas and evaluating the impact of these actions in the community, an organization can better focus and target its efforts during the next CHNA cycle.



**Figure 2. CHNA Process** 

# Priority Health Needs and Impact from Prior CHNA

MH Sugar Land's last CHNA was conducted in 2016. The priority areas in FY16-18 were:

- Healthy Living: Encourage and foster healthy lifestyles through education, awareness and early detection to prevent illness.
- Healthcare Access: Improve community knowledge about healthcare access points and reduce perceived barriers to care.
- Behavioral Health: Ensure that all community members who are experiencing a mental health crisis have access to appropriate psychiatric specialists at the time of their crisis, are redirected away from the ER, are linked to a permanent, community based mental health provider, and have the necessary knowledge to navigate the system, regardless of their ability to pay.

Each of the above health topics correlates well with the priorities identified for the current CHNA (detailed below); thus MH Sugar Land will be building upon efforts of previous years. A



detailed table describing the strategies/action steps and indicators of success for each of the preceding priority health topics can be found in Appendix A. MH Sugar Land's preceding CHNA was made available to the public via the website and community feedback directed to Memorial Hermann's Community Benefit Department:

http://www.memorialhermann.org/locations/sugar-land/community-health-needs-assessment-sugar-land/. No comments or feedback were received on the preceding CHNA at the time this report was written.



# Methodology

#### Overview

Two types of data were used in this assessment: primary and secondary data. Primary data are data that have been collected for the purposes of this community assessment. Primary data were obtained through a community survey and key informant interviews. Secondary data are health indicator data that have already been collected by public sources such as government health departments. Each type of data was analyzed using a unique methodology. Findings were organized by health topics and then synthesized for a comprehensive overview of the health needs in MH Sugar Land's service area.

# Secondary Data Sources & Analysis

Secondary data used for this assessment were collected and analyzed from HCI's community indicator database. This database, maintained by researchers and analysts at HCI, includes over 100 community indicators from at least 15 state and national data sources. HCl carefully evaluates sources based on the following three criteria: the source has a validated methodology for data collection and analysis; the source has scheduled, regular publication of findings; and the source has data values for small geographic areas or populations.

# Secondary Data Scoring

HCl's Data Scoring Tool® was used to systematically summarize multiple comparisons in order to rank indicators based on highest need. For each indicator, the community value was compared to a distribution of Texas and US counties, state and national values, Healthy People 2020, and significant trends were noted. These comparison scores range from 0-3, where 0 indicates the best outcome and 3 the worst. Availability of each type of comparison varies by indicator and is dependent upon the data source, comparability with data collected for other communities, and changes in methodology over time. The comparison scores were summarized for each indicator, and indicators were then grouped into topic areas for a systematic ranking of community health needs. Please see Appendix B for further details on the quantitative data scoring methodology as well as secondary data scoring results.

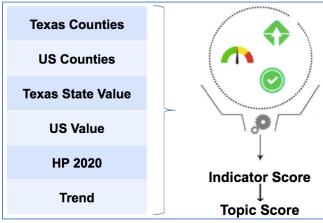


Figure 3. Summary of Topic Scoring Analysis



## **Disparities Analysis**

When a given indicator has data available for subgroups like race/ethnicity, age or gender – and values for these subgroups include confidence intervals – significant differences between the subgroups' value and the overall value can be determined. A significant difference is defined as two values with non-overlapping confidence intervals. Only significant differences in which the value for a subgroup is worse than the overall value are identified. Confidence intervals are not available for all indicators. In these cases, there are not enough data to determine if two values are significantly different from each other.

# Primary Data Methods & Analysis

Community input for Memorial Hermann Health System was collected to expand upon the information gathered from the secondary data. Primary data used in this assessment consisted of a community survey in English and Spanish as well as key informant interviews. See Appendix C for the survey and interview questions.

## **Community Survey**

Input from community residents was collected through an online survey. This survey consisted of 11 questions related to top health needs in the community, individuals' perception of their overall health, and weekly exercise habits. The community survey was distributed online through SurveyMonkey® from October 23<sup>rd</sup> through November 27<sup>th</sup> of 2018. The survey was made available in both English and Spanish. Paper surveys were also made available and answers to the paper survey were entered into the SurveyMonkey tool. A total of 285 responses were collected. Results in this report are based on the service area for Memorial Hermann Health System. This was a convenience sample, which means results may be vulnerable to selection bias and make the findings less generalizable to the population as a whole.

**Table 2. Community Survey Outreach** 

Community Event	Description
Step Health Event –	Community event hosted by Memorial Hermann providing park activation,
Moody Park, 77009	walking tours, Zumba instruction, and (through a partnership with Houston Food
	Bank) food distribution to low-income, at-risk, and mostly uninsured residents.
Step Health Event –	Community event hosted by Memorial Hermann providing park activation,
Castillo Park, 77009	walking tours, Zumba instruction, and (through a partnership with Houston Food
	Bank) food distribution to low-income, at-risk, and mostly uninsured residents.
Memorial Hermann	10 school-based health clinics in 5 school districts (74 schools) in Harris and Fort
Health Centers for	Bend Counties, providing medical, mental health, and dental care, along with
Schools	nutrition, navigation, and summer boot camp programs to uninsured and
	underinsured children throughout the Greater Houston area.
West Orem YMCA,	A community-centered organization that brings people together to bridge the
77085	gaps in community needs (underserved residents), nurtures residents' potential
	to learn, grow, and thrive, and mobilizes the local community to effect lasting,
	meaningful change.
Spring Branch	A Federally Qualified Health Center (FQHC) providing quality, affordable
Community	healthcare services to the underserved and uninsured communities of Spring



HealthCenter, 77080	Branch and West Houston.
Wesley Community Center, 77009	A multi-purpose social service agency providing residents of Houston: short-term rent, utility, and food assistance to prevent homelessness and maintain family financial stability; a career and personal financial service center; and Early Head Start, a child development program serving infants to toddlers to promote school readiness.
Complete Communities, Houston	Program initiated by the Mayor of Houston in five communities - all historically under-resourced, each with a base level of community involvement and support, and with diverse populations. The program is designed to enhance access to quality affordable homes, jobs, well-maintained parks and greenspace, improved streets and sidewalks, grocery stores and other retail, good schools and transit options. Communities: Acres Homes [77018, 77088, 77091], Gulfton [77056, 77057, 77081], Near Northside [77009, 77022, 77026], Second Ward [77003, 77011, 77020], and Third Ward [77003, 77004, 77204].
Healthy Living Matters	A Houston/Harris County Childhood Obesity Collaborative - A collaborative of multi-sector leaders that promote policy aimed at system-level and environmental change to reduce the incidence of childhood obesity. Priority communities were selected due to the lack of access to healthy food options and opportunities to engage in physical activity as well as for their community assets and readiness for change. Priority Communities: City of Pasadena [77058, 77059, 77502, 77503, 77504, 77505, 77506, 77507, 77536, 77571, 77586], Near Northside [77009, 77022, 77026], and Fifth Ward/Kashmere Gardens [77020, 77026, and 77028]
Greater Northside Health Collaborative	Non-profit collaborative whose goal is to expand active living resources and increase access to quality healthcare and healthy food by promoting resident leadership and civic participation.

The race/ethnicity make-up of survey respondents is shown in Figure 4. The largest proportion of respondents identified as Hispanic/Latino (47.2%), 22.4% as White, 20.8% as Black/African American, and the remaining 9.6% of respondents as Asian/Pacific Islander, Other and Native American.



3.60% 1.20%

Hispanic

White

African American

Asian/Pacific Islander

Other

Native American

Figure 4. Survey Respondents by Race/Ethnicity

Survey respondents were asked to select top issues most affecting the community's quality of life. As shown in Figure 5, the majority of respondents identified Diabetes, Obesity/Overweight, Substance Abuse, and Mental Health & Mental Disorders as top issues in the community.

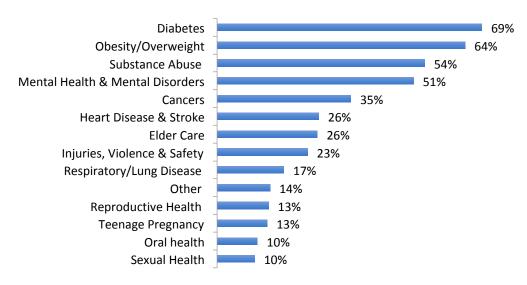


Figure 5. Top Issues Affecting Quality of Life (Survey)

#### **Key Informant Interviews**

Community input was also collected through key informant interviews.

Memorial Hermann Health System joined with the Episcopal Health Foundation (EHF) in their key informant interview initiative supporting four Greater Houston area hospital systems in preparing their community health needs assessments. The collaborating hospitals of this initiative include Memorial Hermann, CHI St. Luke's Health, Houston Methodist, and Texas Children's (Table 3). Through this partnership, a total of 53 interviews were conducted with



stakeholders from a range of sectors such as government, healthcare, business, and community service organizations. Community leaders with specific experience working with priority populations, such as women, children, people of color, the disabled, and more, were also interviewed.

#### **Table 3. Memorial Hermann Collaborative Partners**

Episcopal Health Foundation's mission is to advance the Kingdom of God with specific focus on human health and well-being through grants, research, and initiatives in support of the work of the Diocese, spanning 57 counties. Through informed action, collaboration, empowerment, stewardship, transparency, and accountability the foundation strives for the transformation of human lives and organizations with compassion for the poor and powerless.

CHI St. Luke's Health, a part of Catholic Health Initiatives (CHI), one of the nation's largest health systems, is dedicated to a mission of enhancing community health through high-quality, cost-effective care. Through partnerships with physicians and community partners, CHI St. Luke's Health serves Greater Houston with its commitment to excellence and compassion in caring for the whole person while creating healthier communities.

Houston Methodist is a nonprofit health care organization serving Greater Houston, dedicated to excellence in research, education, and patient care. Houston Methodist brings compassion and spirituality to all its endeavors to help meet the health needs of the community through the system's I CARE values: integrity, compassion, accountability, respect, and excellence.

Texas Children's Hospital is a not-for-profit organization whose mission is to create a healthier future for children and women throughout Greater Houston and the global community by leading in patient care, education, and research. Texas Children's is committed to creating a healthy community for children by providing the best pediatric care possible, through groundbreaking research and emphasis on education, while also offering a full continuum of family-centered care for women, from obstetrics to well-woman care.

In total, 64 key informant interviews were conducted by phone from August through November 2018; 53 key informant interviews were conducted through the collaborative and 11 interviews were conducted by HCI.

Interviewees who were asked to participate were recognized as having expertise in public health, special knowledge of community health needs and/or represented the broad interest of the community served by the hospital, and/or could speak to the needs of medically underserved or vulnerable populations. Efforts were made to identify interviewees working in and/or knowledgeable about the counties in Memorial Hermann Health System's service area. As seen in Table 4, some interviewees were identified with knowledge of multiple counties.

**Table 4. Key Informants by County** 

Table is they investment by country		
County	Key Informants	
Austin	Included in Multiple Counties	
Brazoria	3	
Chambers	2	



Fort Bend	10
Galveston	7
Harris	28
Liberty	1
Montgomery	4
San Jacinto	Included in Multiple Counties
Walker	Included in Multiple Counties
Waller	2
Wharton	2
Multiple Counties*	5
Total	64

<sup>\*</sup>Five (5) of the Key Informant Interviews represented 2 or more counties, including: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery, San Jacinto, Walker, Waller, and Wharton counties.

Interviews were transcribed and analyzed using the qualitative analytic tool, Dedoose<sup>1</sup>. Interview excerpts were coded by relevant topic areas and key health themes. Three approaches were used to assess the relative importance of the needs discussed in these interviews. These approaches included: the frequency by which a health topic was discussed across all interviews; the frequency by which a topic was described by the key informant as a barrier/challenge; and the frequency by which a topic was mentioned per interviewee.

#### **Data Considerations**

Several limitations of data should be considered when reviewing the findings presented in this report. Although the topics by which data are organized cover a wide range of health and health-related areas, data availability varies by health topic. Some topics contain a robust set of secondary data indicators, while others may have a limited number of indicators or limited subpopulations covered by those specific indicators.

Data scores represent the relative community health need according to the secondary data for each topic and should not be considered to be a comprehensive result on their own. In addition, these scores reflect the secondary data results for the population as a whole, and do not represent the health or socioeconomic need that is much greater for some subpopulations. Moreover, many of the secondary data indicators included in the findings are collected by survey, and though specific methods are used to best represent the population at large, these measures are subject to instability, especially for smaller populations. The Index of Disparity is also limited by data availability, where indicator data varies based on the population groups and service areas being analyzed.

<sup>&</sup>lt;sup>1</sup> Dedoose Version 8.0.35, web application for managing, analyzing, and presenting qualitative and mixed method research data (2018). Los Angeles, CA: SocioCultural Research Consultants, LLC <a href="www.dedoose.com">www.dedoose.com</a>



# Race/Ethnic Groupings

The secondary data presented in this report derive from multiple sources, which may present race and ethnicity data using dissimilar nomenclature. For consistency with data sources throughout the report, subpopulation data may use different terms to describe the same or similar groups of community members.

## Zip Codes and Zip Code Tabulation Areas

This report presents both ZIP Code and ZIP Code Tabulation Area (ZCTA) data. ZIP or Zone Improvement Plan Codes were created by the U.S. Postal Service to improve mail delivery service. They are based on postal routes, which factor in delivery-area, mail volume and geographic location. They are not designed to be used for statistical reporting and may change frequently. Some ZIP Codes may only include P.O. boxes or cover large unpopulated areas. ZCTAs or ZIP Code Tabulation Areas were created by the U.S. Census Bureau and are generalized representations of ZIP Codes that have been assigned to census blocks. Therefore, ZCTAs are representative of geographic locations of populated areas. In most cases, the ZCTA will be the same as its ZIP Code. ZCTAs will not necessarily exist for ZIP Code areas with only businesses, single or multiple addresses, or for large unpopulated areas. Since ZCTAs are based on the most recent Census data, they are more stable than ZIP Codes and do not change as frequently.

Demographics for this report are sourced from the United States Census Bureau, which presents ZCTA estimates. Tables and figures in the Demographics section of this report reference ZIP Codes in title (for purposes of familiarity) but show values of ZCTAs. Data from other sources is representative by ZIP Codes and are labeled as such.

#### Prioritization

In order to focus efforts on a smaller number of the most significant community issues, sixteen representatives from the Memorial Hermann Health System (one or more representing each facility) participated in an online prioritization process to prioritize the fifteen significant health needs identified through the secondary and primary data analyses. The prioritized health needs will be under consideration for the development of an implementation plan that will address some of the community's most pressing health issues.

#### **Prioritization Process**

To prioritize significant health needs, Memorial Hermann stakeholders participated in an online webinar on March 7, 2019 to review data synthesis results followed by completion of a prioritization matrix listing significant health needs and four criteria by which to rate each need. Participants scored each need for each of the criteria on a scale from 1-5, with 1 meaning the respondent strongly disagrees to 5 meaning the respondent strongly agrees that the health need meets the criterion. Respondents were also able to select "Don't Know/Unsure" for each health need.

The criteria for prioritization included to what extent an issue:

- Impacts many people in the community
- Significantly impacts subgroups in the community (gender, race/ethnicity, LGBTQ, etc.)



- Has inadequate existing resources in the community
- Has high risk for disease or death

Completion of the prioritization matrix in Appendix D resulted in numerical scores for each health need that corresponded to how well each health need met the criteria for prioritization. The scores were ranked from highest to lowest (Table 5).

**Table 5. Results from Memorial Hermann Prioritization Matrix** 

Significant Health Need	Impact on Community	Impact on Subgroups	Inadequate Resources	High Risk	Average Score
Obesity (Exercise,	4.69	4.00	3.19	4.50	4.09
<b>Nutrition and Weight)</b>					
Mental Health	4.44	3.44	4.50	3.75	4.03
Diabetes	4.50	4.00	3.25	4.19	3.98
Lack of Health Insurance	4.31	4.19	3.38	4.00	3.97
Low-	4.19	4.19	3.44	4.00	3.95
Income/Underserved					
Heart Disease/ Stroke	4.44	3.82	2.81	4.44	3.88
Substance Abuse	3.56	3.88	3.63	4.19	3.81
Access to Health	4.00	3.94	3.25	3.88	3.77
Services					
Older Adults and Aging	4.38	3.81	3.13	3.75	3.76
Food Insecurity	3.88	4.00	3.44	3.50	3.70
Cancers	4.19	3.19	3.00	4.31	3.67
Education	3.88	3.81	3.00	3.13	3.45
Transportation	4.00	3.88	2.81	3.00	3.42
Children's Health	4.00	3.50	3.00	3.19	3.42
Economy	3.31	3.31	2.69	2.88	3.05

In addition to rating each need in the matrix, prioritization participants were asked to rate the level of importance of Memorial Hermann's 4 strategic pillars.

- Improving Access to Healthcare through programming, education, and social service support;
- 2. Addressing **Emotional Well-being** (mental and behavioral health) through innovative access points;
- 3. Promoting the importance of a healthy diet through screening and creating access to nutritious **Food as Health**; and,
- 4. Fostering improved health through **Exercise Is Medicine** with culturally appropriate activities.

Each of these intersecting pillars connect to each other through various points in Memorial Hermann programs and initiatives advancing the health of our communities (Figure 6).



Figure 6. Memorial Hermann's Four Pillars for Community Health



Over 93% of participants responded that the 4 pillars were important or very important. The Memorial Hermann Community Benefit team reviewed these findings, and taking into account the alignment of top needs with Memorial Hermann's strategic focus areas, a decision was made to integrate:

- Lack of Health Insurance, Low-Income/Underserved, and Access to Health Services into Pillar 1: Access to Healthcare
- Mental Health and Substance Abuse into Pillar 2: Emotional Well-Being
- Diabetes, Food Insecurity and Heart Disease/Stroke into Pillar 3: Food as Health
- Obesity (Exercise, Nutrition and Weight) into Pillar 4: Exercise Is Medicine

Through this system-wide prioritization process, the following four priorities for Memorial Hermann Health System are:

- Access to Healthcare (addressing Access to Health Services, Lack of Health Insurance, and Low-Income/Underserved)
- Emotional Wellbeing (addressing Mental Health and Substance Abuse)
- Food as Health (addressing Diabetes, Food Insecurity, and Heart Disease/Stroke)
- Exercise Is Medicine (addressing Obesity)

These four health topics will be explored further in order to understand how findings from the secondary and primary data analyses resulted in each issue being a high priority health need for Memorial Hermann Health System.



# Demographics

The following section explores the demographic profile of MH Sugar Land's service area, including Fort Bend, Harris, and Wharton counties. The demographics of a community significantly impact its health profile. Different race/ethnic, age, and socioeconomic groups have unique needs and require different approaches to health improvement efforts. All demographic estimates are sourced from the U.S. Census Bureau's 2013-2017 American Community Survey unless otherwise indicated. Furthermore, tables in this section list indicator values for the top 75% of zip codes within MH Sugar Land's service area in descending order of inpatient discharges unless otherwise noted.

# **Population**

According to the U.S. Census Bureau's 2013-2017 American Community Survey, the three counties in MH Sugar Land's service area had populations of 764,828 (Fort Bend County), 4,652,980 (Harris County), and 41,968 (Wharton County). Figure 7 illustrates the population size by county and Table 6 by zip code. As shown in Table 6, the most populous zip codes in MH Sugar Land's service area are 77479 (Fort Bend County), 77083 (Harris County) and 77459 (Fort Bend County).

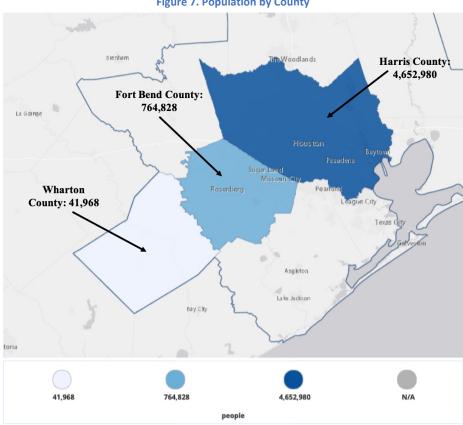


Figure 7. Population by County



**Table 6. Population by Zip Code** 

ZIP Code	County	Total Population Estimate
77469	Fort Bend	46,934
77471	Fort Bend	38,837
77479	Fort Bend	88,603
77406	Fort Bend	41,008
77488	Wharton	14,738
77407	Fort Bend	48,157
77459	Fort Bend	66,175
77498	Fort Bend	51,037
77461	Fort Bend	10,752
77437	Wharton	16,875
77083	Harris	79,408
77477	Fort Bend	36,932
77489	Fort Bend	36,786
77478	Fort Bend	25,846
77435	Wharton	4,303
77099	Harris	51,905

American Community Survey, 2013-2017

# Age

Figure 8 shows MH Sugar Land's service area population that is under 18 years old. Almost 28% of Fort Bend County's population is under 18 and nearly 27% of Harris County's population is under 18. At 26.1%, Wharton County has the lowest proportion of its population under 18 compared to the other counties in the service area. Fort Bend, Harris and Wharton counties all have higher proportions of residents under 18 compared to the state and national values.

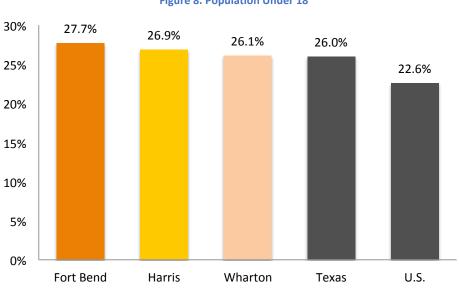


Figure 8. Population Under 18

As shown in Figure 9, Fort Bend and Harris counties have smaller proportions of older adults compared to Texas and the U.S. (12.3% and 15.6%, respectively). In Fort Bend County, 10.6% of the population is over 65 years old. In Harris County, 10.2% of residents are over 65. At 16.7%, Wharton County has the highest proportion of older adults in comparison to the other counties in the service area as well as both Texas and the U.S.

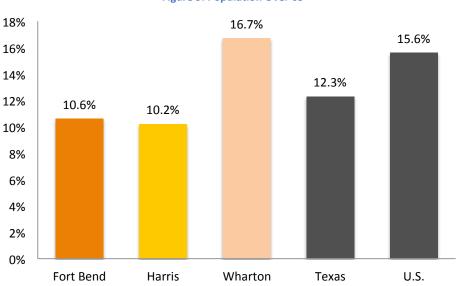


Figure 9. Population Over 65

Figure 10 shows that Fort Bend, Harris, and Wharton counties have larger proportions of residents under 5 years old compared to the U.S. (6.1%). A little over 7% of Fort Bend County's population is under 5 while Wharton County has 6.9% of its population under 5. Harris County has 7.7% of its population under 5, which is greater than the state of Texas (7.2%).

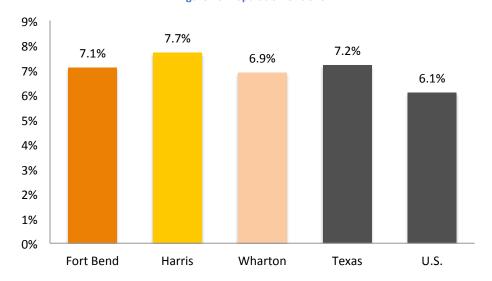


Figure 10. Population Under 5

#### Race/Ethnicity

The race and ethnicity composition of a population is important in planning for future community needs, particularly for schools, businesses, community centers, health care and



child care. Race and ethnicity data are also useful for identifying and understanding disparities in housing, employment, income, and poverty.

A larger number of residents in Fort Bend and Wharton counties identify as White, non-Hispanic (34.4%) while Harris County has a larger number of residents who identify as Hispanic or Latino (42.2%). Figure 11 shows the racial composition of residents in Fort Bend County with 34.4% of residents identifying as White, non-Hispanic; 24.2% as Hispanic or Latino (of any race); 20.2% as Black or African American; 19.2% as Asian; and 2% as American Indian and Alaska Native, Native Hawaiian and Other Pacific Islander, "Some other race", or "Two or more races".

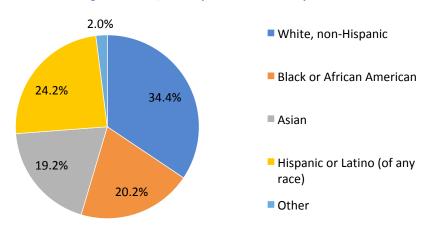


Figure 11. Race/Ethnicity in Fort Bend County

Figure 12 shows the racial composition of residents in Harris County with 42.2% of residents identifying as Hispanic or Latino (of any race); 30.6% as White; 18.5% as Black or African American; 6.8% as Asian; and 1.9% as American Indian and Alaska Native, Native Hawaiian and Other Pacific Islander, "Some other race", or "Two or more races".

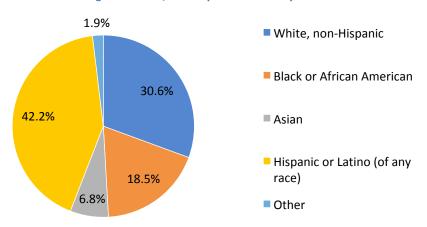


Figure 12. Race/Ethnicity in Harris County

Figure 13 shows the racial composition of residents in Wharton County with 45.3% of residents identifying as White, non-Hispanic; 40.3% as Hispanic or Latino (of any race); 13.8% as Black or

African American; 0.1% as Asian; and 0.5% as American Indian and Alaska Native, Native Hawaiian and Other Pacific Islander, "Some other race", or "Two or more races".

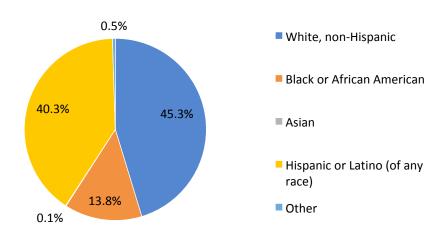


Figure 13. Race/Ethnicity in Wharton County

# Language

Language is an important factor to consider for outreach efforts in order to ensure that community members are aware of available programs and services.

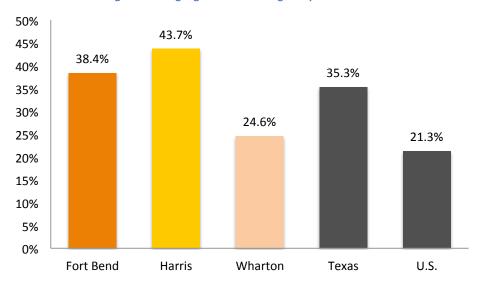


Figure 14. Language Other than English Spoken at Home

Figure 14 shows the proportion of residents in Fort Bend, Harris, and Wharton counties who speak a language other than English at home. Approximately 38% of residents in Fort Bend County and almost 44% of residents in Harris County speak a language other than English as compared to 35.3% in Texas and 21.3% in the U.S. At 24.6%, Wharton County has the lowest proportion of residents who speak a language other than English at home. This is an important consideration for the effectiveness of services and outreach efforts, which may be more effective if conducted in languages other than English alone.

Table 7. Population with Difficulty Speaking English by Zip Code

ZIP Code	County	Difficulty Speaking
		English
77469	Fort Bend	12.0%
77471	Fort Bend	14.0%
77479	Fort Bend	12.3%
77406	Fort Bend	3.4%
77488	Wharton	8.4%
77407	Fort Bend	14.6%
77459	Fort Bend	8.6%
77498	Fort Bend	19.7%
77461	Fort Bend	10.3%
77437	Wharton	9.8%
77083	Harris	27.7%
77477	Fort Bend	19.2%
77489	Fort Bend	9.5%
77478	Fort Bend	16.3%
77435	Wharton	8.3%
77099	Harris	31.7%
Fort Bend		13.0%
Harris		20.4%
Wharton		8.7%
Texas		14.1%

American Community Survey, 2013-2017

As shown in Table 7, Harris County has a larger proportion of residents with difficulty speaking English (20.4%) compared to Fort Bend County (13.0%), Wharton County (8.7%), and the state of Texas (14.1%). In Harris County, over a quarter of residents (27.7%) in zip code 77083 and 31.7% of residents in zip code 77099 have difficulty speaking English. Within MH Sugar Land's top zip codes for inpatient discharges (77469 and 77471), approximately 12-14% of community members have difficulty speaking English.

## Social and Economic Determinants of Health

This section explores the economic, environmental, and social determinants of health in MH Sugar Land's service area. Social determinants are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life.

#### Income

Median household income reflects the relative affluence and prosperity of an area. Areas with higher median household incomes are likely to have a greater share of educated residents and lower unemployment rates.

Figure 15 compares the median household income values for all three counties in MH Sugar Land's service area to the median household income value for Texas and the U.S. Fort Bend County's median household income of \$93,645 is greater than that of Harris County (\$57,791)



and Wharton County (\$50,145). Harris County's median household income is similar to the state and national values.

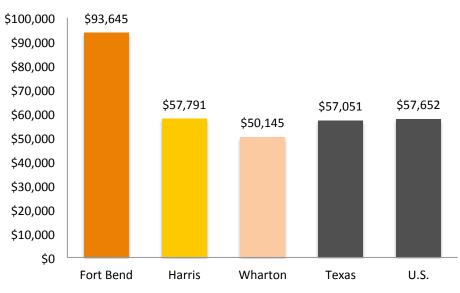


Figure 15. Median Household Income

As shown in Table 8, MH Sugar Land's top zip codes for inpatient discharges reveal a broad range in median household income. At \$49,923, zip code 77471 has a median household income lower than the state of Texas, whereas zip code 77479 has a median household income of \$135,952, which is more than double the state value.

Table 8. Median Household Income by Zip Code

ZIP Code	County	Median Household
		Income
77469	Fort Bend	\$82,214
77471	Fort Bend	\$49,923
77479	Fort Bend	\$135,952
77406	Fort Bend	\$114,696
77488	Wharton	\$45,027
77407	Fort Bend	\$96,947
77459	Fort Bend	\$112,161
77498	Fort Bend	\$80,307
77461	Fort Bend	\$69,621
77437	Wharton	\$50,465
77083	Harris	\$54,786
77477	Fort Bend	\$58,524
77489	Fort Bend	\$66,124
77478	Fort Bend	\$91,431
77435	Wharton	\$55,284
77099	Harris	\$38,878
Fort Bend		\$93,645
Harris		\$57,791



ZIP Code	County	Median Household	
		Income	
Wharton		\$50,145	
Texas		\$57,051	

American Community Survey, 2013-2017

#### **Poverty**

Federal poverty thresholds are set every year by the Census Bureau and vary by size of family and ages of family members. A high poverty rate is both a cause and a consequence of poor economic conditions.

Figure 16 shows the proportion of residents living below the poverty level in Fort Bend, Harris, and Wharton counties compared to the state of Texas and the U.S. The proportions of residents living below the poverty level in Harris County (16.8%) and Wharton County (17.5%) are higher than both the national value (14.6%) and the state value (16.0%). In Fort Bend County, 8.1% of residents live below the poverty value, which is lower than the national value and less than half the values for Harris and Wharton counties.

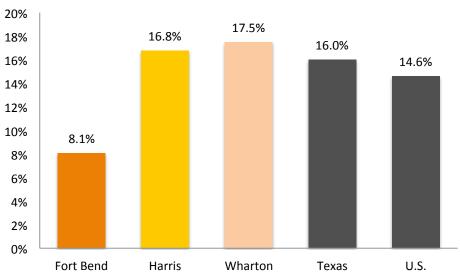


Figure 16. People Living Below Poverty Level

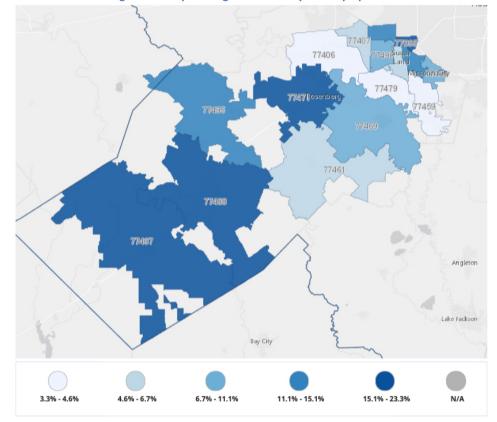
Figure 17 shows the proportion of residents living below the poverty level by race/ethnicity. In Fort Bend County, 14.8% of residents identifying as Hispanic or Latino live below the poverty level, compared to 3.8% White, 5.9% Asian and 9.4% Black or African American residents. For all race/ethnicity groups in Fort Bend County, the percentage of residents living below the poverty level is nevertheless lower than the values for Harris County, Wharton County, Texas and the U.S. In Harris County, 22.6% of Hispanic or Latino residents and 21.8% of Black or African American residents live below the poverty level, compared to 7% White and 11.4% Asian residents. The percentage of Black and Asian residents living below the poverty level in Harris County is higher than the state values for Black and Asian residents. In Wharton County, 42.1% of Asian residents and 37.2% of Black or African American residents live below the poverty level, proportions substantially higher than the state and the U.S values.



42.1% 45.0% 37.2% 40.0% 35.0% 30.0% 25.2% 23.0% 22.6% 22.2% 25.0% 21.8% 21.4% 22.2% 20.0% 14.8% 15.0% 11.4% 10.6% 11.9% 8.8% 10.3% 9.4% 10.0% 7.0% 7.2% 5.9% 3.8% 5.0% 0.0% White, non-Hispanic Black or African American Hispanic or Latino Asian ■ Fort Bend ■ Harris ■ Wharton ■ Texas ■ U.S.

Figure 17. People Living Below Poverty Level by Race/Ethnicity







Poverty rates are over twice as high in Harris County (16.8%) and Wharton County (17.5%) compared to Fort Bend County (8.1%) (Table 9.) As shown in

Figure 18 and Table 9, within MH Sugar Land's service area, 19.6% of residents in zip code 77488 and 23.3% of residents in zip code 77099 are living below the poverty level, which is higher than the proportions for all three counties in the service area, as well as the state value.

**Table 9. People Living Below Poverty Level by Zip Code** 

ZIP Code	County	People Living Below	
		Poverty Level	
77469	Fort Bend	9.0%	
77471	Fort Bend	17.5%	
77479	Fort Bend	4.6%	
77406	Fort Bend	3.9%	
77488	Wharton	19.6%	
77407	Fort Bend	6.4%	
77459	Fort Bend	3.3%	
77498	Fort Bend	11.1%	
77461	Fort Bend	5.7%	
77437	Wharton	18.8%	
77083	Harris	14.9%	
77477	Fort Bend	15.1%	
77489	Fort Bend	9.6%	
77478	Fort Bend	6.7%	
77435	Wharton	14.7%	
77099	Harris	23.3%	
Fort Bend		8.1%	
Harris		16.8%	
Wharton		17.5%	
Texas		16.0%	

American Community Survey, 2013-2017

#### Food Insecurity

The Supplemental Nutrition Assistance Program (SNAP) is a federal assistance program that provides low-income families with electronic benefit transfers (EBTs) that can be used to purchase food. The goal of the program is to increase food security and reduce hunger by increasing access to nutritious food.

Table 10 shows the percent of households with children that participate in SNAP in the zip codes within MH Sugar Land's service area. Both Fort Bend and Harris counties have higher proportions of households with children receiving SNAP compared to the state of Texas (64.3%). The average value for Fort Bend County (73.5%) is higher overall compared to Harris County (67.7%) and Wharton County (61.3%). This is also illustrated for MH Sugar Land's top zip codes for inpatient discharges; zip codes 77469, 77471, 77406, 77407, 77459, 77498, and 77461 (all within Fort Bend County) all have proportions higher than 68%. In particular, zip code 77471 has almost 85% of households with children receiving SNAP.



Table 10. Households with Children Receiving SNAP by Zip Code

ZIP Code	County	Households with
		Children Receiving SNAP
77469	Fort Bend	68.8%
77471	Fort Bend	84.2%
77479	Fort Bend	55.5%
77406	Fort Bend	69.2%
77488	Wharton	58.0%
77407	Fort Bend	73.5%
77459	Fort Bend	69.0%
77498	Fort Bend	76.7%
77461	Fort Bend	70.9%
77437	Wharton	65.8%
77083	Harris	71.0%
77477	Fort Bend	76.1%
77489	Fort Bend	71.0%
77478	Fort Bend	58.6%
77435	Wharton	43.2%
77099	Harris	63.6%
Fort Bend		73.5%
Harris		67.7%
Wharton		61.3%
Texas		64.3%

American Community Survey, 2013-2017

#### Unemployment

The unemployment rate is a key indicator of the local economy. Unemployment occurs when local businesses are not able to supply enough appropriate jobs for local employees and/or when the labor force is not able to supply appropriate skills to employers. A high rate of unemployment has personal and societal effects. During periods of unemployment, individuals are likely to feel severe economic strain and mental stress. Unemployment is also related to access to health care, as many individuals receive health insurance through their employer. A high unemployment rate places strain on financial support systems, as unemployed persons qualify for unemployment benefits and food stamp programs.

Figure 19 displays the rate of unemployment in Fort Bend, Harris and Wharton counties between May 2017 and November 2018. In all three counties, the unemployment rate has exhibited a decrease. In November 2018, the Fort Bend County rate (3.5%) was equivalent to the state and national rate. However, the unemployment rate in Harris County (3.8%) remains higher than Texas and the U.S. Wharton County is the only county in the service area with a lower rate (3.3%) than the state and national values.



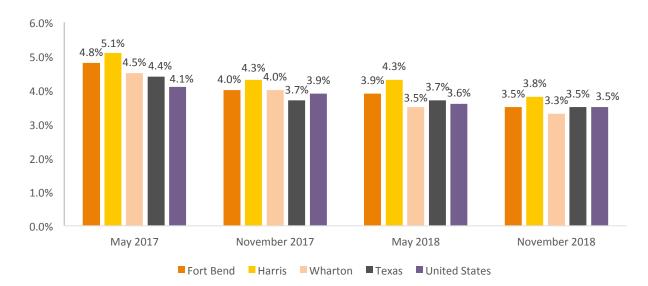


Figure 19. Unemployment Rate per County (U.S. Bureau of Labor Statistics, 2017-2018)

## Education

Graduating from high school is an important personal achievement and is essential for an individual's social and economic advancement. Graduation rates can also be an important indicator of the performance of an educational system. Having a bachelor's degree opens up career opportunities in a variety of fields and is often a prerequisite for higher-paying jobs.

Figure 20 displays the proportion of residents in Fort Bend, Harris and Wharton counties who are 25 years and older with at least a high school degree. Nearly 90% of residents 25 years and older in Fort Bend County have at least a high school degree compared to 80.5% in Harris County and 78.9% in Wharton County. The values for Harris and Wharton counties are lower than the U.S. (87.3%) and Texas (82.8%) while Fort Bend County's value is higher than both the U.S. and Texas.

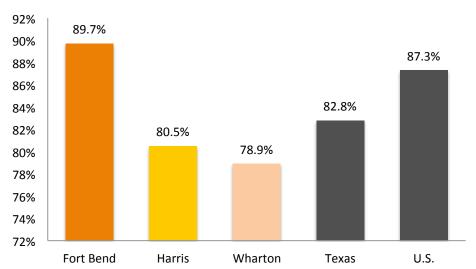


Figure 20. People 25+ with a High School Degree or Higher



Figure 21 shows the proportion of residents in Fort Bend, Harris and Wharton counties who are 25 years and older with a bachelor's degree or higher. With nearly 46% of residents 25 and older having a bachelor's degree in Fort Bend, this county has an economic advantage compared to Harris County, Wharton County, Texas, and the U.S. The proportion of residents 25 and older with a bachelor's degree in Harris County (30.5%) is somewhat better than the rate in Texas (28.7%), and similar to the rate for the entire United States (30.9%). On the other hand, the rate for Wharton County (15%) is about half the state and national rates.

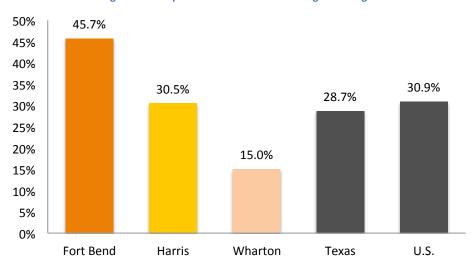


Figure 21. People 25+ with a Bachelor's Degree or Higher

Table 11 displays the educational attainment indicators for residents 25 years and older by zip code in MH Sugar Land's service area. For high school degree attainment, the zip code with the highest rate is 77459 (95.4%) and the zip code with the lowest rate is 77099 (71%). For attainment of a bachelor's degree, the zip code with the highest rate is 77479 (66.1%) and the zip code with the lowest rate is 77488 (13.8%). The zip codes with highest proportions of MH Sugar Land inpatient discharges, zip codes 77469 and 77471, have over 75% of people 25 years and older with a high school degree. In zip code 77471, only 16.8% of residents 25 years and older have a bachelor's degree or higher.

Table 11, People 25+ with a High School Degree and People 25+ with a Bachelor's Degree by Zip Code

ZIP Code	County	High School Degree or	Bachelor's Degree or	
		Higher	Higher	
77469	Fort Bend	84.2%	31.8%	
77471	Fort Bend	75.5%	16.8%	
77479	Fort Bend	95.1%	66.1%	
77406	Fort Bend	94.1%	44.1%	
77488	Wharton	78.2%	13.8%	
77407	Fort Bend	93.7%	48.7%	
77459	Fort Bend	95.4%	57.3%	
77498	Fort Bend	87.1%	39.7%	
77461	Fort Bend	78.9%	17.4%	
77437	Wharton	76.8%	14.6%	



ZIP Code	County	High School Degree or Higher	Bachelor's Degree or Higher
77083	Harris	80.1%	25.2%
77477	Fort Bend	83.7%	34.7%
77489	Fort Bend	89.2%	28.9%
77478	Fort Bend	91.9%	54.6%
77435	Wharton	80.0%	25.7%
77099	Harris	71.0%	15.8%
Fort Bend		89.7%	45.7%
Harris		80.5%	30.5%
Wharton		78.9%	15.0%
Texas		82.8%	28.7%

American Community Survey, 2013-2017

# **Transportation**

There are numerous ways in which transportation may influence community health. Public transportation offers mobility, particularly to people without cars. Transit can help bridge the spatial divide between people and jobs, services, and training opportunities. Public transportation also reduces fuel consumption, minimizes air pollution, and relieves traffic congestion. Walking to work helps protect the environment, while also providing the benefit of daily exercise.

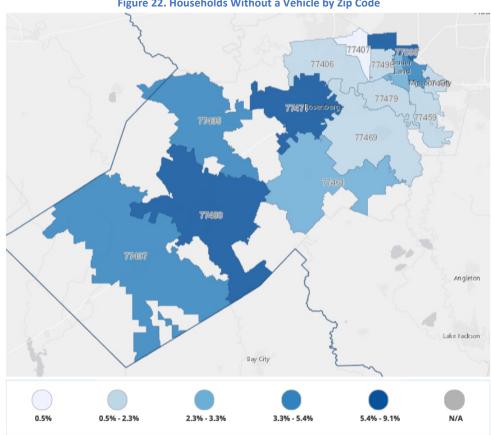


Figure 22. Households Without a Vehicle by Zip Code

Figure 22 shows the percentage of households without a vehicle within MH Sugar Land's service area. As shown, zip codes 77488, 77471, 77099, and 77083 have the greatest proportions of households that do not have a vehicle.

Table 12. Modes of Commuting by Zip Code

ZIP Code	County	Commute	Commute	Commute	Commute by
		by Walking	by Biking	by Driving	Public
				Alone	Transportation
77469	Fort Bend	1.7%	0.0%	81.3%	0.5%
77471	Fort Bend	1.1%	0.4%	85.6%	0.2%
77479	Fort Bend	0.6%	0.0%	80.1%	2.4%
77406	Fort Bend	0.3%	0.0%	82.6%	0.9%
77488	Wharton	0.2%	0.2%	85.2%	0.0%
77407	Fort Bend	0.3%	0.0%	79.9%	1.5%
77459	Fort Bend	0.3%	0.1%	83.5%	1.3%
77498	Fort Bend	0.3%	0.5%	81.7%	1.3%
77461	Fort Bend	0.7%	0.1%	82.4%	0.1%
77437	Wharton	0.3%	0.0%	82.4%	0.1%
77083	Harris	0.4%	0.3%	82.3%	1.7%
77477	Fort Bend	0.7%	0.1%	83.7%	1.6%
77489	Fort Bend	0.4%	0.0%	86.8%	1.2%
77478	Fort Bend	1.2%	0.1%	79.3%	2.5%
77435	Wharton	0.9%	0.0%	86.1%	0.0%
77099	Harris	1.5%	0.0%	76.8%	4.0%
Fort Bend		0.5%	0.1%	82.0%	1.6%
Harris		1.5%	0.3%	79.3%	2.7%
Wharton		0.5%	0.1%	84.4%	0.4%
Texas		1.6%	0.3%	80.5%	1.5%

American Community Survey, 2013-2017

Table 12 displays the different modes of commuting used by residents of Fort Bend, Harris and Wharton counties. In Fort Bend and Wharton counties, less than 1% of the population commutes by walking or biking. In Harris County, slightly more residents commute by walking (1.5%) and biking (0.3%). In all three counties, the majority of residents commute by driving alone: 82% in Fort Bend County, 79.3% in Harris County, and 84.4% in Wharton County, which is similar to the state value (80.5%).

Public transportation is used by Harris County residents (2.7%) more so than Fort Bend residents (1.6%) and Wharton residents (0.4%), perhaps indicative of differences in public transportation infrastructure. In Harris County, 4% of residents living in zip code 77099 commute by public transportation. Considering the top ten zip codes for inpatient discharges within MH Sugar Land's service area, zip codes 77479, 77407, 77459, and 77498 have the highest proportions of residents commuting by public transportation.



#### SocioNeeds Index®

Conduent Healthy Communities Institute developed the SocioNeeds Index® to easily compare multiple socioeconomic factors across geographies. This index incorporates estimates for six different social and economic determinants of health – income, poverty, unemployment, occupation, educational attainment, and linguistic barriers – that are associated with poor health outcomes including preventable hospitalizations and premature death.

Zip codes within each county are assigned an index value from 0 (low need) to 100 (high need), based on how those zip codes compare to others in the U.S. Within each county, the zip codes are then ranked from 1 (low need) to 5 (high need) to identify the relative level of need. Zip codes with populations under 300 persons are excluded.

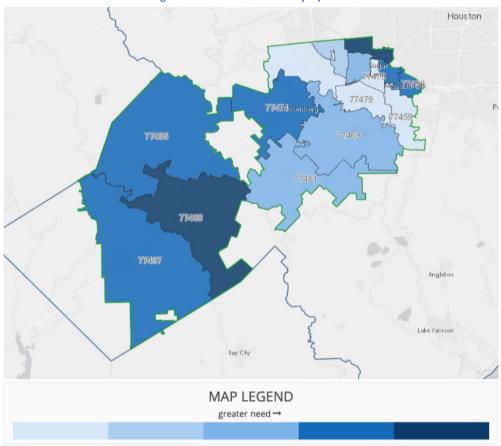


Figure 23. SocioNeeds Index by Zip Code

As show in Figure 23 and Table 13, the zip codes within MH Sugar Land's service area that have the highest SocioNeeds Index values are mostly within Harris and Wharton counties (with the exception of zip code 77471 in Fort Bend County). Zip codes 77099, 77488, 77083, 77437, 77471, and 77435 all have values greater than 70. The zip codes with largest proportion of inpatient discharges at MH Sugar Land, zip codes 77469 and 77471, have SocioNeeds Index values of 36.2 and 72.1, respectively.



Table 13. SocioNeeds Index by Zip Code (In Order of SocioNeeds Index Value)

ZIP Code	County	SocioNeeds Index Value
77099	Harris	95.3
77488	Wharton	89.7
77083	Harris	80.4
77437	Wharton	74.5
77471	Fort Bend	72.1
77435	Wharton	70.1
77489	Fort Bend	60.8
77477	Fort Bend	60.4
77461	Fort Bend	45.6
77498	Fort Bend	38.1
77469	Fort Bend	36.2
77407	Fort Bend	22.3
77459	Fort Bend	9.3
77478	Fort Bend	9.1
77406	Fort Bend	5.5
77479	Fort Bend	3.1

Conduent SocioNeeds Index, 2019



# Data Synthesis

All forms of data have their own strengths and limitations. To gain a comprehensive understanding of the significant health needs for Memorial Hermann Health System, the findings from both the primary data and the secondary data were compared and studied together. The secondary data, key informant interviews and community survey were treated as three separate sources of data.

The secondary data were analyzed using data scoring, which identified health areas of need based on the values of indicators for each topic area (Appendix B). Table 14, Table 15 and Table 16 display the data scores for Health and Quality of Life Topics for Fort Bend, Harris and Wharton counties.

**Table 14. Fort Bend County Topic Scores** 

Topic	Score
Transportation	1.83
Immunizations & Infectious Diseases	1.47
Exercise, Nutrition, & Weight	1.45
Other Chronic Diseases	1.44
Public Safety	1.37
Heart Disease & Stroke	1.32
Environment	1.27
Substance Abuse	1.24
Maternal, Fetal & Infant Health	1.23
Older Adults & Aging	1.19
Access to Health Services	1.18
Children's Health	1.15
Social Environment	1.03
Mental Health & Mental Disorders	0.95
Economy	0.91
Education	0.83
Prevention & Safety	0.78
Men's Health	0.75
Women's Health	0.71
Wellness & Lifestyle	0.68
Respiratory Diseases	0.63
Mortality Data	0.61
Cancer	0.53

**Table 15. Harris County Topic Scores** 

Topic	Score
Transportation	1.82
Women's Health	1.81
Immunizations & Infectious Diseases	1.78
Other Chronic Diseases	1.78
Public Safety	1.65



Topic	Score
Maternal, Fetal & Infant Health	1.64
Prevention & Safety	1.58
Social Environment	1.58
Education	1.56
Economy	1.55
Heart Disease & Stroke	1.54
Children's Health	1.52
Older Adults & Aging	1.50
Access to Health Services	1.48
Exercise, Nutrition, & Weight	1.48
Wellness & Lifestyle	1.42
Men's Health	1.38
Diabetes	1.34
Environment	1.34
Substance Abuse	1.33
Cancer	1.31
Mortality Data	1.29
Mental Health & Mental Disorders	1.26
Respiratory Diseases	0.99

**Table 16. Wharton County Topic Scores** 

Topic	Score
Heart Disease & Stroke	2.22
Maternal, Fetal & Infant Health	2.17
Access to Health Services	1.96
Women's Health	1.92
Children's Health	1.83
Older Adults & Aging	1.82
Wellness & Lifestyle	1.81
Education	1.68
Transportation	1.66
Other Chronic Diseases	1.65
Social Environment	1.65
Mortality Data	1.60
Mental Health & Mental Disorders	1.57
Public Safety	1.57
Exercise, Nutrition, & Weight	1.56
Economy	1.54
Cancer	1.35
Environment	1.35
Immunizations & Infectious Diseases	1.33
Prevention & Safety	1.27
Respiratory Diseases	1.08
Men's Health	1.01
Substance Abuse	0.79



This methodology was applied to each of the 12 counties within Memorial Hermann Health System's primary service area and then data scores calculated for the region in order to determine significant health needs across the system. Table 17 lists the resulting data scores for Health & Quality of Life Topics.

**Table 17. Memorial Hermann Region Topic Scores** 

Topic	Score
Transportation	1.84
Heart Disease & Stroke	1.82
Access to Health Services	1.79
Older Adults & Aging	1.60
Exercise, Nutrition, & Weight	1.56
Other Chronic Diseases	1.52
Mental Health & Mental Disorders	1.50
Children's Health	1.47
Immunizations & Infectious Diseases	1.43
Education	1.43
Women's Health	1.42
Social Environment	1.42
Wellness & Lifestyle	1.41
Maternal, Fetal & Infant Health	1.41
Respiratory Diseases	1.41
Economy	1.41
Environment	1.40
Public Safety	1.36
Cancer	1.31
Prevention & Safety	1.26
Substance Abuse	1.23
Men's Health	1.21

The analysis of key informant interviews occurred using the qualitative software: Dedoose<sup>1</sup>. For the community survey, HCI performed a simple review and analysis to identify top health needs. Overall, each method produced individual results that represent the community input in this report. This consolidated input leads to the prioritized heath needs in this report. This triangulated approach is shown in Figure 24.



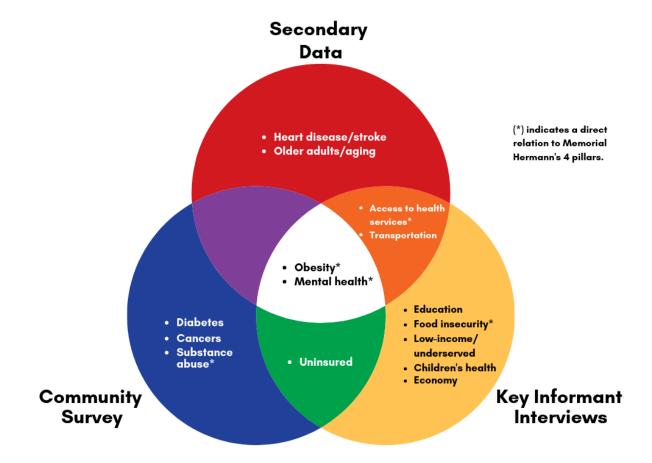
Figure 24. Visual of Data Synthesis Approach



The team used the triangulated approach to identify significant health needs for Memorial Hermann Health System. Figure 25 displays the results of this synthesis. For many of the health topics evidence of need was present across multiple data sources, including Obesity, Mental Health, Access to Health Services, Transportation, and Uninsured. For other health topics the evidence was present in just one source of data, however it should be noted that this may be reflective of the strength and limitations of each type of data that was considered in this process.



Figure 25. Data Synthesis Results





# Prioritized Significant Health Needs

#### **Prioritization Results**

Upon completion of the online prioritization survey, four health areas were identified for subsequent implementation planning by Memorial Hermann Health System. These four health priorities are: Access to Care, Emotional Well-Being, Food as Health, and Exercise Is Medicine.

The following section will dive deeper into each of these health topics in order to understand how findings from the secondary and primary data led to each health topic becoming a priority health issue for Memorial Hermann Health System. For each prioritized health need, key issues are summarized; secondary data scores are noted for indicators of concern; and community input is described.

#### Secondary Data Scoring Methodology

For each indicator, each county in MH Sugar Land's service area was assigned a score based on its comparison to other communities, whether health targets have been met, and the trend of the indicator value over time. These comparison scores range from 0-3, where 0 indicates the best outcome and 3 the worst. Availability of each type of comparison varied by indicator and was dependent upon the data source, comparability with data collected for other communities, and changes in methodology over time. Please see Appendix B for further information on HCl Data Scoring methodology.

## Access to Healthcare

#### **Key Issues:**

- Range of barriers, including transportation, access to specialty care, lack of awareness, and fear or stigma
- Lack of health insurance
- Low income and vulnerable groups

#### Secondary Data

Access to Health Services, Lack of Insurance and Low-Income/Underserved were identified as significant needs for Memorial Hermann Health System. Moreover, Access to Health Services was the third highest-ranking topic in the secondary data scoring results for Wharton County. As shown in Table 18, there are several indicators related to Access to Health Services with data scores equal to or greater than 1.75; Wharton County having a greater number of concerning indicators overall compared to Fort Bend and Harris counties.

In Fort Bend County, Mental Health Provider Rate is an indicator of concern with 59.8 providers per 100,000 population, compared to the Texas value of 98.8 and U.S. value of 214.3. In Harris County, indicators of concern include: Adults Unable to Afford to See a Doctor, Adults with Health Insurance, Children with Health Insurance, and Persons with Health Insurance. In Wharton County, concerning indicators include: Adults with Health Insurance, Children with Health Insurance, Mental Health Provider Rate, Non-Physician Primary Care Provider Rate, Persons with Health Insurance, and Primary Care Provider Rate.



**Table 18. Secondary Data Scoring Results: Access to Health Services** 

	10016 10. 3	Able 18. Secondary Data Scoring Results: Access to Health Services  County  County Value Compared to:						
	Data TX TX US						HP	Trend
Indicator	Name	Value	Score	Counties	Value	Value	2020 Target	Over Time
	Fort							
	Bend							
Adults Unable to Afford to See a Doctor	Harris	22.10	2	1.5	3	3	1.5	1.5
[10] (2015)		percent	_	1.0			2.0	1.0
	Wharton							
[10] Texas Behavioral Ris	k Factor Sur	veillance System	ī					
	Fort	85.4	0.92	0	0	1.5	3	0
Adults with Health	Bend	percent						
Insurance: <b>18-64</b> [9]	Harris	74.7	1.75	2	2	1.5	3	0
(2016)		percent 74.2						
	Wharton	percent	1.75	2	2	1.5	1.5	0
[9] Small Area Health Insu	urance Estim	-	<u>I</u>					
	Fort 93.30 Bend percent	93.30	0.97	0	1	1 5	2	0
		percent	0.97	Ü	1	1.5	2	0
Children with Health	89.40 Harris 1.8	1.81	1	2	1.5	3	1	
Insurance [9] (2016)		percent	1.01					
	Wharton	87.70	1.97	2	2	1.5	1.5	1
[9] Small Area Health Insi	ırance Estim	percent						
[5] 6		51.8						
	Fort Bend	dentists/ 100,000 population	1.17	0	2	3	1.5	0
Dentist Rate [4] (2016)	Harris	66.3	0.5	0	0	2	1.5	0
Dentist Nate [4] (2010)	Hallis	dentists/ 100,000 population	0.5		J		1.5	U
		45.5						
	Wharton	dentists/ 100,000 population	1.56	0	3	3	3	1
[4] County Health Rankin	gs		ı					
	Fort	59.8	2.11	1	3	3	1.5	2
Mental Health Provider Rate [4]	Bend	providers/ 100,000 population	2.11	1	3	3	1.5	2
(2017)	Harris	103.7	1.44	0	1	3	1.5	2
	1101115	providers/ 100,000 population	1.74		1	3	1.5	

	Wharton	33.5 providers/ 100,000 population	2.44	2	3	3	3	2			
[4] County Health Rankin	[4] County Health Rankings										
	Fort Bend	52.2 providers/ 100,000 population	1.67	1	3	3	1.5	0			
Non-Physician Primary Care Provider Rate [4] (2017)	Harris	72.2 providers/ 100,000 population	1	0	1	3	1.5	0			
	Wharton	50.3 providers/ 100,000 population	1.89	1	3	3	3	1			
[4] County Health Rankin	gs										
	Fort Bend	88.00 percent	1.08	0	1	1.5	3	0			
Persons with Health Insurance [9] (2016)	Harris	79.30 percent	1.75	2	2	1.5	3	0			
	Wharton	78.50 percent	1.75	2	2	1.5	1.5	0			
[9] Small Area Health Insu	urance Estim	nates									
	Fort Bend	80.3 providers/ 100,000 population	0.33	0	0	1	1.5	0			
Primary Care Provider Rate [4] (2015)	Harris	57.2 providers/ 100,000 population	1.61	0	2	3	1.5	2			
	Wharton	41 providers/ 100,000 population	2.33	1	3	3	3	3			
[4] County Health Rankin	gs										

When considering Access to Health Services, it is important to take into account the economy and how financial barriers impact community residents' ability to access care. As shown in Table 19, there are several economic indicators with data scores greater than 2 in Fort Bend, Harris and Wharton counties.

In Fort Bend County, indicators of concern include: Median Household Gross Rent, Median Monthly Owner Costs for Households without a Mortgage, and Mortgaged Owners Median Monthly Household Costs. The Median Household Gross Rent in Fort Bend County is \$1,252 compared to \$911 in Texas and \$949 in the U.S. Moreover, this indicator is exhibiting a negative trend over time. Similarly, the Median Monthly Owner Costs for Households without a Mortgage is higher in Fort Bend County (\$712) than Texas (\$467) and the U.S. (\$462).



Wharton County has five concerning indicators: Child Food Insecurity Rate, Children Living Below Poverty Level, Families Living Below Poverty Level, People 65+ Living Below Poverty Level, and Students Eligible for the Free Lunch Program. Almost one quarter of children in Wharton County are food insecure. Over 28% of children and 14.5% of people 65 years and older are living below the poverty level in Wharton County. And almost 60% of students are eligible for the free lunch program.

Compared to Fort Bend and Wharton counties, Harris County has a broader range of economic indicators of concern, including: Homeownership, Severe Housing Problems, Students Eligible for the Free Lunch Program, Median Monthly Owner Costs for Households without a Mortgage, SNAP Certified Stores, Median Household Gross Rent, Families Living Below Poverty Level, and Food Insecurity Rate. Less than 50% of Harris County residents own a home. Over 20% of residents in Harris County have severe housing problems. And more than 58% of students are eligible for the free lunch program compared to the national value of 42.6%. In Harris County, there are over 14% of families living below the poverty level compared to 13% in Texas and 11% in the U.S.

**Table 19. Secondary Data Scoring Results: Economy** 

		County		County Value Compared to:				
Indicator	Name	Value	Data Score	TX Counties	TX Value	US Value	HP 2020 Target	Trend Over Time
	Fort Bend	19.1 percent	0.67	0	0	2	1.5	0
Child Food Insecurity Rate [5] (2016)	Harris	23.5 percent	1.67	1	2	3	1.5	0
	Wharton	24.1 percent	2.06	2	2	3	3	1
[5] Feeding America								
	Fort Bend	11.2 percent	0.39	0	0	0	1.5	1
Children Living Below Poverty Level [1] (2012-2016)	Harris	26.0 percent	1.67	2	2	3	1.5	0
,	Wharton	28.6 percent	2.28	2	3	3	3	2
[1] American Community	Survey							
Families Living Below	Fort Bend	6.4 percent	0.39	0	0	0	1.5	1
Poverty Level [1] (2012-2016)	Harris	14.4 percent	2.06	2	3	3	1.5	1

	Wharton	14.4 percent	2.06	2	3	3	3	1	
[1] American Community	[1] American Community Survey								
	Fort Bend	59.3 percent	1.17	0	1	1	1.5	3	
Female Population 16+ in Civilian Labor Force [1] (2012-2016)	Harris	59.8 percent	0.94	0	1	1	1.5	2	
	Wharton	53.0 percent	1.78	1	2	2	2	2	
[1] American Community	Survey								
	Fort Bend	14.8 percent	1.56	1	1	3	1.5	1	
Food Insecurity Rate [5] (2016)	Harris	16.6 percent	2.06	2	2	3	1.5	1	
	Wharton	15.3 percent	1.72	2	1	3	3	1	
[5] Feeding America									
	Fort Bend	74.4 percent	0.39	0	0	0	1.5	1	
Homeownership [1] (2012-2016)	Harris	49.6 percent	2.44	3	2	3	1.5	2	
	Wharton	58.4 percent	1.22	1	1	1	1	1	
[1] American Community	Survey								
	Fort Bend	1252 dollars	2.58	3	3	3	1.5	3	
Median Household Gross Rent [1] (2012- 2016)	Harris	937 dollars	2.08	3	2	1	1.5	3	
,	Wharton	699 dollars	1.03	1	0	0	0	2	
[1] American Community	Survey								
	Fort Bend	91152 dollars	0.17	0	0	0	1.5	0	
Median Household Income [1] (2012- 2016)	Harris	55584 dollars	0.5	0	1	1	1.5	0	
2010)	Wharton	46445 dollars	1.67	2	3	3	3	0	
[1] American Community	Survey								
Median Housing Unit	Fort	217600	0.42	0	0	0	1.5	0	



Value [1] (2012-2016)	Bend	dollars						
	Harris	145600	1.08	0	1	3	1.5	0
	1101113	dollars	2.00		-		2.0	
	Wharton	107000 dollars	1.58	1	3	3	3	0
[1] American Community	/ Survey		1				•	
Median Monthly	Fort Bend	712 dollars	2.36	3	3	3	1.5	2
Owner Costs for Households without a Mortgage [1] (2012-	Harris	534 dollars	2.14	3	3	3	1.5	1
2016)	Wharton	416 dollars	1.14	2	0	1	1	1
[1] American Community	/ Survey							
Mortgaged Owners	Fort Bend	1884 dollars	2.25	3	3	3	1.5	1.5
Median Monthly Household Costs [1]	Harris	1504 dollars	1.81	3	2	2	1.5	1
(2012-2016)	Wharton	1204 dollars	1.19	2	0	0	0	2
[1] American Community	Survey							
	Fort Bend	6.9 percent	0.39	0	0	0	1.5	1
People 65+ Living Below Poverty Level [1] (2012-2016)	Harris	11.3 percent	1.89	2	2	3	1.5	1
	Wharton	14.5 percent	2.39	3	3	3	3	1
[1] American Community	/ Survey							
	Fort Bend	79.4 percent	0.17	0	0	0	1.5	0
People Living 200% Above Poverty Level [1] (2012-2016)	Harris	61.6 percent	1.33	1	2	2	1.5	0
[1] (2012 2010)	Wharton	57.2 percent	1.89	2	2	3	3	1
[1] American Community	/ Survey							
People Living Below	Fort Bend	8.2 percent	0.39	0	0	0	1.5	1
Poverty Level [1] (2012-2016)	Harris	17.4 percent	1.67	2	2	3	1.5	0



	Wharton	17.7 percent	1.89	2	2	3	3	1		
[1] American Community Survey										
	Fort Bend	37134 dollars	0.17	0	0	0	1.5	0		
Per Capita Income [1] (2012-2016)	Harris	29850 dollars	0.5	0	1	1	1.5	0		
	Wharton	23245 dollars	1.83	2	3	3	3	0		
[1] American Community	Survey									
	Fort Bend	15.6 percent	0.75	0	0	0	1.5	1.5		
Persons with Disability Living in Poverty (5- year) [1] (2012-2016)	Harris	25.4 percent	1.42	1	2	1	1.5	1.5		
<b>you. /</b> [1] (2012 2010)	Wharton	27.3 percent	1.58	2	2	1	1	1.5		
[1] American Community	Survey									
	Fort Bend	14.8 percent	1.06	2	0	0	1.5	1		
Severe Housing Problems [4] (2010- 2014)	Harris	20.9 percent	2.39	3	3	3	1.5	1		
,	Wharton	15.3 percent	1.17	2	0	0	0	1.5		
[4] County Health Rankin	gs									
	Fort Bend	0.4 stores/ 1,000 population	1.89	3	1.5	1.5	1.5	1		
SNAP Certified Stores [17] (2016)	Harris	0.6 stores/ 1,000 population	2.11	3	1.5	1.5	1.5	2		
	Wharton	0.9 stores/ 1,000 population	1.22	1	1.5	1.5	1.5	1		
[17] U.S. Department of A	Agriculture -		5							
Students Eligible for	Fort Bend	26.7 percent	0.17	0	0	0	1.5	0		
the Free Lunch Program [8] (2015- 2016)	Harris	58.2 percent	2.22	2	3	3	1.5	1		
, 	Wharton	59.4 percent	2.5	3	3	3	3	1.5		



[8] National Center for Education Statistics									
Total Employment Change [16] (2014- 2015)	Fort Bend	6.2 percent	0.5	0	0	0	1.5	1.5	
	Harris	2.4 percent	1.67	1	3	2	1.5	1.5	
	Wharton	1.7 percent	1.83	1	3	3	3	1.5	
[16] U.S. Census - County	Business Pa	tterns							
	Fort Bend	4.1 percent	1.78	2	2	1	1.5	2	
Unemployed Workers in Civilian Labor Force [15] (July 2018)	Harris	4.4 percent	1.94	2	2	2	1.5	2	
(-5) (-5)	Wharton	4.0 percent	1.44	2	1	1	1	2	
[15] U.S. Bureau of Labor Statistics									

### Primary Data

During the key informant interview process, Access to Health Services was discussed over 160 times and was raised by participants almost 50 times in relation to barriers or challenges to achieving health in the community. The primary themes related to barriers or challenges were limitations to procuring specialty care services, transportation to services and hours of operation. In addition to the primary themes, two additional barriers or challenges stood out as key factors impacting access to health care services, lack of knowledge and stigma or fear preventing people from seeking care.

The issue that interview participants were most concerned with was patients being able to access follow up care with specialty care providers. Multiple participants raised concerns that even if patients are able to access preventative or primary care services, they may not be able to access the appropriate follow up care with a specialty care provider. Some participants raised this concern in context of patients not living near a specialist and others raised in context of patients not being able to afford the cost of follow up care. A concern brought up by a few participants, that for serious chronic conditions, patients would ultimately end up seeking care from emergency services instead.

"Wharton has been pretty underserved as far as medical resources."

Another common concern raised by interview participants was transportation to services and hours of operation of services limiting patients' access to care. Participants described how these factors determine whether patients decide to take off from work and seek services in the first place. A few participants described the many services and resources that are available to the community but that many may not be aware how they can access or benefit from them. One participant described resources being concentrated in certain geographic areas and more



remote locations not being well connected or knowledgeable about how they may also benefit from these resources. Participants described the potential for more collaboration and partnership to connect communities to one another.

"... People need the services, and even though there's a lot of advertising in multiple methods for people to get the services, for some reason, those connections are not made."

Several participants described a down-turn in people seeking preventative care service and hypothesized that one of the factors may be related to the immigrant community in the region experiencing fear or stigma related to having to show identification or proof of citizenship.

There were almost 80 references to the uninsured population in the key informant interviews and lack of health insurance was raised as a barrier or challenge to achieving health in the community 19 times. Lack of health insurance was most often brought up in context of patients having limited financial resources and a factor to not accessing health care services. Participants discussed patients not having the ability to pay fees for multiple appointment co-pays or not seeking care due to competing financial priorities. While health care services may be available in the community, for those who are lacking health insurance, accessing health care services is not necessarily an option. Lack of health insurance creates a particular challenge for those who require specialty care services.

"I think those are the biggest two—access, again, with the majority of our adult population being uninsured, having them try to find a provider that, again, will take sliding fee scale, or reduced rates. Once they're able to access those services, then it becomes a matter of paying for the things that are needed. The patient comes in and we diagnose them with diabetes, then comes the cost of medications, and if that patient is needing specialty care outside of the scope of primary care, access to specialists."

Participants brought up issues related to low income or groups who may be underserved in the community 115 times during the key informant interview process. Particular groups that participants felt may experience added challenges accessing health care services included the immigrant population, individuals with disabilities, families with young children, and the elderly. Several participants noted fees related to co-pays or out of pocket expenses as a barrier to patients seeking initial preventative services or ongoing treatment for chronic conditions. Participants identified several groups they felt were underserved in the community. Multiple participants discussed the unique and specific challenges with providing culturally appropriate care for a diverse and recent immigrant population in the community. Participants felt that families with young children and the elderly population are particularly vulnerable groups in the community that experience barriers and challenges accessing health care services. Specifically, participants discussed these groups experiencing high levels of poverty placing them at higher risk for poor health outcomes.



## **Emotional Well-Being**

## **Key Issues:**

- Mental health as part of overall health
- Need for more behavioral health services and providers
- Alcohol and substance abuse
- Alzheimer's and dementia.

## Secondary Data

Mental Health and Substance Abuse were identified as significant needs for Memorial Hermann Health System. As shown in Table 20, there are several indicators related to Mental Health & Mental Disorders with data scores greater than 1.75. In Fort Bend County, an indicator of concern is the Mental Health Provider Rate (with an indicator score above 2). Fort Bend County's rate of 59.8 providers per 100,000 population is approximately forty percent lower than the state's value (98.8) and less than one third of the national value (214.3). In both Harris and Wharton counties, 11.4% of the Medicare Population has Alzheimer's Disease or Dementia, which is higher than the U.S. value (9.9%). Wharton County has a couple additional concerning indicators: Age-Adjusted Death Rate due to Suicide and Mental Health Provider Rate, each with data scores above 2. With 13.8 deaths per 100,000 population, Wharton County's Age-Adjusted Death Rate due to Suicide is higher than Healthy People 2020's target (10.2), the state value (11.7) and the national value (12.5). Moreover, Wharton County has 34 mental health providers per 100,000 population, compared to 99 per 100,000 population in Texas and 214 per 100,000 in the U.S.

Table 20. Secondary Data Scoring Results: Mental Health & Mental Disorders

		County		Co	unty Val	ue Comp	pared to:	
Indicator	Name	Value	Data Score	TX Counties	TX Value	US Value	HP 2020 Target	Trend Over Time
	Fort Bend	7.3 deaths/ 100,000 population	0.94	1.5	0	0	0	2
Age-Adjusted Death Rate due to Suicide [12] (2010-2014)	Harris	10.3 deaths/ 100,000 population	0.94	1.5	0	0	2	1
	Wharton	13.8 deaths/ 100,000 population	2.17	1.5	3	3	3	1.5
[12] Texas Department of	f State Healt	h Services						
	Fort Bend	10.2 percent	1.33	1	0	2	1.5	1.5
Alzheimer's Disease or Dementia: Medicare Population [3] (2015)	Harris	11.4 percent	1.89	2	1	3	1.5	1
	Wharton	11.4 percent	1.89	2	1	3	3	1



[3] Centers for Medicare	& Medicaid	Services						
	Fort Bend	59.8 providers/ 100,000 population	2.11	1	3	3	1.5	2
Mental Health Provider Rate [4] (2017)	Harris	103.7 providers/ 100,000 population	1.44	0	1	3	1.5	2
	Wharton	33.5 providers/ 100,000 population	2.44	2	3	3	3	2
[4] County Health Ranking	gs							
	Fort Bend							
Poor Mental Health: 5+ Days [10] (2016)	Harris	80 percent	1.53	1.5	1	1.5	1.5	2
	Wharton							
[10] Texas Behavioral Risk Factor Surveillance System								

Substance Abuse is another topic of concern in Fort Bend and Harris counties. For both counties, the proportion of alcohol-impaired driving deaths is higher than the state and the U.S. There were 36% alcohol-impaired driving deaths in Fort Bend County and 37.8% in Harris County, compared to 28.3% and 29.3% in Texas and the U.S., respectively (Table 21).

**Table 21. Secondary Data Scoring Results: Substance Abuse** 

		County		Co	unty Val	ue Comp	pared to:	Trend Over Time 0 0	
Indicator	Name	Value	Data Score	TX Counties	TX Value	US Value	HP 2020 Target	Over	
	Fort Bend	36 percent	2	3	3	3	1.5	0	
Alcohol-Impaired Driving Deaths [4] (2012-2016)	Harris	37.8 percent	2.17	3	3	3	1.5	0	
. ,	Wharton	27.8 percent	1.22	2	1	1	1	1	
[4] County Health Rankings									

### Primary Data

Approximately 50% of community survey respondents cited Mental Health as one of the top issues most affecting the quality of life in their community and 52% of respondents noted Substance Abuse. In interviews with key informants, Mental Health was discussed 113 times and was raised by participants 33 times as a needs or concern for the health of the community. The primary themes related to Mental Health were treating mental health as part of overall



health, address behavioral health in school, need for behavioral health providers and services and older adults with Alzheimer's and dementia.

Some participants discussed a recent shift in care delivery and the continued need to address mental health as part of a person's total health similarly to how chronic disease is managed. One particularly vulnerable population that would benefit from a broader approach to treatment, inclusive of mental health, is the homeless population. Several participants brought up issues regarding a need for more behavioral health providers and services in the community.

"(...) I think there needs to be more work around funding for behavioral health but also funding for recruiting and training therapists and behavioral health specialists to address substance abuse, anxiety, depression and suicidality."

One participant observed recent increases and changes within the local population. From the participant's perspective, there should be more programs or services to address the growing need for addressing mental health in the community. Another participant suggested solutions for addressing the need for more behavioral health providers in the community such as expanding residency programs for psychiatrists and developing comprehensive telemedicine programs to provide services more efficiently.

Furthermore, participants recommended addressing behavioral health with younger populations in the schools. Schools that provide behavioral health services through telemedicine have been received well in the community and the perception is that they are effective. Some participants believe that these programs should be expanded and available across the community.

"There [are] the mental health units that have gone out into the schools. They're not school-based but that's the venue they will drive to with their mobile units. They have a big impact. They're seeing thousands of kids. They've done some telemedicine with mental health, behavioral health, with some of the high schools. From what I've heard, (...) it's been pretty effective and well received."

A challenge that health care providers identified for the medical community is adequately addressing dementia and Alzheimer's within the geriatric population.

"Dementia's a terminal illness. (...) Much more needs to be done with healthcare systems around routine screening and identification of it as an issue. (...) So, that is the first thing that needs to happen. Then there needs to be an understanding that there are things – there are medications that can be helpful to the systems of the dementia. (...) But you can affect it by addressing some of the symptoms."

Substance Abuse was discussed 55 times and was raised by participants 15 times as a need or concern for the health of the community. Multiple unique themes emerged from the key informant interviews related to Substance Abuse: funding for treatment programs, invisibility of alcoholism, overcoming stigma of seeking treatment, and emerging shifts in outreach models. Participants identified funding for programs and availability of services for those who may not be able to afford treatment out-of-pocket as issues the community is facing to address



substance abuse. One participant raised alcohol abuse specifically as an issue in the community that does not get the amount of attention of other substance abuse topics but may in fact be impacting a larger proportion of the population and connected to many other health issues. Multiple participants identified cultural stigma as a barrier for those who may benefit from seeking treatment. Stigma or fear may be unique and vary from population to population in the community.

"With substance abuse, it's culture and stigma. Nobody goes to substance abuse treatment on their own. They may not be adjudicated but someone is really, really pushing them, family member, boss. No one goes to treatment if they're not under duress."

A few participants described unique approaches to outreach and substance abuse treatment in the community that would support removing barriers for people having to take the first step on their own.

"For instance, it's pretty new, but there's an initiative that's called the Heroes Project that's looking at overdoses, so when an overdose happens, they're sending a team to the ER. So, it's got a peer support specialist, the EMP is involved – but they actually go in to the ER and they do an intervention there to try to help with linkage to treatment so that we can assist the patients."

#### Food as Health

#### **Key Issues:**

- Food insecurity and limited access to healthy foods
- Diabetes and heart disease linked to socioeconomic factors
- Sedentary lifestyle and driving culture

#### Secondary Data

The topics of Diabetes and Heart Disease & Stroke emerged as significant health needs. Heart Disease & Stroke rose to the top of the secondary data scoring results for Memorial Hermann Health System. Although Diabetes was not in the top results of the secondary data scoring, an indicator of concern for Fort Bend and Wharton counties is the proportion of diabetes in the Medicare population, with values of 30.8% and 30.3% respectively, compared to 26.5% in the U.S. (Table 22). Another concerning indicator for Wharton County is Age-Adjusted Death Rate due to Diabetes, which at 29.2 deaths per 100,000 population is higher than the state and national values (21.7 and 21.2, respectively).

Table 22. Secondary Data Scoring Results: Diabetes

	County			Co	unty Va	lue Comp	pared to:	
Indicator	Name	Value	Data Score	TX Counties	TX Value	US Value	HP 2020 Target	Trend Over Time
Age-Adjusted Death Rate due to Diabetes [12] (2010-2014)	Fort Bend	13 deaths/ 100,000 population			1		1	1
[12] (2010-2014)	Harris	20.2	0.92	1	1	1	1.5	0



		deaths/ 100,000 population						
	Wharton	29.2 deaths/ 100,000 population	1.75	2	3	3	3	0
[12] Texas Department of State Health Services								
	Fort Bend	30.8 percent	2.22	3	2	3	1.5	1
Diabetes: Medicare Population [3] (2015)	Harris	28.1 percent	1.67	2	1	2	1.5	1.5
	Wharton	30.3 percent	2.28	2	2	3	3	2
[3] Centers for Medicare & Medicaid Services								

As shown in Table 23, Heart Disease and Stroke is especially concerning for Wharton County. The topic was the highest-ranking in Wharton County's secondary data scoring results and there are several indicators with data scores above 2: Age-Adjusted Death Rate due to Cerebrovascular Disease (Stroke) in addition to Atrial Fibrillation, Heart Failure, Hypertension, Ischemic Heart Disease, and Stroke (of which the last four indicators are within the Medicare Population).

Although relatively not as high-ranking for Fort Bend and Harris counties, an indicator of concern is Stroke in the Medicare Population with proportions of 4.7% and 5.2% in Fort Bend and Harris counties, respectively, compared to 4% in the U.S. Furthermore, in Fort Bend County the percentage of Hyperlipidemia (46.6%) in the Medicare Population is higher than the national value.

Table 23. Secondary Data Scoring Results: Heart Disease & Stroke

		County		Co	unty Val	ue Comp	pared to:	
Indicator	Name	Value	Data Score	TX Counties	TX Value	US Value	HP 2020 Target	Trend Over Time
Age-Adjusted Death	Fort Bend	35.4 deaths/ 100,000 population	0.64	0	0	1	2	0
Rate due to Cerebrovascular Disease (Stroke) [12]	Harris	41.5 deaths/ 100,000 population	1.42	1	1	3	3	0
(2010-2014)	Wharton	47.7 deaths/ 100,000 population	2.36	2	3	3	3	2
[12] Texas Department of State Health Services								
Atrial Fibrillation: Medicare Population	Fort Bend	6.9 percent	0.94	1	1	0	1.5	2

[3] (2015)	Harris	7.3 percent	1.5	1	1	1	1.5	3	
	Wharton	8.8 percent	2.44	3	3	2	2	2	
[3] Centers for Medicare	& Medicaid	Services							
	Fort Bend	13.9 percent	1.06	0	0	2	1.5	1	
Heart Failure: Medicare Population [3] (2015)	Harris	16.0 percent	1.89	1	2	3	1.5	1	
	Wharton	19.1 percent	2.33	2	3	3	3	1.5	
[3] Centers for Medicare	& Medicaid	Services							
	Fort Bend	46.6 percent	2.17	2	2	2	1.5	3	
Hyperlipidemia: Medicare Population [3] (2015)	Harris	43.2 percent	1.44	1	1	1	1.5	2	
	Wharton	47.6 percent	1.89	2	2	2	2	1	
[3] Centers for Medicare	[3] Centers for Medicare & Medicaid Services								
	Fort Bend	57.1 percent	1.61	1	1	2	1.5	2	
Hypertension: Medicare Population [3] (2015)	Harris	55.5 percent	1.22	1	1	2	1.5	1	
[3] (2013)	Wharton	65.3 percent	2.61	3	3	3	3	2	
[3] Centers for Medicare	& Medicaid	Services	ı						
	Fort Bend	28.0 percent	1.22	0	1	2	1.5	1	
Ischemic Heart Disease: Medicare Population [3] (2015)	Harris	28.8 percent	1.33	1	2	2	1.5	0	
Topalette [e] (2025)	Wharton	32.8 percent	2.33	2	3	3	3	1.5	
[3] Centers for Medicare & Medicaid Services									
	Fort Bend	4.7 percent	2.5	2	2	3	1.5	3	
Stroke: Medicare Population [3] (2015)	Harris	5.2 percent	2.61	3	3	3	1.5	2	
	Wharton	4.8 percent	2.28	2	2	3	3	2	



Table 24 reveals food-related indicators of concern, including the following with data scores above 1.75: SNAP Certified Stores in both Fort Bend and Harris counties; Grocery Store Density and Children with Low Access to a Grocery Store in Fort Bend County; Food Insecurity Rate in Harris County; as well as Child Food Insecurity Rate and Fast Food Restaurant Density in Wharton County.

**Table 24. Secondary Data Scoring Results: Nutrition** 

	1 di	County	Nesu		untv Val	lue Comr	pared to:	
Indicator	Name	Value	Data Score	TX Counties	TX Value	US Value	HP 2020 Target	Trend Over Time
	Fort Bend	19.1 percent	0.67	0	0	2	1.5	0
Child Food Insecurity Rate [5] (2016)	Harris	23.5 percent	1.67	1	2	3	1.5	0
	Wharton	24.1 percent	2.06	2	2	3	3	1
[5] Feeding America			I	ı				
	Fort Bend	7.40 percent	1.83	2	1.5	1.5	1.5	1.5
Children with Low Access to a Grocery Store [17] (2015)	Harris	5.40 percent	1.5	1	1.5	1.5	1.5	1.5
	Wharton	4.80 percent	1.5	1	1.5	1.5	1.5	1.5
[17] U.S. Department of A	Agriculture -	Food Environment Atlas	;					
	Fort Bend	0.6 restaurants/ 1,000 population	1.33	1	1.5	1.5	1.5	1.5
Fast Food Restaurant Density [17] (2014)	Harris	0.7 restaurants/ 1,000 population	1.67	2	1.5	1.5	1.5	1.5
	Wharton	0.8 restaurants/ 1,000 population	2.11	3	1.5	1.5	1.5	2
[17] U.S. Department of Agriculture - Food Environment Atlas								
Food Insecurity Rate [5] (2016)	Fort Bend	14.8 percent	1.56	1	1	3	1.5	1
	Harris	16.6 percent	2.06	2	2	3	1.5	1
	Wharton	15.3	1.72	2	1	3	3	1

1									
		percent							
[5] Feeding America									
	Fort Bend	0.1 stores/ 1,000 population	1.83	2	1.5	1.5	1.5	1.5	
Grocery Store Density [17] (2014)	Harris	0.2 stores/ 1,000 population	1.5	1	1.5	1.5	1.5	1.5	
	Wharton	0.2 stores/ 1,000 population	1.5	1	1.5	1.5	1.5	1.5	
17] U.S. Department of A	17] U.S. Department of Agriculture - Food Environment Atlas								
Households with No	Fort Bend	1.1 percent	1	0	1.5	1.5	1.5	1.5	
Car and Low Access to a Grocery Store [17] (2015)	Harris	0.9 percent	1	0	1.5	1.5	1.5	1.5	
. ,	Wharton	2.9 percent	1.67	2	1.5	1.5	1.5	1.5	
17] U.S. Department of A	griculture -	Food Environment Atlas							
	Fort Bend	0.4 stores/ 1,000 population	1.89	3	1.5	1.5	1.5	1	
SNAP Certified Stores [17] (2016)	Harris	0.6 stores/ 1,000 population	2.11	3	1.5	1.5	1.5	2	
	Wharton	0.9 stores/ 1,000 population	1.22	1	1.5	1.5	1.5	1	
17] U.S. Department of Agriculture - Food Environment Atlas									

#### Primary Data

Food-related topics emerged in the community input gathered through the survey and key informant interviews. Food Insecurity, Food Programs and Food Knowledge issues were discussed over 170 times during the key informant interviews and were raised by participants 34 times in relation to barriers or challenges to achieving health in the community. The primary themes related to barriers or challenges that emerged in the interviews were access to healthy foods and affordability, knowledge gaps and limited food familiarity and program limitations.

The most common issue raised by key informant participants related to food insecurity was community members not being able to access healthy foods in their community. Multiple participants believed that in many communities, healthy food options were not available to people within a five-mile radius from their home or work. Participants described 'food deserts'



as a top issue affecting health in the community and how limited access to healthy foods also was closely associated with people also being not being able to afford healthy foods.

"...in Wharton, there's only two grocery stores, and if people in the poorest neighborhoods want to get to one of the grocery stores and don't have a car, they have to cross major thoroughfares."

Participants also discussed the imbalance of healthy food options for those communities with lower housing prices and in general, lower average incomes. One participant described the link between people having to work multiple jobs and having time to shop for and prepare healthy foods.

"We have a grocery store on every corner but not every corner in the poor neighborhoods. It's been my personal experience that eating healthy is expensive. It costs more money to buy healthy fruits and vegetables and more healthy food, in general than it does to buy food that's not so healthy, that's high fat, high carb, high sugar.... It costs more money. It takes longer to prepare. When you have a mom and a dad or either and they're trying to handle two jobs, if not three. They've got kids of varying ages. The mechanics of shopping and preparing meals is probably an activity that gets let go."

Some participants had direct experience with educating the community about healthy foods and eating. These participants shared that for some community members, their knowledge of fresh fruits and vegetables is limited and would benefit from early education for parents and children in schools.

In Memorial Hermann's community survey, 67% of respondents selected Diabetes as one of the top issues most affecting the quality of life in their community. During key informant interviews, Diabetes was discussed 64 times and was raised by participants 32 times as a health need or concern in the community. For those participants who raised Diabetes as a top health issue in the community, unique themes emerged regarding how diabetes is impacting specific groups in the community and the way a sedentary lifestyle impacts diabetes. Multiple participants attributed the surge in obesity and diabetes in general in the U.S. to a shift to a more sedentary lifestyle while others specifically identified the local climate and driving culture as key factors leading to an increase in sedentary lifestyles impacting the region.

Heart Disease & Stroke was discussed 34 times during the key informant interviews and was raised by participants 16 times as a health need or concern in the community. For those participants who raised Heart Disease & Stroke as a top health issue in the community, the unique themes that emerged in the interviews were chronic disease risk related to socioeconomic status and challenges with managing heart-related conditions.

"You have so many communities that are food deserts so, of course, I think we are all at risk for things like diabetes and hypertension, obesity, stroke – but, I think in addition to that, those that are most are already marginalized. People who are low income. Low socioeconomic status. So, education, and all of those indicators are probably even more at risk for chronic diseases than someone, for example, who has access to care and insurance. So, they probably are doubly at risk."



#### Exercise Is Medicine

## **Key Issues:**

- Obesity
- Walkability of communities
- Safety of outdoor spaces and places to exercise

## Secondary Data

Exercise, Nutrition & Weight was the third highest-ranking topic in the secondary data scoring results for Fort Bend County and fifth for Memorial Hermann Health System. Although Exercise, Nutrition & Weight did not rise to the top of the secondary data scoring results for Harris and Wharton counties, there are indicators of concern across the three counties in the service area (Table 25). Specifically related to exercise, Workers who Walk to Work is a concerning indicator for the service area, with each county's rate lower than the Healthy People 2020 target (3.1%), Texas (1.6%) and the U.S. (2.8%).

Table 25. Secondary Data Scoring Results: Exercise, Nutrition & Weight

		County					pared to:			
Indicator	Name	Value	Data Score	TX Counties	TX Value	US Value	HP 2020 Target	Trend Over Time		
	Fort Bend									
Adults (18+ Years) Who Are Obese [10] (2016)	Harris	32.0 percent	1.67	1.5	1	2	2	2		
, ,	Wharton									
[10] Texas Behavioral Ris	[10] Texas Behavioral Risk Factor Surveillance System									
	Fort Bend	19.1 percent	0.67	0	0	2	1.5	0		
Child Food Insecurity Rate [5] (2016)	Harris	23.5 percent	1.67	1	2	3	1.5	0		
	Wharton	24.1 percent	2.06	2	2	3	3	1		
[5] Feeding America										
	Fort Bend	7.40 percent	1.83	2	1.5	1.5	1.5	1.5		
Children with Low Access to a Grocery Store [17] (2015)	Harris	5.40 percent	1.5	1	1.5	1.5	1.5	1.5		
	Wharton	4.80 percent	1.5	1	1.5	1.5	1.5	1.5		
[17] U.S. Department of Agriculture - Food Environment Atlas										

	Fort Bend	0.6 restaurants/ 1,000 population	1.33	1	1.5	1.5	1.5	1.5
Fast Food Restaurant Density [17] (2014)	Harris	0.7 restaurants/ 1,000 population	1.67	2	1.5	1.5	1.5	1.5
	Wharton	0.8 restaurants/ 1,000 population	2.11	3	1.5	1.5	1.5	2
[17] U.S. Department of	Agriculture -	Food Environment Atlas	i					
	Fort	14.8	1.56	1	1	3	1.5	1
Food Insecurity Rate	Bend	percent 16.6						
[5] (2016)	Harris	percent	2.06	2	2	3	1.5	1
	Wharton	15.3 percent	1.72	2	1	3	3	1
[E] Fooding America		percent						
[5] Feeding America		0.4						
	Fort Bend	0.1 stores/ 1,000 population	1.83	2	1.5	1.5	1.5	1.5
Grocery Store Density [17] (2014)	Harris	0.2 stores/ 1,000 population	1.5	1	1.5	1.5	1.5	1.5
	Wharton	0.2 stores/ 1,000 population	1.5	1	1.5	1.5	1.5	1.5
17] U.S. Department of A	griculture -	Food Environment Atlas						
Households with No	Fort Bend	1.1 percent	1	0	1.5	1.5	1.5	1.5
Car and Low Access to a Grocery Store [17] (2015)	Harris	0.9 percent	1	0	1.5	1.5	1.5	1.5
(====)	Wharton	2.9 percent	1.67	2	1.5	1.5	1.5	1.5
17] U.S. Department of A	griculture -	Food Environment Atlas						
	Fort Bend	0.4 stores/ 1,000 population	1.89	3	1.5	1.5	1.5	1
SNAP Certified Stores [17] (2016)	Harris	0.6 stores/ 1,000 population	2.11	3	1.5	1.5	1.5	2
	Wharton	0.9 stores/ 1,000 population	1.22	1	1.5	1.5	1.5	1



17] U.S. Department of Agriculture - Food Environment Atlas									
Workers who Walk to Work [1] (2012-2016)	Fort Bend	0.60 percent	2.67	3	3	3	3	1.5	
	Harris	1.50 percent	2.17	2	2	3	3	1.5	
	Wharton	1.10 percent	2.56	3	3	3	3	1	
[1] American Community Survey									

#### Primary Data

Over 60% of Memorial Hermann's community survey respondents noted Obesity as a top issue affecting the quality of life in their community. In key informant interviews, Exercise, Nutrition & Weight was discussed almost 170 times and was raised by participants 42 times as a need or concern for achieving health in the community. The primary barriers related to Exercise, Nutrition & Weight identified by participants were walkability, access to safe outdoor spaces and programming that may not meet the needs of communities facing financial limitations.

Several participants discussed barriers to healthy lifestyle changes and described communities where sidewalks are limited or pedestrian pathways are not available. The ability for community members to make small shifts in their daily lives, such as walking regularly, may be more feasible than undertaking an exercise regimen. The limitations of pedestrian pathways and safer walking spaces prevent those in some sections of the community from making these shifts.

For individuals who may not be able to afford gym memberships nor attend classes due to work schedules, outdoor activities and fitness areas offer a free alternative. Participants felt that in many neighborhoods, these outdoor spaces are not available due to disrepair or unsafe environments.

"I think the built environment is huge, too. If you live out in a planned community, they usually have walking trails, or they have a pretty fountain area for you to walk around it. They have those little exercise things that you stop on part way around the trail and you do your little push-ups and your situps and your pull-ups (...) You go into these poorer areas and there's no sidewalks. There's no lights at night. There's a park—it's all rusted equipment."

Participants also described programs and facilities that are either limited or lacking. These programs included free exercise programs with child care options, youth sports leagues and recess in the schools and free or low-cost options for air-conditioned facilities during times of the year when the weather does not permit outdoor activities.



# Non-Prioritized Significant Health Needs

The following additional significant health needs emerged from a review of the primary and secondary data. With the need to focus on the prioritized health needs described above, these topics are not specifically prioritized efforts in the 2019-2022 Implementation Strategy. However, due to the interrelationships of social determinant needs many of these areas fall, tangentially, within the prioritized health needs and will be addressed through the upstream efforts of the prioritized health needs. Additionally, many of them are addressed within ongoing programs and services. Examples of these efforts are provided below by topic area.

# Older Adults and Aging

#### Secondary Data

The secondary data scoring results revealed the topic of Older Adults and Aging as a significant health need for Fort Bend, Harris and Wharton counties. Older Adults and Aging was in the top 10 topics for both Fort Bend and Wharton counties, and received a topic score of 1.5 in the secondary data results for Harris County. In Fort Bend County, indicators of concern included Stroke, Diabetes, Chronic Kidney Disease, and Hyperlipidemia (all in the Medicare Population). Indicators of note in Harris County included: Chronic Kidney Disease and Stroke in the Medicare Population as well as Age-Adjusted Death Rate due to Falls. Wharton County has 10 indicators equal to or greater than 2. Eight of these indicators are within the Medicare Population: Chronic Kidney Disease, Hypertension, Atrial Fibrillation, Heart Failure, Ischemic Heart Disease, Diabetes, Stroke, and Rheumatoid Arthritis or Osteoarthritis. The other two concerning indicators for Wharton County include People 65+ Living Below Poverty Level (for which there are high disparities) and People 65+ Living Alone.

### Primary Data

Key informants and stakeholders discussed Older Adults and Aging. Over 62% of participants in Memorial Hermann Health System's prioritization process cited Older Adults as one of the groups most affected by poor health outcomes. Interviews with key informants noted the growing population of older adults and needs related to specialized care, financial assistance and outreach.

"...[W]e are going to watch the literal doubling of the number of Americans over the age of 65 in the next 25 years. Every day, between now and 2030, day after day, 10,000 Americans will turn 65, so we are watching an extraordinary expansion of challenges of aging. (...) [M]ore and more Americans are going to be getting old, so caring for this massive increase in the aging population is going to be one of the great challenges I think."

#### **Efforts**

Memorial Hermann Health System includes two freestanding Rehabilitation Hospitals (TIRR and Katy) as well as a senior living facility (University Place), featuring independent living, personal assistance services, and a separate, but attached, nursing center.

Additional community outreach includes health education on: Alzheimer's disease, Discounted Diabetes Education, Education/outreach for Seniors, Injury Prevention, Fall Prevention, and



support groups for various populations, including: Alzheimer's, Amputees, Cardiac patients, Chronic disease, Diabetics, Grief, Parkinson's disease, Stroke, Survivorship, and more.

#### Cancers

### Secondary Data

Although Cancer was not one of the top ten highest-ranking topics in the secondary data scoring results for Fort Bend, Harris and Wharton counties, there are certain indicators of concern. In Harris County, indicators with scores above 2 include: Cervical Cancer Incidence Rate and Age-Adjusted Death Rate due to Breast Cancer. In Wharton County, there are 4 concerning indicators: Age-Adjusted Death Rate due to Breast Cancer, Colorectal Cancer Incidence Rate, Age-Adjusted Death Rate due to Colorectal Cancer, and Cervical Cancer Incidence Rate (all with values higher than Healthy People 2020, Texas and the U.S.)

### Primary Data

In Memorial Hermann's community survey, over one third of respondents noted Cancer as a top issue affecting the quality of life in their community. Interviews with key informants revealed the importance of making cancer screening services and specialty care available and accessible (e.g., telehealth, mobile mammography).

#### **Efforts**

As leading providers of cancer treatment in Houston, Memorial Hermann Cancer Centers are committed to cancer treatment, prevention, and research. Their broad geographical coverage makes cancer treatment extremely accessible and convenient to where patients live or work. All eight Memorial Hermann Cancer Centers are approved by the American College of Surgeons Commission on Cancer (ACoS CoC); only 25 percent of hospitals across the country have received this special recognition. With guaranteed access to comprehensive care, collaborative team approach for coordinating the best available treatment options, state-of-the-art equipment and services, education and support, and lifelong patient follow-up through the Cancer Registry, patients are able to access a full menu of therapies and treatment options.

Additional outreach includes education and support groups for cancer patients: Art, Self-guided Art Therapy, Lymphedema, Brest Cancer, Oncology Nutrition Therapy, Stress Relief, Look Good Feel Better, Yoga, Meditation, and Healthy Eating Advices.

#### Education

#### Secondary Data

Education received a topic score of 1.56 and 1.68 in the secondary data results for Harris and Wharton counties, respectively. Wharton County has one indicator with score above 2: People 25+ with a Bachelor's Degree or Higher; moreover, there are disparities for certain race/ethnicity groups.

## Primary Data

During key informant interviews, the topic of Education came up frequently and in relation to different focus areas and target audiences, including children, general community members as



well as providers. The link between individuals' level of education and quality of life was emphasized. Key informants recommended finding opportunities to expand the availability of education (related to health and non-health topics) as well as integrating health education into existing activities in both clinical and non-clinical settings, such as schools and churches. Opportunities were also pointed out to educate healthcare providers (and provide continuing education) on available community linkages and resources and on how to initiate conversations with patients regarding different health topics.

"We want to go into different groups and educate them on what they should be doing or shouldn't be doing. (...) I think education is a huge component but we've got to figure out how to integrate that. The education, without the integration into somebody's lifestyle, doesn't do them any good."

#### **Efforts**

Memorial Hermann operates ten Health Centers for Schools, established in 1996, offering access to primary medical, dental and mental health services to underserved children at 82 schools in the Greater Houston Area. Research shows that school-based health centers increase educational success by providing medical and mental health care that allows students to stay in school and learn. The primary goal of the program is to keep children healthy and feeling well so that they stay in school and can perform well academically, creating a foundation for a brighter future. By providing improved access to health care to at-risk children across the region, Memorial Hermann has demonstrated success in creating healthier outcomes for kids, including improvements in their physical health, their mental wellbeing, and even their attendance rate at school.

# Transportation

## Secondary Data

For both Fort Bend and Harris counties, Transportation rose to the top of the secondary data scoring results, with a topic score of 1.83 in Fort Bend County and 1.82 in Harris County. In both counties, indicators of concern include: Solo Drivers with a Long Commute, Mean Travel Time to Work, and Workers who Walk to Work. Furthermore, there exist high disparities for a few of these indicators. Wharton County has 3 indicators with data scores above 2: Workers who Walk to Work (1.1%), Workers who Drive Alone to Work (84%), and Workers Commuting by Public Transportation (0.3%).

#### Primary Data

Participants raised the topic of Transportation 59 times in relation to barriers or challenges to achieving health in the community — more than any other topic. Key informants repeatedly noted that the Houston region has significant transportation issues (including availability, accessibility) that impact community members' ability to access health programs and services. In addition to limited options for public transportation, travel cost and time were brought up. Moreover, for certain populations, like older adults or people with disabilities, public transportation is not a feasible option.



"This remarkable spread-out city, the size of Massachusetts, is the Greater Houston Metropolitan Area. (...) This is not a city and a suburb anymore, it's a metropolitan region with eight to ten centers of activity that are larger than downtown San Diego, spread out over this massive area, but getting from one place to another is an increasing challenge. Poverty also means inadequate transportation, we have no really good transit system because it's almost impossible to develop a good transit system for a city so lacking in density and so spread out as Houston is. We haven't solved that problem, and a lot of the healthcare issues come because people [are] without a car trying to get to a hospital, or to healthcare..."

#### **Efforts**

Memorial Hermann provides bus and taxi tokens as required for discharge and continuity of care needs.

One Memorial Hermann strategic effort to not only provide the right care at the right time in the right place, but also provide the opportunity to access help/care via the telephone is the Memorial Hermann Nurse Health Line. Established in 2014, the Nurse Health Line is a free telephone service for Greater Houston residents who are experiencing a health concern and are unsure of what to do or where to go. Experienced, bilingual nurses use their training and expertise to conduct assessments by phone, and are available to answer calls 24 hours a day, seven day a week for any resident living in Harris or surrounding counties. They help callers decide when and where to go for medical care and assist with social service referrals and transportation needs.

#### Children's Health

## Secondary Data

Children's Health was the fifth highest-ranking topic in Wharton County's secondary data scoring results (with a topic score of 1.83), but did not rank as high for the other counties in the service area. In Wharton County, a concerning indicator is Child Food Insecurity Rate, which at 24.1% is higher than the state and national values (23% and 17.9%, respectively).

#### Primary Data

When discussing Children's Health, key informants pointed out specific issues such as childhood obesity, access to services and being uninsured. Some participants advised efforts to engage children, families and communities more comprehensively.

"Probably some more community outreach from the health community to reach the senior citizens and youth. Maybe some workshops or one-day clinic at the civic/community facilities."

"Texas ranks very low in dollars spent on health for children. We rank low in our ranking, generally, in children's health. We're not putting enough money and resources into it. I think we need to shift our attention and (...) give more attention to children's health and how important it is for early childhood development and for brain development and ongoing health in the rest of their lives. I would say put that as a priority. Put children's health as a priority. Not just saying the early years, not just saying zero to five but also throughout early adolescence, pre-adolescence, early adolescence and into the teens."



#### **Efforts**

Children's Memorial Hermann Hospital, licensed under Memorial Hermann Texas Medical Center, was founded in 1986 and is the primary teaching hospital for the pediatric and obstetrics/gynecology programs at The University of Texas Medical School at Houston. Children's Memorial Hermann offers care in more than thirty pediatric and women's related specialties including the latest advances in maternal-fetal medicine and neonatal critical care services, and renowned programs in pediatric trauma, neurosciences, pulmonology and cardiac care. More than 37,000 children come to Children's Memorial Hermann Hospital each year. In addition to Memorial Hermann's school-based health efforts described above, Memorial Hermann is an on-going financial collaborator with Children at Risk, a 501 non-profit organization that drives change for children through research, education, and influencing public policy.

### Economy

#### Secondary Data

With a topic score of 1.55, Economy was one of the top ten topics in the secondary data scoring results for Harris County. Harris and Wharton counties have several economic indicators with data scores above 2: Homeownership (Harris County), Severe Housing Problems (Harris County), Students Eligible for the Free Lunch Program (Harris and Wharton counties), Median Monthly Owner Costs for Households without a Mortgage (Harris County), SNAP Certified Stores (Harris County), Median Household Gross Rent (Harris County), Families Living Below Poverty Level (Wharton County), Children Living Below Poverty Level (Wharton County), Child Food Insecurity Rate (Wharton County) and Food Insecurity Rate (Harris County). Moreover, there exist race/ethnicity disparities for a few of these measures. Although Economy was not a main topic for Fort Bend County, there are a few economic indicators with data scores above 2: Median Household Gross Rent, Median Monthly Owner Costs for Households without a Mortgage, and Mortgaged Owners Median Monthly Household Costs.

#### Primary Data

Key informants discussed food insecurity and food deserts as factors related to poor health outcomes. They pointed out that, although individuals might understand that eating healthy foods is recommended, they may not have access to grocery stores or be able to afford healthier food options. Key informants noted the importance of addressing socioeconomic barriers to improve health and wellbeing.

"(...) That's a matter of money. You can educate [a] woman all day long, but if she's got a couple of kids to feed and she can feed them all for seven dollars as opposed to 25, she's going to go to McDonald's."

#### **Efforts**

It's a daunting task in a region like Greater Houston, which has an estimated 7 million people and one of the highest rates of uninsured and underinsured in the country. But Memorial Hermann believes that we can ONLY impact the health of our community, and the health of



individuals, by focusing on the multiple determinants of health that play the greatest role in influencing a person's overall health and wellbeing.



# Other Findings

Critical components in assessing the needs of a community are identifying barriers and disparities in health care. The identification of barriers and disparities helps inform and focus strategies for addressing prioritized health needs. The following section outlines barriers across Memorial Hermann Health System and disparities as they pertain to MH Sugar Land's service area.

#### Barriers to Care

Community input revealed a wide range of barriers to care and wellbeing. As discussed in the previous section, transportation was the most frequently cited barrier in the community, followed by other barriers such as access to health services, healthy food and exercise options, low income, and food insecurity. Overall, the secondary and primary data confirmed that socioeconomic factors impact community members' ability to achieve good health.

"Many things come back to poverty and lack of disposable income."

Key informants described the influence of social determinants of health (including income, poverty, language, education, employment) on health outcomes. Participants discussed the importance of addressing social and economic factors to get at the root causes of poor health and wellbeing.

"I think you have to understand that a lot of folks work from paycheck to paycheck, so if they actually end up at one of these medical centers and they require a thirty dollar copay or ten dollars or fifteen dollars, then they're not going to have it. So, they're going to walk away until they do have that money and that could be months later. So, if they are sick, they're just going to become sicker. So, that's one of the big barriers."

## Disparities

Significant community health disparities are assessed in both the primary and secondary data collection processes. Table 26 identifies the number of secondary data health indicators with a health disparity for MH Sugar Land's service area. See Appendix B for the specific indicators with significant disparities.

Table 26. Number	of Health Disparities	Identified in S	Secondary Dat	a Analysis

Fort Bend County	Harris County	Wharton County
Hispanic or Latino (7)	Black or African American (13)	Black or African American (7)
Other Race (7)	White (8)	Other Race (4)
Black or African American (6)	Hispanic or Latino (8)	
White (4)	Other Race (7)	
	American Indian or Alaska Native	
	(6)	
Male (5)	Male (10)	N/A
	Female (3)	
65+ years of age (2)	<6 years of age (2)	<6 years of age (1)
	25-44 years of age (2)	6-11 years of age (1)



Fort Bend County	Harris County	Wharton County
	45-64 years of age (2)	65+ years of age (1)
	65+ years of age (2)	

Geographic disparities were identified using the SocioNeeds Index. As shown earlier in Table 13, the zip codes within MH Sugar Land's service area that have the highest SocioNeeds Index values are mostly within Harris and Wharton counties (with the exception of zip code 77471 in Fort Bend County). Zip codes 77099, 77488, 77083, 77437, 77471, and 77435 all have values greater than 70. The zip codes with largest proportion of inpatient discharges at MH Sugar Land, zip codes 77469 and 77471, have SocioNeeds Index values of 36.2 and 72.1, respectively.



## Conclusion

The Community Health Needs Assessment for MH Sugar Land utilized a comprehensive set of secondary data indicators to measure the health and quality of life needs for MH Sugar Land's service area. Furthermore, this assessment was informed by input from knowledgeable and diverse individuals representing the broad interests of the community. Memorial Hermann's system-wide prioritization process resulted in four focus areas or pillars: Access to Healthcare, Emotional Well-Being, Food as Health, and Exercise Is Medicine. MH Sugar Land will review these priorities more closely during the Implementation Strategy development process and design a plan for addressing these pillars moving forward.

In addition, MH Sugar Land invites your feedback on this CHNA report to help inform the next Community Health Needs Assessment process. If you have any feedback or remarks, please send them to: Deborah.Ganelin@memorialhermann.org.



# **Appendix**

Appendix A: Evaluation Since Prior CHNA

Appendix B. Secondary Data Methodology

Secondary Data Sources

Secondary Data Scoring

Data Scoring Results

Appendix C. Primary Data Methodology

Community Input Participants

Key Informant Interview Questionnaire (Episcopal Health Foundation)

Key Informant Interview Questionnaire (Conduent Healthy Communities Institute)

Community Survey (English)

Community Survey (Spanish)

Appendix D. Prioritization Tool

Prioritization Survey

Appendix E. Community Resources



# **Appendix A. MH Sugar Land Impact Report**

### **Evaluation Since Prior CHNA**

**Priority 1: Healthy Living** 

Early Detection and Screening		econdary service a		
Objective 1.1: To maintain current education and screeni	ng efforts, as well as increasing s	creening as identifie	d in the CHNA.	
Outcome Indicators:	Annual Baseline	Year 1	Year 2	FY 2020 Target
Number of events held	34	23	37	45
Number of community members receiving screenings	240	5,162	20,595	300
Number of Lunch and Learns held	8	1	1	12
<ul> <li>Number of employer groups that we collaborate with</li> </ul>	3	1	3	5
	Year 1 Notes	Year 2 Notes	Timeline:	
Strategies:				Year 1,2,3
1.1.1: Provide free screening at screening/health fair events ortho evals, mammography party, physicals for childr skin cancer, diabetes (See 1.2.3)	•			1,2,3 Monthly
1.1.2: Provide financial support to the Pink in the Park Breas	st Cancer Awareness event			1,2,3 Yearly
1.1.3: Conduct education presentations to 55+ community of detection specific to Del Webb community	on a variety of topics including early			1,2,3 Bi monthly
1.1.4: Conduct Lunch and Learns for employer groups and a	t the YMCA			1,2,3 Bi Monthly
Monitoring/Evalu	ation Approach:			•
Event tracking				
Attendance rec	cords			
Screening record	rds			

Priority 1:	: Healthy Living							
Goal 1:	Goal 1: Increase overall wellness of community members in our primary and secondary service areas.							
	Potential Partners:  • MD Anderson							
	• Texana							
	YMCA     Fluor Daniel							
	<ul><li>NRG</li><li>Schlumberger</li></ul>							

Annual Baseline	Year 1	I .	
	I Cai I	Year 2	FY 2020 Target
Quarterly	3 seminars	5	Quarterly
ns 50	27	173	100
34	51	65	50
	Year 1 Notes	Year 2 Notes	Timeline:
			Year 1,2,3
			1,2,3 Quarterly
districts to discuss obesity			1,2,3 Annually
1)			1,2,3 Quarterly
rts 30K, USA Fit Marathon,			1,2,3 Quarterly
pany			
	districts to discuss obesity  1)  rts 30K, USA Fit Marathon,  n Approach: se reports	1)  This is the state of the st	ns 50 27 173 34 51 65  Year 1 Notes Year 2 Notes  districts to discuss obesity  1)  rts 30K, USA Fit Marathon,  n Approach:  se reports

Objective 1.3: Support efforts of MH system and local community par		<u> </u>		
Outcome Indicators:	Annual Baseline	Year 1	Year 2	FY 2020 Target
<ul> <li>Number of ER patients screened for food insecurity via the ER Navigation program</li> </ul>	803	1,433	1,264	803
<ul> <li>Number of CHW referrals to community food pantries via the ER Navigation program</li> </ul>	114	583	355	114
<ul> <li>Number of ER Navigation supported community events hosted by local partners</li> </ul>	0	3	7	2
Level of financial contributions for food insecurity collaborative efforts	0	\$8,502	0	1,500
Number of customers at the farmers market	80	80	0	120
Strategies:		Year 1 Notes	Year 2 Notes	Timeline: Year 1,2,3
1.3.1: Continue to participate in the MH ER Navigation program in which screened for food insecurity and referred to food pantries if necess			1,2,3	
1.3.2: Collect food to support food pantries or special events hosted by c			1,2,3	
1.3.3: Provide free space for cooking classes for community groups focus eating for Seniors	ing on heart healthy			1,2,3 Quarterly
1.3.4: Host an on-site farmers market open to the public				1,2,3 Quarterly
1.3.5: Provide financial support to Lunches of Love, which provides health on weekends and during the summer	hy meals to children		Did not provide funding due to budget constraints	1,2,3 Yearly
1.3.6: Provide financial support to Meals on Wheels for senior citizens			Did not provide funding due to budget constraints	1,2,3 Yearly
1.3.7: Provide education for student athletes on healthy eating for composition	etition, etc.			1,2,3 Yearly
<ul> <li>Monitoring/Evaluation Appro</li> <li>Patient activity documented</li> <li>Attendance records for educe</li> </ul>	and reported within th	e ER Navigation electr	onic record system	

Priority 1:	lealthy Living							
Goal 1:	Increase overall wellness of community members in our primary and secondary service areas.							
	Potential Partners:							
	Produce companies							
	Community leaders							
	St. John Fisher Catholic Church							
	Second Mile							
	Westside Social Services							
	United Helping Hands Outreach							
	Fort Bend County Social Services							
	Catholic Charities							
	Lunches of Love							

Outcome	e Indicators:	Annual Baseline	Year 1	Year 2	FY 2020 Target
• Numl	ber of equipment drives	1	0	0	2
Number of participants in activities and education sessions			1,830	152	300
• Numl	ber of people served by the Joint Camp	75	107	25	100
Main	tain financial contributions	6	0	0	6
Numl	ber of referrals into the pro bono clinic	25	40	7	35
Strategie	es:		Year 1 Notes	Year 2 Notes	Timeline: Year 1,2,3
1.4.1:	Conduct education sessions for sports teams and running club analysis, and exercise physiology related components of runn			1,2,3 Yearly	
1.4.2:	Provide informational session with joint center physician rega answers on joint pain and possible solution for those affected			1,2,3 Quarterly	
1.4.3:	Conduct Coaching for Coaches to provide evidence based pra training of youth athletes. Information covered include topics orthopedic evaluations and diet/nutrition			1,2,3 Quarterly (by sports season	
1.4.4: Conduct annual soccer drive to collect equipment for underprivileged children who cannot afford it. Equipment is then distributed by the local YMCA			We were unable to do this to date.	Soccer organization we partnered with in the past moved onto a different healthcare partner	1,2,3 Annually
1.4.5:	1.4.5: Provide financial support to Fort Bend Fit, which encourages participation in running and conducts speaker engagements (monthly)			Sponsorship was removed, no longer affiliated with FB Fit	1,2,3 Annual
1.4.6:	Provide concussion screening/testing for soccer players			1,2,3 Annual	
1.4.7:	Conduct a Wednesday night injury clinic (pro bono) for the FB			1,2,3 August - Novembe	
	Pre/post event evaluation	external joint camps	d Opportunity for Impr	ovements (OFIs)	

Priority 1:	Healthy Living							
Goal 1:	1: Increase overall wellness of community members in our primary and secondary service areas.							
	Potential Partners:  LCISD, surrounding school districts (Needville, Wharton, El Campo, Brazos, Columbia, Halletsville High Schools), possibly FBISD  Local YMCAs (Richmond/Missouri City)  Ironman Sports Medicine Institute (ISMI)/UT Physicians/Memorial Hermann Medical Group  Sugar Land Skeeters  Ft Bend Youth Football League  Eclipse Soccer, Lamar Soccer Club							
	<ul> <li>Ft Bend Fit</li> <li>Texas Running Company</li> <li>Finish Line Sports/Andy Stewart</li> <li>Athlete Training + Health (ATH) (formerly known as CES Performance)</li> </ul>							

Chronic Disease Management Objective 1.5: Improve the quality of life through resources and supports for disease management							
Outcome Indicators:		Annual Baseline	Year 1	Year 2	FY 2020 Target		
Number of participants at	school education events	60	740	134	80		
Number of screenings perf	formed	0	4,260	3	50		
Strategies:			Year 1 Notes	Year 2 Notes	Timeline: Year 1,2,3		
1.5.1: Conduct BMI and I				1,2,3 Yearly			
1.5.2: Conduct education 1.2.2)	betes, and cancers (See			1,2,3 Yearly			
	Track and trend the nur	pproach: al number of attendees in su mber of screenings at events d school education events		shops			
	Potential Partners:     Local pharmacies     Assisted living facilities     Community primary car     Home Health agencies     Dialysis centers	- DelWebb re and specialty practices					

### **Priority 2: Access to Health Care**

**Priority 2: Health Care Access** 

Goal 2: Identify and overcome barriers for patients getting appropriate and cost effective care when and where they need it.

### **Priority 2: Health Care Access**

Goal 2: Identify and overcome barriers for patients getting appropriate and cost effective care when and where they need it.

### **Availability of Primary Care and Specialty Providers**

Objective 2.1: Increase patients' access to their primary and specialty providers, and compliance to care plan, to prevent readmissions and unnecessary and/or avoidable emergency department visits

Outcom	e Indicators:	Annual Baseline	Year 1	Year 2	FY 2020 Target
	ber of hospital's associated counties' calls to Nurse Health Line (Fort Bend, is, and Wharton)	31,211	31,022	32,755	31,211
• Num	ber of patients enrolled in the ER Navigation Program	869	1,364	1,154	869
• Num	ber of ER Navigation patient encounters	1,573	3,448	3,503	1,573
• Num	ber of ER Navigation referrals to community resources	2,035	2,993	2,745	2,035
• Num	ber of ER Navigation scheduled appointments	181	264	157	181
• Read	lmission rate (CHF, AMI, PNE, Hip & Knee, COPD) - Only Medicare	10.2%	22.6%	12.4%	
• Num	ber of Nurse Navigators	1	4	2	3
61			Year 1 Notes	Year 2 Notes	Timeline:
Strategi	es:				Year 1,2,3
2.1.1:		1,2,3			
	(See 2.4.2)				1,2,3
2.1.3:	Work with Memorial Hermann Medical Group to increase primary care physicians' a recruitment and extended office hours	vailability through	We recruited with MHMG 2 family physicians and 1 pediatrician		1,2,3 Yearly
2.1.4:	Increase the number of hospital patient navigators to reduce LOS and readmission radecrease readmissions. Patients who come into the hospital and are identified as neall help along the care continuum are assigned to a navigator that helps the patient/far care. This help is provided from the hospital setting to the post-acute care setting.			1,2,3 Yearly as needed	
	Monitoring/Evaluation Approach:  • Patient activity documented and reported wi  • Patient calls documented within the Nurse He	ithin the ER Navigation elect	•		
	Potential Partners:  Access Health Community Health Center Physicians of Sugar Creek St. Hope Foundation Community Health Cent MH Community Benefit Corporation	er			

Outcome Indicators:				Annual Baseline	Year 1	Year 2	FY 2020 Target
	ber of Class D d Health Cent	Prescriptions to the T er	erry School-	476	426	486	476
	ber of patient line set Jan –	s screened/engaged b Jun 2016)	y RCA	\$6,030 (annualized/year)	929	988	Flex based or hospital volumes
<ul> <li>Number of patients assisted/qualified by RCA (Baseline set Jan – Jun 2016)</li> </ul>		RCA	\$2,522 (annualized/year)	281	360	Flex based or hospital volumes	
Strategie	es:				Year 1 Notes	Year 2 Notes	Timeline: Year 1,2,3
2.2.1:		ss D Prescriptions to t	•	sed Health Center in support of primary			1,2,3
2.2.2:	programs (	e.g., Medicaid, disabil rd-party eligibility ven	ty, affordable care dor (paid by MHSL)	st patients with connecting to third party act coverage, etc.)  to assist patients with the application process ansurance Exchange, and other third-party			1,2,3 Ongoing
2.2.3:	Provide cas	e management to ass	ist patients with acc	cess to prescription drug programs			1,2,3
		Po	onitoring/Evalua  RCA data Prescription data Otential Partners: RCA				

Outcome	! Indicators:	Annual Baseline	Year 1	Year 2	FY 2020 Target
	ber of hospital's associated counties' calls to Nurse Help Line (Fort Bend, Harris, Wharton)	31,211	31,022	32,755	31,211
• Num	ber of patients enrolled in the ER Navigation Program	869	1,364	1,154	869
• Num	ber of ER Navigation patient encounters	1,573	3,448	3,503	1,573
• Num	ber of ER Navigation referrals to community resources	2,035	2,993	2,745	2,035
• Num	ber of ER Navigation scheduled appointments	181	264	157	181
• Read	Imission rate	10.2%	14.6%	13.3%	9.0%
• ED tl	nroughput door to discharge	177 minutes	150 minutes	140 minutes	150 minutes
• Leng	th of stay	3.5	2.68	3.24	3.0
• Incre	eased patient understanding of discharge and care plan		65%	0	85-90%
Strategie	s:				Timeline:
					Year 1,2,3
2.4.1:	Provide a 24/7 free resource via the Nurse Help Line that community members insured) within the MHHS community can call to discuss their health concerns, recommendations on the appropriate setting for care, and get connected to ap (See 2.1.1)	receive			1,2,3
2.4.2:	Continue to participate in the MH ER Navigation program in which patients are medical home (See also 1.3.1, 2.1.2)	referred to a			1,2,3
2.4.3:	Increase the number of hospital patient navigators (See 2.1.5)				Yearly
2.4.4: Provide phone support and navigation via the Medicine Navigator on the medicine floors to assist patients with readmissions					
2.7.7.		days a week for 10			
2.4.5:	Increase ED Case Manager coverage from 5 days a week for 8 hours a day, to 7 hours per day				

Priority 2: Health Care Access						
Goal 2: Identify and overcome barriers for patients getting appropriate and cost effective care when and where they need it.						
	Monitoring/Evaluation Approach:					
	<ul> <li>Patient activity documented and reported within the ER Navigation electronic record system</li> </ul>					
	Patient calls documented within the Nurse Health Line electronic record system					
	Readmission data					
	ED throughput data					
	Length of stay data					
	Patient surveys					
	Potential Partners:					
	Access Health Community Health Center					
	Physicians of Sugar Creek					
	St. Hope Foundation Community Health Center					
	Memorial Hermann Community Benefit Corporation					

#### **Priority 3: Behavioral Health**

The following tables provide strategies and outcome indicators that reflect an MHHS system-wide approach to Behavioral Health. Data is not specific to MH Sugar Land Hospital but to the community at large with the exception of reduction in ER encounters that result in a psychiatric inpatient stay through linkages with a network of behavioral partners.

#### **Priority 3: Behavioral Health**

Goal 3: Ensure that all community members who are experiencing a mental health crisis have access to appropriate psychiatric specialists at the time of their crisis, are redirected away from the ER, are linked to a permanent, community based mental health provider, and have the necessary knowledge to navigate the system, regardless of their ability to pay.

Objective 3.1: Create nontraditional access points around the community (crisis/ambulatory, acute care, and community-based chronic care management), and link those who need services to permanent providers and resources in the community

<b>5</b>			•	
Outcome Indicators:	Annual Baseline	Year 1	Year 2	FY 2020 Target
Decrease in # ER encounters that result in psychiatric inpatient stay	1,146	1,213	1,135	1,089 5% reduction of baseline
<ul> <li>Decrease in number of ER encounters that result in psychiatric inpatient stay at Sugar Land</li> </ul>	36	58	51	34
<ul> <li>Number of Memorial Hermann Crisis Clinic total visits</li> </ul>	5,400	5,590	5,154	5% over baseline
<ul> <li>Number of Psychiatric Response Care Management total visits</li> </ul>	1,200	1,103	1,259	5% over baseline
Strategies:		Year 1 Notes	Year 2 Notes	Timeline: Year 1,2,3
3.1.1: Provide mental health assessment, care, and linkage to services in 24x7 at Sugar Land	n an acute care setting,	An uptick in acute care volume over the past fiscal year has contributed to a higher number of psychiatric transfers overall.	An increase in acute care volume and number of acute care sites over the past fiscal year have contributed to a higher number of psychiatric transfers overall.	1,2,3

Goal 3:	Ensure that all community members who are experiencing a mental hea specialists at the time of their crisis, are redirected away from the ER, ar health provider, and have the necessary knowledge to navigate the syst	e linked to a perm	anent, community b	
3.1.2:	Create nontraditional community access to psychiatric providers for individuals experiencing a mental health crisis. Clinical Social Workers connect the target population to on-going behavioral health care		Recruiting mental health providers willing to commit to a non-traditional schedule remains a challenge. Continuing this urgent care model of treatment remains a priority, due to limited mental health treatment access in the community.	1,2,3
3.1.3:	Engage individuals with a chronic mental illness and work to maintain engagement with treatment and stability in the community via enrollment in community-based mental health case management program	Staffing issues impeded year one target. Identifying appropriately licensed clinicians willing to consider a career that is community based with the requirement of making home visits and working nontraditional hours is an ongoing challenge.	Case Managers partner with their clients to identify specific recovery goals and utilize evidence-based practices to facilitate client achievement. We continue to partner with community providers to address the mental health needs of the Greater Houston Community.	1,2,3

Priority 3:	Behavioral Health
Goal 3:	Ensure that all community members who are experiencing a mental health crisis have access to appropriate psychiatric specialists at the time of their crisis, are redirected away from the ER, are linked to a permanent, community based mental health provider, and have the necessary knowledge to navigate the system, regardless of their ability to pay.
	Potential Partners:
	System acute care campuses
	Memorial Hermann Medical Group
	Network of public and private providers

Objective 3.2: Reduce stigma in order to promote mental wellness and overall well-being	and improve commu	unity awareness that	mental health is part	of physical health			
Outcome Indicators:	Annual Baseline	Year 1	Year 2	FY 2020 Target			
<ul> <li>Number of presentations/educational sessions for healthcare professionals within MHHS</li> </ul>	50 sessions per year	63	63	5% increase over baseline			
<ul> <li>Number of presentations/educational sessions for corporations</li> </ul>	5	7	7	5% over baseline			
<ul> <li>Sugarland de-escalation training (total time includes training material development and implementation)</li> </ul>	1 training (2 hours)	0	1	1 training (2 hours)			
Training on Acute Care Concepts - system nurse resident program	15 trainings (45 hours total/3 hours each)*	18	18	15 trainings (45 hours total/3 hours each)*			
Training on CMO Roundtable - system-wide	1 training (2 hours)*	0	4	1 training (2 hours)*			
*Total time includes training material development and implementation							
Strategies:		Year 1 Notes	Year 2 Notes	Timeline: Year 1,2,3			
3.2.1: Provide mental health education sessions within the MH health s physicians	system for nurses and			1,2,3			
3.2.2: Work with employer solutions group to provide education and tr corporations on MH topics (stress, PTSD)	raining with			1,2,3			
Monitoring/Evaluation Appr	oach:						
Requests for presentations	and sessions tracked via	a calendar/excel					
Potential Partners:							
System acute care campuses							
System Marketing and Com	munications						
Employer Solutions Groups							

outcome Indicators:	Annual Baseline	Year 1	Year 2	FY 2020 Target
<ul> <li>Number of Memorial Hermann Crisis Clinic follow-ups post discharge with clinic patients</li> </ul>	7,716	6,431	5,154	5% over baseline
Psychiatric Response Case Management reduction in system ER utilization	54.4%	53.0%	50%	5% increase over baseline
trategies:		Year 1 Notes	Year 2 Notes	Timeline: Year 1,2,3
3.3.1: Social workers follow-up with discharged patients and their familiation being and connect them to community resources	ies to assess well-		The System has seen an overall increase in patient acuity with complex physical and behavioral health needs requiring higher levels of care. The Crisis Clinic and Psych Response Case Management Programs continue to meet the needs of patients with behavioral health conditions by providing immediate access to a mental health provider.	1,2,3

Priority 3	: Behavioral Health								
Goal 3:	Ensure that all community members who are experiencing a mental health crisis have access to appropriate psychiatric specialists at the time of their crisis, are redirected away from the ER, are linked to a permanent, community based mental health provider, and have the necessary knowledge to navigate the system, regardless of their ability to pay.								
3.3.2:		agement Program utilizes evidence-based practice erviewing, MH First Aid, CAMS, etc.) to reduce ER s	The lack of crisis housing resources and the target population's overreliance on the acute care system produces an ongoing challenge in reducing ER utilization of program enrollees.	Case Managers continue to partner with community agencies in an effort to connect program enrollees to resources for ongoing wellness. Program clinicians continue to use evidence-based practice interventions to reduce ER utilization and improve quality of life.	1,2,3				
		Monitoring/Evaluation Approach: • Social work logs (Excel spreadsheet)							
		Potential Partners:							

## **Appendix B. Secondary Data Methodology**

#### **Secondary Data Sources**

The main source for the secondary data, or data that have been previously collected, is the community indicator database maintained by Conduent Healthy Communities Institute. The following is a list of both local and national sources used in Memorial Hermann Sugar Land's Community Health Needs Assessment.

#### **Fort Bend County**

- 1. American Community Survey
- 2. Centers for Medicare & Medicaid Services
- 3. County Health Rankings
- 4. Feeding America
- 5. Institute for Health Metrics and Evaluation
- 6. National Cancer Institute
- 7. National Center for Education Statistics
- 8. Small Area Health Insurance Estimates
- 9. Texas Department of Family and Protective Services
- 10. Texas Department of State Health Services
- 11. Texas Education Agency
- 12. Texas Secretary of State
- 13. U.S. Bureau of Labor Statistics
- 14. U.S. Census County Business Patterns
- 15. U.S. Department of Agriculture Food Environment Atlas
- 16. U.S. Environmental Protection Agency

#### **Harris County**

- 1. American Community Survey
- 2. American Lung Association
- 3. Centers for Medicare & Medicaid Services
- 4. County Health Rankings
- 5. Feeding America
- 6. Institute for Health Metrics and Evaluation
- 7. National Cancer Institute
- 8. National Center for Education Statistics
- 9. Small Area Health Insurance Estimates
- 10. Texas Behavioral Risk Factor Surveillance System
- 11. Texas Department of Family and Protective Services
- 12. Texas Department of State Health Services
- 13. Texas Education Agency
- 14. Texas Secretary of State
- 15. U.S. Bureau of Labor Statistics
- 16. U.S. Census County Business Patterns
- 92 Memorial Hermann Sugar Land Hospital CHNA 2019

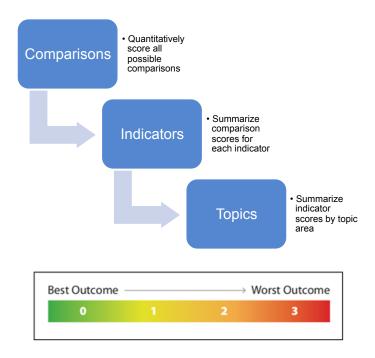
- 17. U.S. Department of Agriculture Food Environment Atlas
- 18. U.S. Environmental Protection Agency

#### **Wharton County**

- 1. American Community Survey
- 2. Centers for Medicare & Medicaid Services
- 3. County Health Rankings
- 4. Feeding America
- 5. Institute for Health Metrics and Evaluation
- 6. National Cancer Institute
- 7. National Center for Education Statistics
- 8. Small Area Health Insurance Estimates
- 9. Texas Department of Family and Protective Services
- 10. Texas Department of State Health Services
- 11. Texas Education Agency
- 12. Texas Secretary of State
- 13. U.S. Bureau of Labor Statistics
- 14. U.S. Census County Business Patterns
- 15. U.S. Department of Agriculture Food Environment Atlas

#### **Secondary Data Scoring**

Data scoring is done in three stages:



For each indicator, each county in Memorial Hermann Sugar Land's service area is assigned a score based on its comparison to other communities, whether health targets have been met, and the trend of the indicator value over time. These comparison scores range from 0-3, where 0 indicates the best outcome and 3 the worst. Availability of each type of comparison varies by indicator and is dependent upon the data source, comparability with data collected for other communities, and changes in methodology over time.

Indicators are categorized into topic areas and each topic area receives a score. Indicators may be categorized in more than one topic area. Topic scores are determined by the comparisons of all indicators within the topic.

#### Comparison to a Distribution of County Values: Within State and Nation

For ease of interpretation and analysis, indicator data on the Community Dashboard is visually represented as a green-yellow-red gauge showing how the community is faring against a distribution of counties in the state or the United States. A distribution is created by taking all county values within the state or nation, ordering them from low to high, and dividing them into three groups (green, yellow, red) based on their order. Indicators with the poorest comparisons ("in the red") scored high, whereas indicators with good comparisons ("in the green") scored low.

#### Comparison to Values: State, National, and Targets

Each county is compared to the state value, the national value, and target values. Target values include the nation-wide Healthy People 2020 (HP2020) goals. Healthy People 2020 goals are national objectives for improving the health of the nation set by the Department of Health and Human Services' (DHHS) Healthy People Initiative. For all value comparisons, the scoring depends on whether the county value is better or worse than the comparison value, as well as how close the county value is to the target value.

#### Trend Over Time

The Mann-Kendall statistical test for trend was used to assess whether the county value is increasing over time or decreasing over time, and whether the trend is statistically significant. The trend comparison uses the four most recent comparable values for the county, and statistical significance is determined at the 90% confidence level. For each indicator with values available for four time periods, scoring was determined by direction of the trend and statistical significance.

#### Missing Values

Indicator scores are calculated using the comparison scores, availability of which depends on the data source. If the comparison type is possible for an adequate proportion of indicators on the community dashboard, it will be included in the indicator score. After exclusion of comparison types with inadequate availability, all missing comparisons are substituted with a neutral score for the purposes of calculating the indicator's weighted average. When information is unknown due to lack of comparable data, the neutral value assumes that the missing comparison score is neither good nor bad.

#### **Indicator Scoring**

Indicator scores are calculated as a weighted average of all included comparison scores. If none of the included comparison types are possible for an indicator, no score is calculated and the indicator is excluded from the data scoring results.

#### **Topic Scoring**

Indicator scores are averaged by topic area to calculate topic scores. Each indicator may be included in up to three topic areas if appropriate. Resulting scores range from 0-3, where a higher score indicates a greater level of need as evidenced by the data. A topic score is only calculated if it includes at least three indicators.

### **Data Scoring Results**

The following tables list each indicator by topic area for each of the counties in Memorial Hermann Sugar Land's service area. Secondary data for this report are up to date as of November 2, 2018.

### **Fort Bend County**

TOILD	end County	1	1				<u> </u>	<u> </u>	1
			FORT BEND				MEASUREMENT		
SCORE	ACCESS TO HEALTH SERVICES	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
		providers/ 100,000							
2.11	Mental Health Provider Rate	population	59.8		98.8	214.3	2017		3
	Non-Physician Primary Care	providers/100,000							
1.67	Provider Rate	population	52.2		66.8	81.2	2017		3
		dentists/ 100,000							
1.17	Dentist Rate	population	51.8		55.9	67.4	2016		3
1.08	Persons with Health Insurance	percent	88	100	81.4		2016		8
0.97	Children with Health Insurance	percent	93.3	100	90.3		2016		8
	Adults with Health Insurance: 18-								
0.92	64	percent	85.4	100	77.4		2016		8
		providers/100,000							
0.33	Primary Care Provider Rate	population	80.3		59.9	75.5	2015		3
			FORT BEND				MEASUREMENT		
SCORE	CANCER	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
1.56	Cancer: Medicare Population	percent	7.3		7.1	7.8	2015		2
	·	cases/ 100,000							
1.50	Prostate Cancer Incidence Rate	males	103.8		95.4	109	2011-2015		6
		cases/ 100,000							
1.17	Breast Cancer Incidence Rate	females	114.7		111.7	124.7	2011-2015		6
	Oral Cavity and Pharynx Cancer	cases/ 100,000							
0.56	Incidence Rate	population	10		10.9	11.6	2011-2015		6
0.50	mederice nate	cases/ 100,000	10		10.5	11.0	2011 2013		
0.50	All Cancer Incidence Rate	population	367.6		401.3	441.2	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.47	Breast Cancer	females	18.1	20.7	20.2	20.9	2011-2015		6
0.47	Dicust Califer		10.1	20.7	20.2	20.3	2011-2013		U
0.47	Cervical Cancer Incidence Rate	females	6.4	7.3	9.2	7.5	2011-2015		6
		cases/ 100,000		-					

						ı		T	
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.25	Prostate Cancer	males	14.6	21.8	18.1	19.5	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.22	Colorectal Cancer	population	11.9	14.5	14.4	14.5	2011-2015		6
	Lung and Bronchus Cancer	cases/ 100,000							
0.17	Incidence Rate	population	39.5		53.1	60.2	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.00	Cancer	population	126.2	161.4	156.4	163.5	2011-2015	Male	6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.00	Lung Cancer	population	28.1	45.5	39	43.4	2011-2015		6
		cases/ 100,000							
0.00	Colorectal Cancer Incidence Rate	population	34	39.9	38.1	39.2	2011-2015		6
			FORT BEND				MEASUREMENT		
SCORE	CHILDREN'S HEALTH	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
JCONE	Children with Low Access to a	ONITS	COONTT	111 2020	TEXAS	0.5.	TEMOD	THOTI DISTARTI	Jource
1.83	Grocery Store	percent	7.4				2015		15
	,	cases/ 1,000							
1.11	Substantiated Child Abuse Rate	children	3.5		8.5		2017		9
0.97	Children with Health Insurance	percent	93.3	100	90.3		2016		8
0.67	Child Food Insecurity Rate	percent	19.1		23	17.9	2016		4
			FORT REALD				NACACUDENACNIT		
SCORE	ECONOMY	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
				HPZUZU			_	HIGH DISPARITY	
2.58	Median Household Gross Rent	dollars	1252		911	949	2012-2016		1
	Median Monthly Owner Costs for								
2.36	Households without a Mortgage	dollars	712		467	462	2012-2016		1
	Mortgaged Owners Median	,							
2.25	Monthly Household Costs	dollars	1884		1444	1491	2012-2016		1
1.89	SNAP Certified Stores	stores/ 1,000	0.4				2016		15
1.89	SINAP CEITIIIEU STOFES	population	0.4				2010		15

<sup>98</sup> Memorial Hermann Sugar Land Hospital CHNA 2019

	Unemployed Workers in Civilian							
1.78	Labor Force	percent	4.1	4	4.1	July 2018		13
1.56	Food Insecurity Rate	percent	14.8	15.4	12.9	2016		4
1.50	Low-Income and Low Access to a Grocery Store	percent	7.1			2015		15
1.17	Female Population 16+ in Civilian Labor Force	percent	59.3	57.7	58.3	2012-2016		1
1.17	Population 16+ in Civilian Labor Force	percent	66.9	64.2	63.1	2012-2016		1
1.06	Renters Spending 30% or More of Household Income on Rent	percent	40.1	48	47.3	2012-2016		1
1.06	Severe Housing Problems	percent	14.8	18.3	18.8	2010-2014		3
0.75	Persons with Disability Living in Poverty (5-year)	percent	15.6	25.1	27.6	2012-2016		1
0.67	Child Food Insecurity Rate	percent	19.1	23	17.9	2016		4
0.64	Persons with Disability Living in Poverty	percent	16.2	24.2	26.6	2016		1
0.56	Households with Cash Public Assistance Income	percent	1.1	1.6	2.7	2012-2016		1
0.50	Total Employment Change	percent	6.2	3.2	2.5	2014-2015		14
0.42	Median Housing Unit Value	dollars	217600	142700	184700	2012-2016		1
0.39	Children Living Below Poverty Level	percent	11.2	23.9	21.2	2012-2016	Hispanic or Latino, Other	1
0.39	Families Living Below Poverty Level	percent	6.4	13	11	2012-2016	Hispanic or Latino, Other	1
0.39	Homeownership	percent	74.4	55	55.9	2012-2016		1
0.39	People 65+ Living Below Poverty Level	percent	6.9	10.8	9.3	2012-2016	Hispanic or Latino, Other	1
0.39	People Living Below Poverty Level	percent	8.2	16.7	15.1	2012-2016	Hispanic or Latino, Other, <6, 6-11, 12- 17, 18-24	1
0.17	Homeowner Vacancy Rate	percent	1.1	1.6	1.8	2012-2016		1

<sup>99</sup> Memorial Hermann Sugar Land Hospital CHNA 2019

1.83	Grocery Store Density	stores/ 1,000 population	0.1				2014		15
1.83	Grocery Store	percent	7.4				2015		15
1.89	SNAP Certified Stores Children with Low Access to a	population	0.4				2016		15
SCORE	ENVIRONMENT	UNITS stores/ 1,000	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
0.17	People 25+ with a Bachelor's Degree or Higher	percent	44.6		28.1	30.3	2012-2016	Black or African American, Other, Two or More Races, Female, 65+	1
0.42	Infants Born to Mothers with <12 Years Education	percent	9.2		21.6	15.9	2013		10
0.89	People 25+ with a High School Degree or Higher	percent	89.2		82.3	87	2012-2016	65+	1
1.00	High School Drop Out Rate	percent	1.1		2		2016		11
1.67	Student-to-Teacher Ratio	students/ teacher	16.5		15.4	17.7	2015-2016		7
SCORE	EDUCATION	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
0.17	Students Eligible for the Free Lunch Program	percent	26.7		52.9	42.6	2015-2016		7
0.17	Per Capita Income	dollars	37134		27828	29829	2012-2016	Black or African American, Hispanic or Latino, Other, Two or More Races	1
0.17	People Living 200% Above Poverty Level	percent	79.4		62.8	66.4	2012-2016		1
0.17	Median Household Income	dollars	91152		54727	55322	2012-2016	Black or African American, Hispanic or Latino, Other	1

	Recognized Carcinogens Released								
1.61	into Air	pounds	18132				2017		16
1.50	Farmers Market Density	markets/ 1,000 population	0				2016		15
1.50	Low-Income and Low Access to a Grocery Store	percent	7.1				2015		15
1.39	PBT Released	pounds	18164				2017		16
1.33	Fast Food Restaurant Density	restaurants/ 1,000 population facilities/ 1,000	0.6				2014		15
1.33	Recreation and Fitness Facilities	population	0.1				2014		15
1.22	Food Environment Index		7.4		6	7.7	2018		3
1.17	People 65+ with Low Access to a Grocery Store	percent	1.9				2015		15
1.08	Drinking Water Violations	percent	0.9		6.6		FY 2013-14		3
1.06	Severe Housing Problems	percent	14.8		18.3	18.8	2010-2014		3
1.00	Households with No Car and Low Access to a Grocery Store	percent	1.1				2015		15
0.83	Access to Exercise Opportunities	percent	83.8		80.6	83.1	2018		3
0.61	Liquor Store Density	stores/ 100,000 population	5.2		6.8	10.5	2015		14
0.39	Houses Built Prior to 1950	percent	1.2		7.4	18.2	2012-2016		1
SCORE	EXERCISE, NUTRITION, & WEIGHT	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.67	Workers who Walk to Work	percent	0.6	3.1	1.6	2.8	2012-2016	25-44	1
1.89	SNAP Certified Stores	stores/ 1,000 population	0.4				2016		15
1.83	Children with Low Access to a Grocery Store	percent	7.4				2015		15
1.83	Grocery Store Density	stores/ 1,000	0.1				2014		15

		population							
1.56	Food Insecurity Rate	percent	14.8		15.4	12.9	2016		4
1.50	Farmers Market Density	markets/ 1,000 population	0				2016		15
1.50	Low-Income and Low Access to a Grocery Store	percent	7.1				2015		15
1.33	Fast Food Restaurant Density	restaurants/ 1,000 population	0.6				2014		15
1.33	Recreation and Fitness Facilities	facilities/ 1,000 population	0.1				2014		15
1.22	Food Environment Index		7.4		6	7.7	2018		3
1.17	People 65+ with Low Access to a Grocery Store	percent	1.9				2015		15
1.00	Households with No Car and Low Access to a Grocery Store	percent	1.1				2015		15
0.83	Access to Exercise Opportunities	percent	83.8		80.6	83.1	2018		3
0.67	Child Food Insecurity Rate	percent	19.1		23	17.9	2016		4
			FORT BEND				MEASUREMENT		
SCORE	HEART DISEASE & STROKE	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
2.50	Stroke: Medicare Population	percent	4.7		4.5	4	2015		2
2.17	Hyperlipidemia: Medicare Population	percent	46.6		46.1	44.6	2015		2
1.61	Hypertension: Medicare Population	percent	57.1		57.5	55	2015		2
1.22	Ischemic Heart Disease: Medicare Population	percent	28		28.8	26.5	2015		2
1.06	Heart Failure: Medicare Population	percent	13.9		15.5	13.5	2015		2
0.94	Atrial Fibrillation: Medicare Population	percent	6.9		7.4	8.1	2015		2

	<u></u>	1	1				Г		1
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.64	Cerebrovascular Disease (Stroke)	population	35.4	34.8	42	37.3	2010-2014		10
		. ,							
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.42	Heart Disease	population	135		173	171.9	2010-2014	Black, White, Male	10
	IMMUNIZATIONS & INFECTIOUS		FORT BEND				MEASUREMENT		
SCORE	DISEASES	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
		cases/ 100,000							
1.67	Chlamydia Incidence Rate	population	373.5		511.6		2017		10
		cases/ 100,000							
1.67	Gonorrhea Incidence Rate	population	93		160.2		2017		10
		cases/ 100,000							
1.67	Syphilis Incidence Rate	population	19		40.6		2017		10
1.56	Tuberculosis Incidence Rate	cases/ 100,000 population	3.7	1	4.5		2013-2017		10
1.50	Tuberculosis ilicidence kate	cases/ 100,000	5.7	1	4.5		2013-2017		10
1.22	HIV Diagnosis Rate	population	9.2		16.1		2016		10
	THE BIOGRAPHICS	роригистот	3.2		10.1		2010		10
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.06	Influenza and Pneumonia	population	13.6		14.2	15.2	2010-2014		10
			FORT DENIE				A A E A CLUDEN A ENT		
SCORE	MATERNAL, FETAL & INFANT HEALTH	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
							-	HIGH DISPARITY	
2.36	Babies with Low Birth Weight	percent	9.3	7.8	8.3	8	2013		10
1.00	Mothers who Received Early	norcont	62.0	77.0	F0.2	74.2	2012		10
1.86	Prenatal Care	percent	62.8	77.9	59.2	74.2	2013		10
1.47	Preterm Births	percent	11.5	9.4	12	11.4	2013		10
4.00	Babies with Very Low Birth						2012		4.0
1.39	Weight	percent	1.4	1.4	1.4	1.4	2013		10
0.69	Infant Mortality Pato	deaths/ 1,000 live births	4.3	6	5.8	6	2013		10
0.09	Infant Mortality Rate	DITUIS	4.5	D	5.8	ס	2013		10

		I				ı			
	Infants Born to Mothers with <12								
0.42	Years Education	percent	9.2		21.6	15.9	2013		10
0.42	Teen Births	percent	1		2.8	4.3	2014		10
			FORT BEND				MEASUREMENT		
SCORE	MEN'S HEALTH	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
		cases/ 100,000							
1.50	Prostate Cancer Incidence Rate	males	103.8		95.4	109	2011-2015		6
0.50	Life Expectancy for Males	years	80.1		76.2	76.7	2014		5
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.25	Prostate Cancer	males	14.6	21.8	18.1	19.5	2011-2015		6
0.20	ostate Game.	marcs	20			23.0	2011 2013		
	MENTAL HEALTH & MENTAL		FORT BEND				MEASUREMENT		
SCORE	DISORDERS	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
		providers/100,000							
2.11	Mental Health Provider Rate	population	59.8		98.8	214.3	2017		3
	Alzheimer's Disease or Dementia:								
1.33	Medicare Population	percent	10.2		11.7	9.9	2015		2
1.55	Age-Adjusted Death Rate due to	deaths/ 100,000	10.2		11.7	3.3	2013		
0.94	Suicide	population	7.3	10.2	11.7	12.5	2010-2014	White, Male	10
		, ,							-
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.64	Alzheimer's Disease	population	20.6		26.6	24.5	2010-2014	White	10
0.61	Depression: Medicare Population	percent	12.2		17	16.7	2015		2
0.50	Frequent Mental Distress	percent	9		10.6	15	2016		3
	Poor Mental Health: Average								
0.50	Number of Days	days	3		3.4	3.8	2016		3
			FORT DENIE				NAFACUDENAFNT		
SCORE	OLDER ADULTS & AGING	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
SCORE	OLDER ADULIS & AGING	UNITS	COUNTY	HP2020	IEXAS	0.3.	PERIOD	חטח אארווץ"	Source

				1	1	1		1	1
2.50	Stroke: Medicare Population	percent	4.7		4.5	4	2015		2
2.22	Diabetes: Medicare Population	percent	30.8		28.2	26.5	2015		2
2.17	Chronic Kidney Disease: Medicare Population	percent	19.2		19.9	18.1	2015		2
2.17	Hyperlipidemia: Medicare Population	percent	46.6		46.1	44.6	2015		2
1.61	Hypertension: Medicare Population	percent	57.1		57.5	55	2015		2
1.56	Cancer: Medicare Population	percent	7.3		7.1	7.8	2015		2
1.56	Osteoporosis: Medicare Population	percent	6		6.5	6	2015		2
1.33	Alzheimer's Disease or Dementia: Medicare Population	percent	10.2		11.7	9.9	2015		2
1.22	Ischemic Heart Disease: Medicare Population	percent	28		28.8	26.5	2015		2
1.17	People 65+ with Low Access to a Grocery Store	percent	1.9				2015		15
1.06	Heart Failure: Medicare Population	percent	13.9		15.5	13.5	2015		2
0.94	Atrial Fibrillation: Medicare Population	percent	6.9		7.4	8.1	2015		2
0.72	Age-Adjusted Death Rate due to Falls	deaths/ 100,000 population	6	7.2	7.4	8.3	2010-2014		10
0.64	Age-Adjusted Death Rate due to Alzheimer's Disease	deaths/ 100,000 population	20.6		26.6	24.5	2010-2014	White	10
0.61	Asthma: Medicare Population	percent	6.5		8.2	8.2	2015		2
0.61	Depression: Medicare Population	percent	12.2		17	16.7	2015		2
0.61	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	percent	26.1		31.6	30	2015		2
0.39	COPD: Medicare Population	percent	7.7	1	11.1	11.2	2015		2
0.39	People 65+ Living Alone	percent	15.2		23.9	26.4	2013		1
0.55	reopie 05+ Livilig Alolle	регсепс	15.2		23.9	20.4	2012-2010		1

0.39	People 65+ Living Below Poverty Level	percent	6.9		10.8	9.3	2012-2016	Hispanic or Latino, Other	1
0.33	Level	регсен	0.5		10.0	3.3	2012 2010	Other	_
SCORE	OTHER CHRONIC DISEASES	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.17	Chronic Kidney Disease: Medicare Population	percent	19.2		19.9	18.1	2015		2
1.56	Osteoporosis: Medicare Population	percent	6		6.5	6	2015		2
0.61	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	percent	26.1		31.6	30	2015		2
SCORE	PREVENTION & SAFETY	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.06	Severe Housing Problems	percent	14.8		18.3	18.8	2010-2014		3
0.86	Death Rate due to Drug Poisoning	deaths/ 100,000 population	5.6		9.8	16.9	2014-2016		3
0.72	Age-Adjusted Death Rate due to Falls	deaths/ 100,000 population	6	7.2	7.4	8.3	2010-2014		10
0.47	Age-Adjusted Death Rate due to Unintentional Injuries	deaths/ 100,000 population	24.9	36.4	37.6	39.2	2010-2014	White, Male	10
SCORE	PUBLIC SAFETY	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.00	Alcohol-Impaired Driving Deaths	percent	36		28.3	29.3	2012-2016		3
1.11	Substantiated Child Abuse Rate	cases/ 1,000 children	3.5		8.5		2017		9
1.00	Violent Crime Rate	crimes/ 100,000 population	261.5		407.6		2012-2014		3

SCORE	RESPIRATORY DISEASES	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.56	Tuberculosis Incidence Rate	cases/ 100,000 population	3.7	1	4.5		2013-2017		10
1.06	Age-Adjusted Death Rate due to Influenza and Pneumonia	deaths/ 100,000 population	13.6		14.2	15.2	2010-2014		10
0.61	Asthma: Medicare Population	percent	6.5		8.2	8.2	2015		2
0.39	COPD: Medicare Population	percent	7.7		11.1	11.2	2015		2
0.17	Lung and Bronchus Cancer Incidence Rate	cases/ 100,000 population	39.5		53.1	60.2	2011-2015		6
0.00	Age-Adjusted Death Rate due to Lung Cancer	deaths/ 100,000 population	28.1	45.5	39	43.4	2011-2015		6
SCORE	SOCIAL ENVIRONMENT	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.83	Mean Travel Time to Work	minutes	32.6		25.9	26.1	2012-2016	Male	1
2.58	Median Household Gross Rent	dollars	1252		911	949	2012-2016		1
2.36	Median Monthly Owner Costs for Households without a Mortgage	dollars	712		467	462	2012-2016		1
2.25	Mortgaged Owners Median Monthly Household Costs	dollars	1884		1444	1491	2012-2016		1
1.72	Linguistic Isolation	percent	6.2		7.9	4.5	2012-2016		1
1.17	Female Population 16+ in Civilian Labor Force	percent	59.3		57.7	58.3	2012-2016		1
1.17	Population 16+ in Civilian Labor Force	percent	66.9		64.2	63.1	2012-2016		1
1.11	Substantiated Child Abuse Rate	cases/ 1,000 children	3.5		8.5		2017		9
1.08	Persons with Health Insurance	percent	88	100	81.4		2016		8

	_							=	
	People 25+ with a High School	_							
0.89	Degree or Higher	percent	89.2		82.3	87	2012-2016	65+	1
0.89	Voter Turnout: Presidential Election	percent	64.8		58.8		2016		12
0.61	Single-Parent Households	percent	22.4		33.3	33.6	2012-2016		1
0.50	Total Employment Change	percent	6.2		3.2	2.5	2014-2015		14
0.42	Median Housing Unit Value	dollars	217600		142700	184700	2012-2016		1
0.39	Children Living Below Poverty Level	percent	11.2		23.9	21.2	2012-2016	Hispanic or Latino, Other	1
0.39	Homeownership	percent	74.4		55	55.9	2012-2016		1
0.39	People 65+ Living Alone	percent	15.2		23.9	26.4	2012-2016		1
0.39	People Living Below Poverty Level	narcant	8.2		16.7	15.1	2012-2016	Hispanic or Latino, Other, <6, 6-11, 12- 17, 18-24	1
0.59	reopie Living Below Poverty Level	percent	0.2		10.7	15.1	2012-2010	Black or African	1
								American, Hispanic	
0.17	Median Household Income	dollars	91152		54727	55322	2012-2016	or Latino, Other	1
	Doorle 25 , with a Dooledon's							Black or African American, Other,	
0.17	People 25+ with a Bachelor's Degree or Higher	percent	44.6		28.1	30.3	2012-2016	Two or More Races, Female, 65+	1
		p excess						Black or African	
								American, Hispanic	
0.17	Dor Canita Income	dollars	37134		27828	29829	2012 2016	or Latino, Other, Two or More Races	1
0.17	Per Capita Income	aonars	37134		2/828	29829	2012-2016	Two or More Races	1
			FORT BEND				MEASUREMENT		
SCORE	SUBSTANCE ABUSE	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
2.00	Alcohol-Impaired Driving Deaths	percent	36		28.3	29.3	2012-2016		3
1.50	Adults who Drink Excessively	percent	18.3	25.4	19.4	18	2016		3
0.86	Death Rate due to Drug Poisoning	deaths/ 100,000 population	5.6		9.8	16.9	2014-2016		3

0.61	Liquor Store Density	stores/ 100,000 population	5.2		6.8	10.5	2015		14
0.02	2.quel etere e ensity	рорилинен	5.2			10.0	2020		
SCORE	TRANSPORTATION	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.83	Mean Travel Time to Work	minutes	32.6		25.9	26.1	2012-2016	Male	1
2.83	Solo Drivers with a Long Commute	percent	57.5		36.9	34.7	2012-2016		3
2.67	Workers who Walk to Work	percent	0.6	3.1	1.6	2.8	2012-2016	25-44	1
1.94	Workers who Drive Alone to Work	percent	82.3		80.3	76.4	2012-2016	Black or African American, 20-44	1
1.06	Workers Commuting by Public Transportation	percent	1.7	5.5	1.5	5.1	2012-2016	Hispanic or Latino	1
1.00	Households with No Car and Low Access to a Grocery Store	percent	1.1				2015		15
0.50	Households without a Vehicle	percent	2.7		5.6	9	2012-2016		1
SCORE	WELLNESS & LIFESTYLE	UNITS	FORT BEND COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.17	Insufficient Sleep	percent	32.5		32.7	38	2016		3
0.72	Life Expectancy for Females	years	83.5		80.8	81.5	2014		5
0.67	Self-Reported General Health Assessment: Poor or Fair	percent	14.1		18.2	16	2016		3
0.50	Frequent Physical Distress	percent	8.7		10.8	15	2016		3
0.50	Life Expectancy for Males	years	80.1		76.2	76.7	2014		5
0.50	Poor Physical Health: Average Number of Days	days	2.9		3.5	3.7	2016		3

		=	FORT BEND				MEASUREMENT		
SCORE	WOMEN'S HEALTH	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
		cases/ 100,000							
1.17	Breast Cancer Incidence Rate	females	114.7		111.7	124.7	2011-2015		6
0.72	Life Expectancy for Females	years	83.5		80.8	81.5	2014		5
0.47	Age-Adjusted Death Rate due to Breast Cancer	deaths/ 100,000 females	18.1	20.7	20.2	20.9	2011-2015		6
0.47	Cervical Cancer Incidence Rate	cases/ 100,000 females	6.4	7.3	9.2	7.5	2011-2015		6

## **Harris County**

			HARRIS				MEASUREMENT		
SCORE	ACCESS TO HEALTH SERVICES	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
	Adults Unable to Afford to See a						_		
2.00	Doctor	percent	22.1		18.3	12.1	2015		10
4.04		·		400			2016		
1.81	Children with Health Insurance	percent	89.4	100	90.3		2016		9
4	Adults with Health Insurance: 18-	,	747	400	77.4		2016		
1.75	64	percent	74.7	100	77.4		2016		9
1.75	Persons with Health Insurance	percent	79.3	100	81.4		2016		9
		providers/100,000							
1.61	Primary Care Provider Rate	population	57.2		59.9	75.5	2015		4
		providers/100,000							
1.44	Mental Health Provider Rate	population	103.7		98.8	214.3	2017		4
	Non-Physician Primary Care	providers/100,000							
1.00	Provider Rate	population	72.2		66.8	81.2	2017		4
		dentists/ 100,000							
0.50	Dentist Rate	population	66.3		55.9	67.4	2016		4
			HARRIS				MEASUREMENT		
SCORE	CANCER	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
		cases/ 100,000							
2.53	Cervical Cancer Incidence Rate	females	11	7.3	9.2	7.5	2011-2015		7
	Age-Adjusted Death Rate due to	deaths/ 100,000							_
2.25	Breast Cancer	females	23.2	20.7	20.2	20.9	2011-2015	Black	7
1.94	Cancer: Medicare Population	percent	7.6		7.1	7.8	2015		3
	Colon Cancer Screening:								
1.58	Sigmoidoscopy or Colonoscopy	percent	57.6		62.3		2016		10
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.53	Prostate Cancer	males	19.8	21.8	18.1	19.5	2011-2015		7
1.55	1103tate Cancer	cases/ 100,000	13.0	21.0	10.1	19.5	2011-2013		
1.39	Breast Cancer Incidence Rate	females	113.2		111.7	124.7	2011-2015		7
1.55	breast carrier incluence rate	Jennules	115.2		111./	124./	2011-2013		/

		cases/ 100,000							
1.33	Prostate Cancer Incidence Rate	males	102.5		95.4	109	2011-2015		7
1.22	Age-Adjusted Death Rate due to Colorectal Cancer	deaths/ 100,000 population	14.6	14.5	14.4	14.5	2011-2015		7
1.00	All Cancer Incidence Rate	cases/ 100,000 population	402.6		401.3	441.2	2011-2015		7
0.94	Age-Adjusted Death Rate due to Cancer	deaths/ 100,000 population	157.8	161.4	156.4	163.5	2011-2015	Black, Male	7
0.94	Colorectal Cancer Incidence Rate	cases/ 100,000 population	38.8	39.9	38.1	39.2	2011-2015		7
0.89	Oral Cavity and Pharynx Cancer Incidence Rate	cases/ 100,000 population	10.9		10.9	11.6	2011-2015		7
0.50	Lung and Bronchus Cancer Incidence Rate	cases/ 100,000 population	50.9		53.1	60.2	2011-2015		7
0.33	Age-Adjusted Death Rate due to Lung Cancer	deaths/100,000 population	37.5	45.5	39	43.4	2011-2015		7
SCORE	CHILDREN'S HEALTH	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.81	Children with Health Insurance	percent	89.4	100	90.3		2016		9
1.67	Child Food Insecurity Rate	percent	23.5		23	17.9	2016		5
1.50	Children with Low Access to a Grocery Store	percent	5.4				2015		17
1.11	Substantiated Child Abuse Rate	cases/ 1,000 children	5.4		8.5		2017		11
SCORE	DIABETES	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.67	Diabetes: Medicare Population	percent	28.1		28.2	26.5	2015		3
1.44	Adults with Diabetes	percent	10.2		11.2	10.5	2016		10
0.92	Age-Adjusted Death Rate due to Diabetes	deaths/ 100,000 population	20.2		21.7	21.2	2010-2014	Black, Hispanic, Male	12

SCORE	ECONOMY	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.44	Homeownership	percent	49.6		55	55.9	2012-2016		1
2.39	Severe Housing Problems	percent	20.9		18.3	18.8	2010-2014		4
2.22	Students Eligible for the Free Lunch Program	percent	58.2		52.9	42.6	2015-2016		8
2.14	Median Monthly Owner Costs for Households without a Mortgage	dollars	534		467	462	2012-2016		1
2.11	SNAP Certified Stores	stores/ 1,000 population	0.6				2016		17
2.08	Median Household Gross Rent	dollars	937		911	949	2012-2016		1
2.06	Families Living Below Poverty Level	percent	14.4		13	11	2012-2016	American Indian or Alaska Native, Black or African American, Hispanic or Latino, Other	1
2.06	Food Insecurity Rate	percent	16.6		15.4	12.9	2016		5
1.94	Unemployed Workers in Civilian Labor Force	percent	4.4		4	4.1	July 2018		15
1.89	People 65+ Living Below Poverty Level	percent	11.3		10.8	9.3	2012-2016	Asian, Black or African American, Hispanic or Latino, Other, Female, 75+	1
1.81	Mortgaged Owners Median Monthly Household Costs	dollars	1504		1444	1491	2012-2016		1
1.67	Child Food Insecurity Rate	percent	23.5		23	17.9	2016		5
	Children Living Below Poverty							American Indian or Alaska Native, Black or African American, Hispanic or Latino,	
1.67	Level	percent	26		23.9	21.2	2012-2016	Other, <6	1

1.67	Doonle Living Delay Devertul aval	novoont	17.4	16.7	15.1	2012-2016	American Indian or Alaska Native, Black or African American, Hispanic or Latino, Other, Female, <6,	1
	People Living Below Poverty Level	percent			-		6-11, 12-17, 18-24	1
1.67	Total Employment Change	percent	2.4	3.2	2.5	2014-2015		16
1.50	Renters Spending 30% or More of Household Income on Rent	percent	46.8	48	47.3	2012-2016		1
1.42	Persons with Disability Living in Poverty (5-year)	percent	25.4	25.1	27.6	2012-2016		1
1.33	Low-Income and Low Access to a Grocery Store People Living 200% Above Poverty Level	percent percent	6.3	62.8	66.4	2015		17
		· · · · · · · · · · · · · · · · · · ·						
0.97	Median Housing Unit Value  Persons with Disability Living in  Poverty	dollars percent	145600 22.9	24.2	184700 26.6	2012-2016		1
0.94	Female Population 16+ in Civilian Labor Force	percent	59.8	57.7	58.3	2012-2016		1
0.94	Population 16+ in Civilian Labor Force	percent	68.3	64.2	63.1	2012-2016		1
0.89	Households with Cash Public Assistance Income	percent	1.5	1.6	2.7	2012-2016		1
0.67	Homeowner Vacancy Rate	percent	1.5	1.6	1.8	2012-2016		1
0.50	Median Household Income	dollars	55584	54727	55322	2012-2016	American Indian or Alaska Native, Black or African American, Hispanic or Latino, Other	1
0.50	Per Capita Income	dollars	29850	27828	29829	2012-2016	American Indian or Alaska Native, Black or African American,	1

								Hispanic or Latino, Native Hawaiian or Other Pacific Islander, Other, Two or More Races	
SCORE	EDUCATION	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.92	Infants Born to Mothers with <12 Years Education	percent	27.5		21.6	15.9	2013		12
1.89	Student-to-Teacher Ratio	students/ teacher	16.4		15.4	17.7	2015-2016		8
1.67	High School Drop Out Rate	percent	2.6		2		2016		13
1.67	People 25+ with a High School Degree or Higher	percent	80.2		82.3	87	2012-2016	Male, 35-44, 45-64, 65+ American Indian or Alaska Native, Black or African American,	1
0.67	People 25+ with a Bachelor's Degree or Higher	percent	30.1		28.1	30.3	2012-2016	Native Hawaiian or Other Pacific Islander, Other, 45- 64, 65+	1
SCORE	ENVIRONMENT	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.39	Severe Housing Problems	percent	20.9		18.3	18.8	2010-2014		4
2.11	SNAP Certified Stores	stores/ 1,000 population	0.6				2016		17
1.75	Annual Ozone Air Quality	grade	F				2014-2016		2
1.69	Annual Particle Pollution	grade	С				2014-2016		2
1.67	Fast Food Restaurant Density	restaurants/ 1,000 population	0.7				2014		17

	Recognized Carcinogens Released								
1.61	into Air	pounds	1962916				2017		18
	Children with Low Access to a								
1.50	Grocery Store	percent	5.4				2015		17
		markets/ 1,000							
1.50	Farmers Market Density	population	0				2016		17
		stores/ 1,000							
1.50	Grocery Store Density	population	0.2				2014		17
	Low-Income and Low Access to a								
1.33	Grocery Store	percent	6.3				2015		17
	,	facilities/ 1,000							
1.33	Recreation and Fitness Facilities	population	0.1				2014		17
1.25	Drinking Water Violations	percent	1.7		6.6		FY 2013-14		4
1.17	PBT Released	pounds	210516				2017		18
1.00	Food Environment Index		7.2		6	7.7	2018		4
	Households with No Car and Low								
1.00	Access to a Grocery Store	percent	0.9				2015		17
	People 65+ with Low Access to a								
1.00	Grocery Store	percent	1.4				2015		17
	,	stores/ 100,000							
0.89	Liquor Store Density	population	6.3		6.8	10.5	2015		16
0.67	Access to Exercise Opportunities	percent	90.4		80.6	83.1	2018		4
0.17	Houses Built Prior to 1950	percent	6.2		7.4	18.2	2012-2016		1
			HARRIS				MEASUREMENT		
SCORE	EXERCISE, NUTRITION, & WEIGHT	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
2.17	Workers who Walk to Work	percent	1.5	3.1	1.6	2.8	2012-2016	White, non-Hispanic	1
		stores/ 1,000							
2.11	SNAP Certified Stores	population	0.6				2016		17
2.06	Food Insecurity Rate	percent	16.6		15.4	12.9	2016		5
1.67	Adults (18+ Years) Who Are Obese	percent	32	30.5	33.6	29.9	2016		10

1.67	Child Food Insecurity Rate	percent	23.5		23	17.9	2016		5
1.07	Cinia rood misecurity nate	restaurants/ 1,000	23.3		25	17.5	2010		
1.67	Fast Food Restaurant Density	population	0.7				2014		17
	Adults who are Overweight or	. ,							
1.50	Obese	percent	66.7		68.4	65.2	2016		10
	Children with Low Access to a								
1.50	Grocery Store	percent	5.4				2015		17
		markets/ 1,000							
1.50	Farmers Market Density	population	0				2016		17
		stores/ 1,000							
1.50	Grocery Store Density	population	0.2				2014		17
	Adult Fruit and Vegetable								
1.42	Consumption	percent	18.7		17.2		2015		10
	Low-Income and Low Access to a								
1.33	Grocery Store	percent	6.3				2015		17
	,	facilities/ 1,000							
1.33	Recreation and Fitness Facilities	population	0.1				2014		17
1.00	Food Environment Index		7.2		6	7.7	2018		4
	Households with No Car and Low								
1.00	Access to a Grocery Store	percent	0.9				2015		17
1.00	Access to a drocery store	percent	0.9				2013		17
	People 65+ with Low Access to a								
1.00	Grocery Store	percent	1.4				2015		17
0.67	Access to Exercise Opportunities	percent	90.4		80.6	83.1	2018		4
			HARRIS				MEASUREMENT		
SCORE	HEART DISEASE & STROKE	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
2.61	Stroke: Medicare Population	percent	5.2		4.5	4	2015		3
	Heart Failure: Medicare								
1.89	Population	percent	16		15.5	13.5	2015		3
	Atrial Fibrillation: Medicare								
1.50	Population	percent	7.3		7.4	8.1	2015		3
1.44	Hyperlipidemia: Medicare	percent	43.2		46.1	44.6	2015		3

	Population								
1.42	Age-Adjusted Death Rate due to Cerebrovascular Disease (Stroke)	deaths/ 100,000 population	41.5	34.8	42	37.3	2010-2014	Black	12
1.33	Ischemic Heart Disease: Medicare Population	percent	28.8		28.8	26.5	2015		3
1.22	Hypertension: Medicare Population	percent	55.5		57.5	55	2015		3
0.92	Age-Adjusted Death Rate due to Heart Disease	deaths/ 100,000 population	167.6		173	171.9	2010-2014	Black, White, Male	12
SCORE	IMMUNIZATIONS & INFECTIOUS DISEASES	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.33	Gonorrhea Incidence Rate	cases/ 100,000 population	182.1		160.2		2017		12
2.33	Syphilis Incidence Rate	cases/ 100,000 population	59.3		40.6		2017		12
2.11	Chlamydia Incidence Rate	cases/ 100,000 population	571.4		511.6		2017		12
1.83	Tuberculosis Incidence Rate	cases/ 100,000 population	6.6	1	4.5		2013-2017		12
1.78	Adults 65+ with Influenza Vaccination	percent	57.2		57.3	58.6	2016		10
1.67	HIV Diagnosis Rate	cases/ 100,000 population	26.3		16.1		2016		12
1.17	Adults 65+ with Pneumonia Vaccination	percent	73.5	90	71.3	73.4	2016		10
1.00	Age-Adjusted Death Rate due to Influenza and Pneumonia	deaths/ 100,000 population	14		14.2	15.2	2010-2014	Black, Male	12
SCORE	MATERNAL, FETAL & INFANT HEALTH	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.36	Infant Mortality Rate	deaths/ 1,000 live	6.8	6	5.8	6	2013		12

		births							
1.97	Mothers who Received Early Prenatal Care	percent	56.1	77.9	59.2	74.2	2013		12
1.92	Infants Born to Mothers with <12 Years Education	percent	27.5		21.6	15.9	2013		12
1.81	Babies with Low Birth Weight	percent	8.6	7.8	8.3	8	2013		12
1.61	Babies with Very Low Birth Weight	percent	1.5	1.4	1.4	1.4	2013		12
1.25	Preterm Births	percent	11.8	9.4	12	11.4	2013		12
0.58	Teen Births	percent	2.5		2.8	4.3	2014		12
SCORE	MEN'S HEALTH	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.53	Age-Adjusted Death Rate due to Prostate Cancer	deaths/ 100,000 males	19.8	21.8	18.1	19.5	2011-2015		7
1.33	Prostate Cancer Incidence Rate	cases/ 100,000 males	102.5		95.4	109	2011-2015		7
1.28	Life Expectancy for Males	years	76.4		76.2	76.7	2014		6
SCORE	MENTAL HEALTH & MENTAL DISORDERS	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.89	Alzheimer's Disease or Dementia: Medicare Population	percent	11.4		11.7	9.9	2015		3
1.53	Poor Mental Health: 5+ Days	percent	80		81.5		2016		10
1.50	Poor Mental Health: Average Number of Days	days	3.7		3.4	3.8	2016		4
1.44	Mental Health Provider Rate	providers/ 100,000 population	103.7		98.8	214.3	2017		4
1.17	Frequent Mental Distress	percent	11.2		10.6	15	2016		4
0.94	Age-Adjusted Death Rate due to Suicide	deaths/ 100,000 population	10.3	10.2	11.7	12.5	2010-2014	White, Male	12

0.94	Depression: Medicare Population	percent	14.8		17	16.7	2015		3
0.54	·	percent	14.0		17	10.7	2013		,
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.64	Alzheimer's Disease	population	17.9		26.6	24.5	2010-2014	White, Female	12
			HARRIS				MEASUREMENT		
SCORE	OLDER ADULTS & AGING	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
	Chronic Kidney Disease: Medicare								
2.67	Population	percent	20.9		19.9	18.1	2015		3
2.61	Stroke: Medicare Population	percent	5.2		4.5	4	2015		3
	Age-Adjusted Death Rate due to	deaths/ 100,000							
2.06	Falls	population	10.4	7.2	7.4	8.3	2010-2014	White, Male	12
1.94	Cancer: Medicare Population	percent	7.6		7.1	7.8	2015		3
	Alzheimer's Disease or Dementia:								
1.89	Medicare Population	percent	11.4		11.7	9.9	2015		3
	Heart Failure: Medicare								
1.89	Population	percent	16		15.5	13.5	2015		3
								Asian, Black or	
	People 65+ Living Below Poverty							African American, Hispanic or Latino,	
1.89	Level	percent	11.3		10.8	9.3	2012-2016	Other, Female, 75+	1
	Adults 65+ with Influenza	per cont							
1.78	Vaccination	percent	57.2		57.3	58.6	2016		10
	Osteoporosis: Medicare								
1.72	Population	percent	6.3		6.5	6	2015		3
1.67	Diabetes: Medicare Population	percent	28.1		28.2	26.5	2015		3
	Atrial Fibrillation: Medicare								
1.50	Population	percent	7.3		7.4	8.1	2015		3
1.44	Hyperlipidemia: Medicare Population	percent	43.2		46.1	44.6	2015		3
	,	· ·							
1.44	People 65+ Living Alone Ischemic Heart Disease: Medicare	percent	24.4		23.9	26.4	2012-2016		1
1.33	Population	percent	28.8		28.8	26.5	2015		3
2.00	. 000.0001	percent		1	20.0	20.0	2010	I.	

1.19	Death Rate due to Drug Poisoning	population	10.2		9.8	16.9	2014-2016		4
2.06	Age-Adjusted Death Rate due to Falls	deaths/ 100,000 population deaths/ 100,000	10.4	7.2	7.4	8.3	2010-2014	White, Male	12
2.39	Severe Housing Problems	percent	20.9		18.3	18.8	2010-2014		4
SCORE	PREVENTION & SAFETY	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
0.94	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	percent	27.8		31.6	30	2015		3
1.72	Osteoporosis: Medicare Population	percent	6.3		6.5	6	2015		3
2.67	Chronic Kidney Disease: Medicare Population	percent	20.9		19.9	18.1	2015		3
SCORE	OTHER CHRONIC DISEASES	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
0.39	COPD: Medicare Population	percent	9.6		11.1	11.2	2015		3
0.64	Age-Adjusted Death Rate due to Alzheimer's Disease	deaths/ 100,000 population	17.9		26.6	24.5	2010-2014	White, Female	12
0.94	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	percent	27.8		31.6	30	2015		3
0.94	Depression: Medicare Population	percent	14.8		17	16.7	2015		3
1.00	People 65+ with Low Access to a Grocery Store Asthma: Medicare Population	percent percent	1.4 7.3		8.2	8.2	2015 2015		17
1.17	Adults 65+ with Pneumonia Vaccination	percent	73.5	90	71.3	73.4	2016		10
1.22	Hypertension: Medicare Population	percent	55.5		57.5	55	2015		3

2.50	Age-Adjusted Death Rate due to	deaths/ 100,000	26.4	26.4	27.6	20.2	2040 2044	And to the last	42
0.69	Unintentional Injuries	population	36.1	36.4	37.6	39.2	2010-2014	White, Male	12
			HARRIS				MEASUREMENT		
SCORE	PUBLIC SAFETY	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
2.17	Alcohol-Impaired Driving Deaths	percent	37.8		28.3	29.3	2012-2016		4
		crimes/ 100,000							
1.67	Violent Crime Rate	population	713.7		407.6		2012-2014		4
4.44	College attack of Child Above Bare	cases/1,000	- A		0.5		2017		11
1.11	Substantiated Child Abuse Rate	children	5.4		8.5		2017		11
			HARRIS				MEASUREMENT		
SCORE	RESPIRATORY DISEASES	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
		cases/ 100,000							
1.83	Tuberculosis Incidence Rate	population	6.6	1	4.5		2013-2017		12
	Adults 65+ with Influenza								
1.78	Vaccination	percent	57.2		57.3	58.6	2016		10
1.17	Adults 65+ with Pneumonia Vaccination	percent	73.5	90	71.3	73.4	2016		10
1.17	Vaccination	percent	73.3	90	/1.5	73.4	2010		10
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.00	Influenza and Pneumonia	population	14		14.2	15.2	2010-2014	Black, Male	12
0.94	Asthma: Medicare Population	percent	7.3		8.2	8.2	2015		3
	Lung and Bronchus Cancer	cases/ 100,000							
0.50	Incidence Rate	population	50.9		53.1	60.2	2011-2015		7
0.39	COPD: Medicare Population	percent	9.6		11.1	11.2	2015		3
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.33	Lung Cancer	population	37.5	45.5	39	43.4	2011-2015		7
			HARRIS				MEASUREMENT		
SCORE	SOCIAL ENVIRONMENT	UNITS	COUNTY	HP2020	TEXAS	U.S.	PERIOD	HIGH DISPARITY*	Source
				111 2020	25.9	26.1	-		
2.67	Mean Travel Time to Work	minutes	28.6		25.9	26.1	2012-2016	Male	1

2.50	Linguistic Isolation	percent	11.8		7.9	4.5	2012-2016		1
2.44	Homeownership	percent	49.6		55	55.9	2012-2016		1
2.17	Single-Parent Households	percent	36.2		33.3	33.6	2012-2016		1
2.14	Median Monthly Owner Costs for Households without a Mortgage	dollars	534		467	462	2012-2016		1
2.08	Median Household Gross Rent	dollars	937		911	949	2012-2016		1
1.81	Mortgaged Owners Median Monthly Household Costs	dollars	1504	100	1444	1491	2012-2016		1
1.75	Persons with Health Insurance  Children Living Below Poverty Level	percent percent	79.3	100	23.9	21.2	2016 2012-2016	American Indian or Alaska Native, Black or African American, Hispanic or Latino, Other, <6	9
1.67	People 25+ with a High School Degree or Higher	percent	80.2		82.3	87	2012-2016	Male, 35-44, 45-64, 65+	1
								American Indian or Alaska Native, Black or African American, Hispanic or Latino, Other, Female, <6,	
1.67	People Living Below Poverty Level	percent	17.4		16.7	15.1	2012-2016	6-11, 12-17, 18-24	1
1.67	Total Employment Change	percent	2.4		3.2	2.5	2014-2015		16
1.67	Voter Turnout: Presidential Election	percent	58.4		58.8		2016		14
1.44	People 65+ Living Alone	percent	24.4		23.9	26.4	2012-2016		1
1.11	Substantiated Child Abuse Rate	cases/ 1,000 children	5.4		8.5		2017		11
1.08	Median Housing Unit Value	dollars	145600		142700	184700	2012-2016		1
0.94	Female Population 16+ in Civilian Labor Force	percent	59.8		57.7	58.3	2012-2016		1
0.94	Population 16+ in Civilian Labor	percent	68.3		64.2	63.1	2012-2016		1

	Force								
0.67	People 25+ with a Bachelor's Degree or Higher	percent	30.1		28.1	30.3	2012-2016	American Indian or Alaska Native, Black or African American, Native Hawaiian or Other Pacific Islander, Other, 45- 64, 65+	1
0.50	Median Household Income	dollars	55584		54727	55322	2012-2016	American Indian or Alaska Native, Black or African American, Hispanic or Latino, Other	1
0.50	Per Capita Income	dollars	29850		27828	29829	2012-2016	American Indian or Alaska Native, Black or African American, Hispanic or Latino, Native Hawaiian or Other Pacific Islander, Other, Two or More Races	1
SCORE	SUBSTANCE ABUSE	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.17	Alcohol-Impaired Driving Deaths	percent	37.8		28.3	29.3	2012-2016		4
1.50	Adults who Drink Excessively	percent	18.1	25.4	19.4	18	2016		4
1.28	Adults (18+ Years) Reporting Binge Drinking Within the Last 12 months	percent	16.6	24.2	17.9	16.9	2016		10
1.19	Death Rate due to Drug Poisoning	deaths/ 100,000 population	10.2		9.8	16.9	2014-2016		4
0.94	Adults who Smoke	percent	12.1	12	14.3	17.1	2016		10
0.89	Liquor Store Density	stores/ 100,000 population	6.3		6.8	10.5	2015		16

SCORE	TRANSPORTATION	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.83	Solo Drivers with a Long Commute	percent	45.8		36.9	34.7	2012-2016		4
2.67	Mean Travel Time to Work	minutes	28.6		25.9	26.1	2012-2016	Male	1
2.17	Workers who Walk to Work	percent	1.5	3.1	1.6	2.8	2012-2016	White, non-Hispanic	1
1.44	Workers who Drive Alone to Work	percent	79.1		80.3	76.4	2012-2016	White, non- Hispanic, 25-44, 55- 59	1
1.33	Households without a Vehicle	percent	6.4		5.6	9	2012-2016		1
1.28	Workers Commuting by Public Transportation	percent	2.8	5.5	1.5	5.1	2012-2016	Hispanic or Latino, Native Hawaiian or Other Pacific Islander, Two or More Races, White, non-Hispanic, Male, 25-44	1
1.00	Households with No Car and Low Access to a Grocery Store	percent	0.9				2015		17
SCORE	WELLNESS & LIFESTYLE	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.83	Self-Reported General Health Assessment: Poor or Fair	percent	18.2		18.2	16	2016		4
1.75	Poor Physical Health: 5+ Days	percent	80.6		81.5		2016		10
1.67	Insufficient Sleep	percent	33.9		32.7	38	2016		4
1.28	Life Expectancy for Males	years	76.4		76.2	76.7	2014		6
1.17	Frequent Physical Distress	percent	11.5		10.8	15	2016		4
1.17	Poor Physical Health: Average Number of Days	days	3.6		3.5	3.7	2016		4

1.06	Life Expectancy for Females	years	81		80.8	81.5	2014		6
SCORE	WOMEN'S HEALTH	UNITS	HARRIS COUNTY	HP2020	TEXAS	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.53	Cervical Cancer Incidence Rate	cases/ 100,000 females	11	7.3	9.2	7.5	2011-2015		7
2.25	Age-Adjusted Death Rate due to Breast Cancer	deaths/ 100,000 females	23.2	20.7	20.2	20.9	2011-2015	Black	7
1.39	Breast Cancer Incidence Rate	cases/ 100,000 females	113.2		111.7	124.7	2011-2015		7
1.06	Life Expectancy for Females	years	81		80.8	81.5	2014		6

# **Wharton County**

			WHARTON				MEASUREMENT		
SCORE	ACCESS TO HEALTH SERVICES	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
		providers/100,000							
2.44	Mental Health Provider Rate	population	34		99	214	2017		3
		providers/ 100,000							
2.33	Primary Care Provider Rate	population	41		60	76	2015		3
1.97	Children with Health Insurance	percent	87.7	100.0	90.3		2016		8
1.89	Non-Physician Primary Care Provider Rate	providers/ 100,000 population	50		67	81	2017		3
1.75	Adults with Health Insurance: 18-64	percent	74.2	100.0	77.4		2016		8
1.75	Persons with Health Insurance	percent	78.5	100.0	81.4		2016		8
1.56	Dentist Rate	dentists/ 100,000 population	46		56	67	2016		3
			WHARTON				MEASUREMENT		
SCORE	CANCER	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source

			1						
	Age Adjusted Death Date due to	deaths/ 100,000							
2.75	Age-Adjusted Death Rate due to	females	25.7	20.7	20.2	20.9	2011 2015		6
2./5	Breast Cancer	,	25.7	20.7	20.2	20.9	2011-2015		D
2.56	Colonestal Consenius idense Data	cases/ 100,000	50.5	39.9	20.4	39.2	2011 2015		_
2.56	Colorectal Cancer Incidence Rate	population	50.5	39.9	38.1	39.2	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
2.44	Colorectal Cancer	population	16.5	14.5	14.4	14.5	2011-2015		6
		cases/ 100,000							
2.31	Cervical Cancer Incidence Rate	females	18.3	7.3	9.4	7.8	2007-2011		6
1.28	Cancer: Medicare Population	percent	6.7		7.1	7.8	2015		2
	·	cases/ 100,000							
1.22	All Cancer Incidence Rate	population	406.8		401.3	441.2	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.17	Cancer	population	160.9	161.4	156.4	163.5	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.14	Prostate Cancer	males	19.1	21.8	18.1	19.5	2011-2015		6
		cases/ 100,000							
0.94	Breast Cancer Incidence Rate	females	101.5		111.7	124.7	2011-2015		6
	Lung and Bronchus Cancer	cases/ 100,000							
0.72	Incidence Rate	population	49.9		53.1	60.2	2011-2015		6
	Oral Cavity and Pharynx Cancer	cases/ 100,000							
0.72	Incidence Rate	population	10.8		10.9	11.6	2011-2015		6
		cases/ 100,000							
0.33	Prostate Cancer Incidence Rate	males	85.7		95.4	109.0	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.00	Lung Cancer	population	31.2	45.5	39.0	43.4	2011-2015		6
1			WHARTON				MEASUREMENT		
SCORE	CHILDREN'S HEALTH	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
JCORE	CHILDREN 3 HEALTH	UNITS	COUNTY	1172020	IEXAS	0.3.	FLNIOD	HIGH DISPARITY	Jource
2.06	Child Food Insecurity Rate	percent	24.1		23.0	17.9	2016		4
1.97	Children with Health Insurance	percent	87.7	100.0	90.3		2016		8

		cases/ 1,000							
1.78	Substantiated Child Abuse Rate	children	9.6		8.5		2017		9
	Children with Low Access to a								
1.50	Grocery Store	percent	4.8				2015		15
			WHARTON				MEASUREMENT		
SCORE	ECONOMY	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
	Students Eligible for the Free								
2.50	Lunch Program	percent	59.4		52.9	42.6	2015-2016		7
	People 65+ Living Below Poverty							Black or African	
2.39	Level	percent	14.5		10.8	9.3	2012-2016	American, Other	1
2.20	Children Living Below Poverty		20.6		22.0	24.2	2042 2046	Black or African	
2.28	Level	percent	28.6		23.9	21.2	2012-2016	American	1
2.06	Child Food Insecurity Rate	percent	24.1		23.0	17.9	2016		4
	Families Living Below Poverty							Black or African	
2.06	Level	percent	14.4		13.0	11.0	2012-2016	American	1
	People Living 200% Above								
1.89	Poverty Level	percent	57.2		62.8	66.4	2012-2016		1
								6-11, <6 Black or	
1.89	People Living Below Poverty Level	percent	17.7		16.7	15.1	2012-2016	African American	1
								Black or African	
								American, Hispanic	
1.02	Der Canita Incomo	dollars	23245		27828	29829	2012-2016	or Latino, Other, Two or More Races	1
1.83	Per Capita Income	aonars	23245		2/828	29829	2012-2016	Two or More Races	1
1.83	Total Employment Change	percent	1.7		3.2	2.5	2014-2015		14
	Female Population 16+ in Civilian								
1.78	Labor Force	percent	53.0		57.7	58.3	2012-2016		1
1.72	Food Insecurity Rate	percent	15.3		15.4	12.9	2016		4
								Black or African	
								American, Hispanic	
1.67	Median Household Income	dollars	46445		54727	55322	2012-2016	or Latino	1
1.58	Median Housing Unit Value	dollars	107000		142700	184700	2012-2016		1

						ı	1		1
	Persons with Disability Living in								
1.58	Poverty (5-year)	percent	27.3		25.1	27.6	2012-2016		1
1.50	Low-Income and Low Access to a Grocery Store	percent	6.8				2015		15
1.50	Population 16+ in Civilian Labor	регсепс	0.8				2013		13
1.44	Force	percent	61.5		64.2	63.1	2012-2016		1
	Unemployed Workers in Civilian								
1.44	Labor Force	percent	4.0		4.0	4.1	July 2018		13
1.22	Homeownership	percent	58.4		55.0	55.9	2012-2016		1
		stores/ 1,000					****		
1.22	SNAP Certified Stores	population	0.9				2016		15
	Mortgaged Owners Median								
1.19	Monthly Household Costs	dollars	1204		1444	1491	2012-2016		1
1.17	Severe Housing Problems	percent	15.3		18.3	18.8	2010-2014		3
		Persons							
	Median Monthly Owner Costs for								
1.14	Households without a Mortgage	dollars	416		467	462	2012-2016		1
1.03	Median Household Gross Rent	dollars	699		911	949	2012-2016		1
0.78	Households with Cash Public Assistance Income	narcant	0.9		1.6	2.7	2012-2016		1
		percent							
0.50	Homeowner Vacancy Rate	percent	0.9		1.6	1.8	2012-2016		1
	Renters Spending 30% or More of								
0.33	Household Income on Rent	percent	29.9		48.0	47.3	2012-2016		1
		·							
			WHARTON				MEASUREMENT		
SCORE	EDUCATION	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source

	People 25+ with a Bachelor's							Black or African	
2.17	•	narcant	14.5		28.1	30.3	2012-2016	American, Other	1
2.17	Degree or Higher	percent	14.5		28.1	30.3	2012-2016	American, Other	1
	La Sanata Danie ta Marthaga in Sth. 142								
4.07	Infants Born to Mothers with <12		26.6		24.6	15.0	2012		10
1.97	Years Education	percent	26.6		21.6	15.9	2013		10
4.00	People 25+ with a High School		70.0		00.0	07.0	2012 2016	65 011	
1.83	Degree or Higher	percent	78.0		82.3	87.0	2012-2016	65+ Other	1
1.44	Student-to-Teacher Ratio	students/ teacher	14.5		15.4	17.7	2015-2016		7
1.00	High School Drop Out Rate	percent	0.3		2.0		2016		11
			WHARTON				MEASUREMENT		
SCORE	ENVIRONMENT	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
		restaurants/ 1,000							
2.11	Fast Food Restaurant Density	population	0.8				2014		15
1.89	Houses Built Prior to 1950	percent	18.4		7.4	18.2	2012-2016		1
	Households with No Car and Low								
1.67	Access to a Grocery Store	percent	2.9				2015		15
1.50	Access to Exercise Opportunities	percent	75.2		80.6	83.1	2018		3
	Children with Low Access to a								
1.50	Grocery Store	percent	4.8				2015		15
		stores/ 1,000							
1.50	Grocery Store Density	population	0.2				2014		15
	Low-Income and Low Access to a								
1.50	Grocery Store	percent	6.8				2015		15
		markets/ 1,000							
1.33	Farmers Market Density	population	0.0				2016		15
		stores/ 1,000							
1.22	SNAP Certified Stores	population	0.9				2016		15

	People 65+ with Low Access to a								
1.17	Grocery Store	percent	1.8				2015		15
	·	,							
1.17	Severe Housing Problems	percent	15.3		18.3	18.8	2010-2014		3
1.08	Drinking Water Violations	percent	0.6		6.6		FY 2013-14		3
		facilities/ 1,000							
1.06	Recreation and Fitness Facilities	population	0.1				2014		15
1.00	Food Environment Index		7.4		6.0	7.7	2018		3
		stores/ 100,000							
0.61	Liquor Store Density	population	4.8		6.8	10.5	2015		14
	EXERCISE, NUTRITION, &		WHARTON				MEASUREMENT		
SCORE	WEIGHT	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
2.56	Workers who Walk to Work	percent	1.1	3.1	1.6	2.8	2012-2016		1
		restaurants/ 1,000							
2.11	Fast Food Restaurant Density	population	0.8				2014		15
2.06	Child Food Insecurity Rate	percent	24.1		23.0	17.9	2016		4
1.72	Food Insecurity Rate	percent	15.3		15.4	12.9	2016		4
	,	,							
	Households with No Car and Low								
1.67	Access to a Grocery Store	percent	2.9				2015		15
1.50	Access to Exercise Opportunities	percent	75.2		80.6	83.1	2018		3
	Children with Low Access to a								
1.50	Grocery Store	percent	4.8				2015		15
		stores/1,000							
1.50	Grocery Store Density	population	0.2				2014		15
	Low-Income and Low Access to a								
1.50	Grocery Store	percent	6.8				2015		15
1.50	Grocery Store	markets/ 1,000	0.6				2013		13
1.33	Farmers Market Density	population	0.0				2016		15

		stores/ 1,000							
1.22	SNAP Certified Stores	population	0.9				2016		15
1.17	People 65+ with Low Access to a Grocery Store	percent facilities/ 1,000	1.8				2015		15
1.06	Recreation and Fitness Facilities	population	0.1				2014		15
1.00	Food Environment Index		7.4		6.0	7.7	2018		3
SCORE	HEART DISEASE & STROKE	UNITS	WHARTON COUNTY	HP2020	Texas	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.61	Hypertension: Medicare Population	percent	65.3		57.5	55.0	2015		2
2.44	Atrial Fibrillation: Medicare Population	percent	8.8		7.4	8.1	2015		2
2.36	Age-Adjusted Death Rate due to Cerebrovascular Disease (Stroke)	deaths/ 100,000 population	47.7	34.8	42.0	37.3	2010-2014		10
2.33	Heart Failure: Medicare Population	percent	19.1		15.5	13.5	2015		2
2.33	Ischemic Heart Disease: Medicare Population	percent	32.8		28.8	26.5	2015		2
2.28	Stroke: Medicare Population	percent	4.8		4.5	4.0	2015		2
1.89	Hyperlipidemia: Medicare Population	percent	47.6		46.1	44.6	2015		2
1.47	Age-Adjusted Death Rate due to Heart Disease	deaths/ 100,000 population	179.6		173.0	171.9	2010-2014		10
SCORE	IMMUNIZATIONS & INFECTIOUS DISEASES	UNITS	WHARTON COUNTY	HP2020	Texas	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source

		cases/ 100,000							
1.61	Gonorrhea Incidence Rate	population	145.3		160.2		2017		10
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.50	Influenza and Pneumonia	population	14.7		14.2	15.2	2010-2014		10
		cases/ 100,000							
1.28	Syphilis Incidence Rate	population	11.9		40.6		2017		10
		cases/ 100,000							
1.22	Chlamydia Incidence Rate	population	336.0		511.6		2017		10
		cases/ 100,000							
1.22	Tuberculosis Incidence Rate	population	1.4	1.0	4.5		2013-2017		10
		cases/ 100,000					2015		4.0
1.17	HIV Diagnosis Rate	population	2.4		16.1		2016		10
	MATERNAL, FETAL & INFANT		WHARTON				MEASUREMENT		
SCORE	HEALTH	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
		deaths/ 1,000 live							
2.58	Infant Mortality Rate	births	9.4	6.0	5.8	6.0	2013		10
2.53	Babies with Low Birth Weight	percent	10.9	7.8	8.3	8.0	2013		10
	Mothers who Received Early								
2.42	Prenatal Care	percent	52.4	77.9	59.2	74.2	2013		10
2.19	Teen Births	percent	4.7		2.8	4.3	2014		10
	Babies with Very Low Birth								
2.06	Weight	percent	2.4	1.4	1.4	1.4	2013		10
	Infants Born to Mothers with <12								
1.97	Years Education	percent	26.6		21.6	15.9	2013		10
1.47	Preterm Births	percent	11.5	9.4	12.0	11.4	2013		10
			WHARTON				MEASUREMENT		
SCORE	MEN'S HEALTH	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
1.56	Life Expectancy for Males	years	75.1		76.2	76.7	2014		5

		I							1
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.14	Prostate Cancer	males	19.1	21.8	18.1	19.5	2011-2015		6
2121	Trostate carreer	cases/ 100,000	13.1	21.0	10.1	13.3	2011 2013		
0.33	Prostate Cancer Incidence Rate	males	85.7		95.4	109.0	2011-2015		6
	MENTAL HEALTH & MENTAL		WHARTON				MEASUREMENT		
SCORE	DISORDERS	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
JCOKE	DISORDERS	providers/ 100,000	COONTT	111 2020	TEXAS	0.5.	FEMOD	THOTI DISPARTIT	Jource
2.44	Mental Health Provider Rate	population	34		99	214	2017		3
	Age-Adjusted Death Rate due to	deaths/ 100,000					_		
2.17	Suicide	population	13.8	10.2	11.7	12.5	2010-2014		10
1.89	Alzheimer's Disease or Dementia:	norcont	11.4		11.7	9.9	2015		
1.89	Medicare Population	percent	11.4		11./	9.9	2015		2
1.50	Frequent Mental Distress	percent	12.0		10.6	15.0	2016		3
	Base Marchal Hardilla Avenue								
1.50	Poor Mental Health: Average Number of Days	days	3.8		3.4	3.8	2016		3
1.50	Number of Days	uuys	3.0		3.4	3.0	2016		3
	Age-Adjusted Death Rate due to	deaths/ 100,000							
0.86	Alzheimer's Disease	population	16.8		26.6	24.5	2010-2014		10
0.61	Depression: Medicare Population	percent	13.6		17.0	16.7	2015		2
0.01	Depression: Wedicare Fopulation	percent	13.0		17.0	10.7	2013		
			WHARTON				MEASUREMENT		
SCORE	MORTALITY DATA	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
2.75	Age-Adjusted Death Rate due to	deaths/ 100,000	25.7	20.7	20.2	20.0	2011 2015		
2.75	Breast Cancer	females deaths/ 1,000 live	25.7	20.7	20.2	20.9	2011-2015		6
2.58	Infant Mortality Rate	births	9.4	6.0	5.8	6.0	2013		10
	a Mortanty Nate	D. 1.13	J. 1	0.0	3.0	0.0			1

	Age-Adjusted Death Rate due to	deaths/ 100,000							
2.44	Colorectal Cancer	population	16.5	14.5	14.4	14.5	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
2.36	Cerebrovascular Disease (Stroke)	population	47.7	34.8	42.0	37.3	2010-2014		10
	Age-Adjusted Death Rate due to	deaths/ 100,000							
2.17	Suicide	population	13.8	10.2	11.7	12.5	2010-2014		10
		_							
	Age-Adjusted Death Rate due to	deaths/ 100,000							
2.14	Unintentional Injuries	population	50.4	36.4	37.6	39.2	2010-2014		10
1.75	Age-Adjusted Death Rate due to Diabetes	deaths/ 100,000 population	29.2		21.7	21.2	2010-2014		10
1./5	Diabetes	роринаціон	29.2		21.7	21.2	2010-2014		10
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.50	Influenza and Pneumonia	population	14.7		14.2	15.2	2010-2014		10
	denza ana i neamena	роралист	2			15.2	2010 2011		
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.47	Heart Disease	population	179.6		173.0	171.9	2010-2014		10
1.22	Alcohol-Impaired Driving Deaths	percent	27.8		28.3	29.3	2012-2016		3
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.17	Cancer	population	160.9	161.4	156.4	163.5	2011-2015		6
	Age-Adjusted Death Rate due to	deaths/ 100,000							
1.14	Prostate Cancer	males	19.1	21.8	18.1	19.5	2011-2015		6
		1 1 / 100 0 = =							
0.86	Age-Adjusted Death Rate due to Alzheimer's Disease	deaths/100,000	16.0		26.6	24.5	2010-2014		10
0.80	Aizheimer S Disease	population deaths/ 100,000	16.8		26.6	24.5	2010-2014		10
0.50	Death Rate due to Drug Poisoning	population	7.0		9.4	12.4	2006-2012		3
0.50	Age-Adjusted Death Rate due to	deaths/ 100,000	7.0		J. <del>T</del>	12.7	2000 2012		,
0.00	Lung Cancer	population	31.2	45.5	39.0	43.4	2011-2015		6
			WHARTON				MEASUREMENT		
SCORE	OLDER ADULTS & AGING	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source

	Chronic Kidney Disease: Medicare							
2.61	Population	percent	24.1	19.9	18.1	2015		2
	Hypertension: Medicare	percent		13.3	10:12	2013		_
2.61	Population	percent	65.3	57.5	55.0	2015		2
	Atrial Fibrillation: Medicare	r						
2.44	Population	percent	8.8	7.4	8.1	2015		2
	People 65+ Living Below Poverty	•					Black or African	
2.39	Level	percent	14.5	10.8	9.3	2012-2016	American, Other	1
	Heart Failure: Medicare							
2.33	Population	percent	19.1	15.5	13.5	2015		2
	Ischemic Heart Disease: Medicare							
2.33	Population	percent	32.8	28.8	26.5	2015		2
2.28	Diabetes: Medicare Population	percent	30.3	28.2	26.5	2015		2
	·	percent						
2.28	Stroke: Medicare Population	percent	4.8	4.5	4.0	2015		2
2.17	People 65+ Living Alone	percent	31.9	23.9	26.4	2012-2016		1
	Rheumatoid Arthritis or							
	Osteoarthritis: Medicare							
2.00	Population	percent	32.3	31.6	30.0	2015		2
	Alzheimer's Disease or Dementia:							
1.89	Medicare Population	percent	11.4	11.7	9.9	2015		2
	Hyperlipidemia: Medicare							
1.89	Population	percent	47.6	46.1	44.6	2015		2
1.78	COPD: Medicare Population	percent	11.9	11.1	11.2	2015		2
1.28	Asthma: Medicare Population	percent	7.4	8.2	8.2	2015		2
1.28	Cancer: Medicare Population	percent	6.7	7.1	7.8	2015		2
		p = : = = : :		7.2				
	People 65+ with Low Access to a							
1.17	Grocery Store	percent	1.8			2015		15
	,	,						
	Age-Adjusted Death Rate due to	deaths/ 100,000						
0.86	Alzheimer's Disease	population	16.8	26.6	24.5	2010-2014		10

0.61	Depression: Medicare Population	percent	13.6		17.0	16.7	2015		2
	Osteoporosis: Medicare		4.0		c =	6.0	2015		
0.33	Population	percent	4.3		6.5	6.0	2015		2
			WHARTON				MEASUREMENT		
SCORE	OTHER CHRONIC DISEASES	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
	Chronic Kidney Disease: Medicare								
2.61	Population	percent	24.1		19.9	18.1	2015		2
	Rheumatoid Arthritis or								
	Osteoarthritis: Medicare								_
2.00	Population	percent	32.3		31.6	30.0	2015		2
0.33	Osteoporosis: Medicare	norcont	4.3		6.5	6.0	2015		,
0.55	Population	percent	4.3		0.5	6.0	2015		2
			WHARTON				MEASUREMENT		
SCORE	PREVENTION & SAFETY	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
	Age-Adjusted Death Rate due to	deaths/ 100,000							
2.14	Unintentional Injuries	population	50.4	36.4	37.6	39.2	2010-2014		10
1.17	Severe Housing Problems	percent	15.3		18.3	18.8	2010-2014		3
	<u> </u>	deaths/ 100,000							
0.50	Death Rate due to Drug Poisoning	population	7.0		9.4	12.4	2006-2012		3
			WHARTON				MEASUREMENT		
SCORE	PUBLIC SAFETY	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
JCOIL	1 ODEIC JAI ETT	cases/ 1,000	COONT	111 2020	TCAGS	0.5.	TEMOD	INOTI DISI AIGIT	Jource
1.78	Substantiated Child Abuse Rate	children	9.6		8.5		2017		9
		crimes/ 100,000							
1.72	Violent Crime Rate	population	412.5		407.6		2012-2014		3
4.22		•	27.0		20.2	20.2	2012 2016		2
1.22	Alcohol-Impaired Driving Deaths	percent	27.8		28.3	29.3	2012-2016		3

SCORE	RESPIRATORY DISEASES	UNITS	WHARTON COUNTY	HP2020	Texas	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.78	COPD: Medicare Population	percent	11.9		11.1	11.2	2015		2
1.50	Age-Adjusted Death Rate due to Influenza and Pneumonia	deaths/ 100,000 population	14.7		14.2	15.2	2010-2014		10
1.28	Asthma: Medicare Population	percent	7.4		8.2	8.2	2015		2
1.22	Tuberculosis Incidence Rate Lung and Bronchus Cancer	cases/ 100,000 population cases/ 100,000	1.4	1.0	4.5		2013-2017		10
0.72	Incidence Rate	population	49.9		53.1	60.2	2011-2015		6
0.00	Age-Adjusted Death Rate due to Lung Cancer	deaths/ 100,000 population	31.2	45.5	39.0	43.4	2011-2015		6
SCORE	SOCIAL ENVIRONMENT	UNITS	WHARTON COUNTY	HP2020	Texas	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.28	Children Living Below Poverty Level	percent	28.6		23.9	21.2	2012-2016	Black or African American	1
2.17	People 25+ with a Bachelor's Degree or Higher	percent	14.5		28.1	30.3	2012-2016	Black or African American, Other	1
2.17	People 65+ Living Alone	percent	31.9		23.9	26.4	2012-2016		1
1.89	People Living Below Poverty Level	percent	17.7		16.7	15.1	2012-2016	6-11, <6 Black or African American	1
1.89	Single-Parent Households	percent	36.7		33.3	33.6	2012-2016		1
1.83	People 25+ with a High School Degree or Higher	percent	78.0		82.3	87.0	2012-2016	65+ Other Black or African	1
1.83	Per Capita Income	dollars	23245		27828	29829	2012-2016	American, Hispanic or Latino, Other,	1

								Two or More Races	
1.83	Total Employment Change	percent	1.7		3.2	2.5	2014-2015		14
1.78	Female Population 16+ in Civilian Labor Force	percent	53.0		57.7	58.3	2012-2016		1
1.78	Substantiated Child Abuse Rate	cases/ 1,000 children	9.6		8.5		2017		9
1.75	Persons with Health Insurance	percent	78.5	100.0	81.4		2016		8
1.72	Linguistic Isolation	percent	5.2		7.9	4.5	2012-2016		1
1.67	Median Household Income	dollars	46445		54727	55322	2012-2016	Black or African American, Hispanic or Latino	1
1.58	Median Housing Unit Value	dollars	107000		142700	184700	2012-2016		1
1.56	Voter Turnout: Presidential Election	percent	58.4		58.8		2016		12
1.44	Population 16+ in Civilian Labor Force	percent	61.5		64.2	63.1	2012-2016		1
1.22	Homeownership	percent	58.4		55.0	55.9	2012-2016		1
1.19	Mortgaged Owners Median Monthly Household Costs	dollars	1204		1444	1491	2012-2016		1
1.14	Median Monthly Owner Costs for Households without a Mortgage	dollars	416		467	462	2012-2016		1
1.03	Median Household Gross Rent	dollars	699		911	949	2012-2016		1
0.89	Mean Travel Time to Work	minutes	22.6		25.9	26.1	2012-2016		1
SCORE	SUBSTANCE ABUSE	UNITS	WHARTON COUNTY	HP2020	Texas	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
1.22	Alcohol-Impaired Driving Deaths	percent	27.8		28.3	29.3	2012-2016		3

0.83	Adults who Drink Excessively	percent	17.0	25.4	19.4	18.0	2016		3
0.03	Addits wild brillik Excessively	stores/ 100,000	17.0	23.4	13.4	10.0	2010		3
0.61	Liquor Store Density	population	4.8		6.8	10.5	2015		14
		deaths/ 100,000							
0.50	Death Rate due to Drug Poisoning	population	7.0		9.4	12.4	2006-2012		3
			WHARTON		_		MEASUREMENT		
SCORE	TRANSPORTATION	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
2.56	Workers who Walk to Work	percent	1.1	3.1	1.6	2.8	2012-2016		1
	Workers who Drive Alone to								
2.28	Work	percent	84.0		80.3	76.4	2012-2016	Asian	1
	Workers Commuting by Public								
2.11	Transportation	percent	0.3	5.5	1.5	5.1	2012-2016		1
	Transportation.	percent	0.0	5.5	2.0	5.1			
	Households with No Car and Low								
1.67	Access to a Grocery Store	percent	2.9				2015		15
1.17	Households without a Vehicle	percent	5.9		5.6	9.0	2012-2016		1
	Solo Drivers with a Long								
0.94	Commute	percent	28.0		36.9	34.7	2012-2016		3
0.89	Mean Travel Time to Work	minutes	22.6		25.9	26.1	2012-2016		1
			WHARTON				MEASUREMENT		
SCORE	WELLNESS & LIFESTYLE	UNITS	COUNTY	HP2020	Texas	U.S.	PERIOD	HIGH DISPARITY*	Source
	Calf Danas dad Canasal Haalik								
2.50	Self-Reported General Health Assessment: Poor or Fair	percent	21.7		18.2	16.0	2016		3
2.30	ASSESSMENT. FOOI OF FAII	ρειτειιι	21.7		10.2	10.0	2010		, ,
	Poor Physical Health: Average								
2.17	Number of Days	days	4.0		3.5	3.7	2016		3
1.83	Frequent Physical Distress	percent	12.7		10.8	15.0	2016		3

1.67	Life Expectancy for Females	years	80.0		80.8	81.5	2014		5
1.56	Life Expectancy for Males	years	75.1		76.2	76.7	2014		5
1.17	Insufficient Sleep	percent	32.4		32.7	38.0	2016		3
SCORE	WOMEN'S HEALTH	UNITS	WHARTON COUNTY	HP2020	Texas	U.S.	MEASUREMENT PERIOD	HIGH DISPARITY*	Source
2.75	Age-Adjusted Death Rate due to Breast Cancer	deaths/ 100,000 females	25.7	20.7	20.2	20.9	2011-2015		6
2.31	Cervical Cancer Incidence Rate	cases/ 100,000 females	18.3	7.3	9.4	7.8	2007-2011		6
1.67	Life Expectancy for Females	years	80.0		80.8	81.5	2014		5
0.94	Breast Cancer Incidence Rate	cases/ 100,000 females	101.5		111.7	124.7	2011-2015		6

# **Appendix C. Primary Data Methodology**

## **Community Input Participants**

AccessHealth (FQHC) (Fort Bend Family

Health Center)

AIDS Foundation of Houston

Association for the Advancement of

Mexican Americans

Avenue CDC

Catholic Charities - Archdiocese of

Galveston

Catholic Charities - Fort Bend Child Advocates of Fort Bend

Children at Risk Christ Clinic

City of Houston, Department of Parks and

Recreation

Coastal Area Health Education Centers

(AHEC)

Community Health Choice El Centro de Corazon

Episcopal Health Foundation

Fort Bend County Health and Human

Services

Fort Bend County Sheriff's Office

Fort Bend Regional Council On Substance

Abuse

Fort Bend Seniors Meals on Wheels

Fort Bend Women's Center
Galveston County Health District

**Galveston County Mental Health Deputies** 

**Greater Houston Partnership** 

Greater Houston Women's Chamber of

Commerce

Gulf Coast Medical Foundation
Harris County Public Health

Healthcare for the Homeless - Houston

HOPE Clinic (FQHC)
Houston Food Bank

Houston Health Department Houston Housing Authority

**Houston Independent School District** 

Interfaith Community Clinic

Kinder Institute

Legacy Community Health Liberty County Sheriff's Office Lone Star Family Health Center

Midtown Arts and Theater Center Houston Montgomery County Women's Center

Baker-Ripley Early Head Start

Patient Care Intervention Center (PCIC)

Prairie View A&M University Santa Maria Hostel, Inc. The Arc of Fort Bend County

The Harris Center for Mental Health and

IDD (formerly MHMRA)

The Rose

The Women's Home

Tri-County Services Behavioral Healthcare

United Way of Brazoria County United Way of Greater Houston

United Way of Harris and Montgomery

County

West Chambers Medical Center (FQHC)

YMCA of Greater Houston

### **Key Informant Interview Questionnaire (Episcopal Health Foundation)**

- Good morning/afternoon [NAME OF INFORMANT]. My name is [NAME OF INTERVIEWER], and I am with Health Resources in Action, a non-profit public health organization based in Boston. Thank you for speaking with me today.
- As we mentioned in our interview invitation, the Episcopal Health Foundation is coordinating an interview initiative to support four Greater Houston area hospital systems in preparing their community health needs assessments. The collaborating hospitals include CHI St. Luke's, Houston Methodist Hospital, Memorial Hermann Health System, and Texas Children's Hospital.
- The purpose of this interview is to gain a greater understanding of the health status and wellbeing of residents in the Greater Houston area and determine how these health needs are currently being addressed. Interviews like this one are being conducted with about 70 stakeholders from a range of sectors such as government, healthcare, business, and community service organizations. We are also interviewing community leaders with specific experience working with priority populations such as women, children, people of color, and the disabled to name a few.
- We are interested in hearing people's feedback on the needs of the broader Greater
  Houston community and the populations you work with as a leader in your community. The
  Foundation and the four hospitals welcome your critical feedback and suggestions for health
  improvement activities in the future. Your honesty during today's interview is encouraged
  and appreciated.
- As we mentioned in our interview invitation, the interview will last between 45 minutes to an hour and it will be recorded. After all the interviews are completed, Health Resources in Action will provide a transcript of your interview to the four hospitals for use in preparing their community health needs assessment reports. Each hospital will keep your interview transcript confidential and accessible only to the team that is preparing the community health needs assessment report. Health Resources in Action will also be preparing a report of the general themes that emerge across all the interviews to help the hospitals prepare their reports.
- The Foundation has asked Health Resources in Action to ask all interviewees how they wish any quotes from today's interview to be presented in reports. There are three options. Quotes may be presented anonymously without your name or organization, presented with your name and organization, or presented with only the sector you represent. Which option would you like to choose?

•	RECORD RESPONSE FROM INTERVIEWEE:
	$lue{}$ Anonymous $lue{}$ Name and organization $lue{}$ Sector

Thank you. We will note your choice in the transcript that we provide to the hospitals.

- IF THE RESPONDENT IS UNSURE AT THE TIME OF THE INTERVIEW: Ok, please feel free to think it over and we will follow up with you for your decision before we send the transcript to the hospitals.
- Do you have any questions before we begin? BEGIN RECORDING THE INTERVIEW

### **INTERVIEW QUESTIONNAIRE (55 MINUTES)**

#### NOTES TO INTERVIEWER:

- INTERVIEW QUESTIONS MAY BE ADDED OR TAILORED TO MEET THE SPECIFIC POSITION/ROLE OF THE INTERVIEWEE
- THE QUESTIONS IN THE INTERVIEW QUESTIONNAIRE ARE INTENDED TO SERVE AS A <u>GUIDE</u>, NOT A SCRIPT

### **BACKGROUND (5 MINUTES)**

- Can you tell me a little bit about your role at your organization/agency?
  - Has your organization/agency ever partnered with any of the four hospitals involved in this shared community health needs assessment before? IF SO, PROBE IN WHAT CAPACITY/PROGRAM
- How would you describe the community you represent/the community your organization serves/the Greater Houston population at large? What are some of its defining characteristics in terms of demographics? INTERVIEWER: ESTABLISH WHAT THE INFORMANT CONSIDERS THE COMMUNITY TO BE FROM THEIR PERSPECTIVE

#### **COMMUNITY ISSUES (20 minutes)**

INTERVIEWER: VARY THE LABEL OF 'COMMUNITY' BASED ON THE INFORMANT'S BACKGROUND AND HOW HE OR SHE DESCRIBES THE COMMUNITY; BE SURE TO PROBE ON WOMEN'S AND CHILDREN'S ISSUES TO ENSURE WE ADDRESS THE NEEDS OF THE CHILDREN'S HOSPITALS IN ALL OUESTIONS AS RELEVANT

- Thinking about the status of the community today, how would you rate the overall health status of residents on a scale of 1 to 5 with 1 being poor and 5 being very healthy?
- If you had to pick your top 3 <u>health</u> concerns in the community, what would they be? PROBE IN-DEPTH BASED ON INFORMANT AREA OF EXPERTISE
  - Who do you consider to be the populations in the community most vulnerable or at risk for these conditions/issues?
    - IF NOT YET MENTIONED, PROBE SPECIFICALLY ON PRIORITY POPULATION RELEVANT TO THE INFORMANT'S EXPERTISE: What do you think are the most pressing <u>health</u> concerns in the community for [PRIORITY POPULATION]?

- FOR INFORMANTS EXPERTISE WITH WOMEN AND CHILDREN: What do you think are the most pressing health concerns in the community for children and their families? How about for women?
- IF NOT YET DISCUSSED: Of the top three issues you mentioned, which would you rank as your top issue? How do you see this issue affecting community members' daily lives and their health? PROBE IN-DEPTH IN SPECIFIC FOCUS AREAS; MAY ASK ABOUT ONE ISSUE AT TIME AND FOCUS ON PERSON'S AREA OF EXPERTISE.
- From your experience, what are residents' biggest barriers to addressing the top 3 health issues you identified?

o PROBE: Social determinants of health?

PROBE: Barriers to accessing medical care?

o PROBE: Barriers to accessing preventive services or programs?

#### **FOCUS AREA: HEALTHY LIVING (5 MINUTES)**

- I'd like to ask you about barriers affecting healthy living and the prevention of obesity.
  - What are some of the barriers to healthy eating and physical activity among the communities you serve?
    - What populations are most affected by barriers to healthy living and physical activity? PROBE ABOUT FOOD INSECURITY AND ACCESS TO SAFE SPACES FOR PHYSICAL ACTIVITY
  - What efforts or programs are you aware of that promote healthy living? PROBE ABOUT HEALTHY LIVING MATTERS COLLABORATIVE

#### ACCESS TO HEALTH CARE AND PUBLIC HEALTH/PREVENTION SERVICES (15 MINUTES)

- I'd like to ask you about access to health care and social services in your community.
  - What do you see as the strengths of the health care and social services in your community?
  - O What do you see as its limitations?
- What challenges/barriers do residents in your community face in accessing health care and social services? [PROBE IN DEPTH FOR BARRIERS TO CARE: INSURANCE ISSUES, LANGUAGE BARRIERS, ACCESS TO HEALTH INFORMATION/HEALTH LITERACY, LACK OF TRANSPORTION, CHILD CARE, ETC.]
  - What do you think needs to happen in the community you serve to help residents overcome or address these challenges?
- What programs, services, or policies are you aware of in the community that address access to health care and social services?

- o In your opinion, how effective have these programs, services, or policies been at addressing the health needs of residents?
- What program, services, or policies are currently not available that you think should be?

### IMPROVING THE HEALTH OF THE COMMUNITY/RESIDENTS (10 MINUTES)

- What do you think needs to happen in the community you serve to help residents overcome or address the challenges they face in being able to be healthy?
- Earlier in this interview, you mentioned [TOP ISSUE] as being your top health priority for area residents. What do you think needs to be done to address [TOP ISSUE HERE]?
  - What do you think hospitals can do to address this issue that they aren't doing right now? Do you have any suggestions about how hospitals can be creative or work outside their traditional role to address this issue and improve community health?
  - What kinds of opportunities are currently out there that can be seized upon to address these issues? For example, are there some "low hanging fruit" – current collaborations or initiatives that can be strengthened or expanded?

#### **VISION FOR THE COMMUNITY (5 MINUTES)**

• The hospitals involved in this initiative will be planning their strategy to improve the health of the communities they serve. What advice do you have for the group developing the plan to address the top health needs you've mentioned?

#### **CLOSING (5 MINUTES)**

Thank you so much for your time. That's it for my questions. Is there anything else that you would like to mention that we didn't discuss today?

As I mentioned, after all of the interviews are completed, we will be sending your interview transcripts to the four hospitals. Each hospital will make their community health needs assessment reports publicly available when they are complete. If you have any questions, please feel free to reach out to Jennifer Mineo at the Episcopal Health Foundation who is coordinating this effort on behalf of the four hospitals. Thank you again. Have a good morning/afternoon.

# **Key Informant Interview Questionnaire (Conduent Healthy Communities Institute)**

Good morning/afternoon [NAME OF INFORMANT]. My name is [NAME OF INTERVIEWER], and I am with Conduent Healthy Communities Institute. My colleague [name] is also on the line. We are working with Memorial Hermann Health System to conduct a Community Health Needs Assessment.

- The purpose of this interview is to gain a greater understanding of the health status and wellbeing of residents in the Greater Houston area and determine how these health needs are currently being addressed. Interviews like this one are being conducted with about 12 stakeholders from a range of sectors such as government, healthcare, business, and community service organizations. We are also interviewing community leaders with specific experience working with priority populations such as women, children, people of color, and the disabled to name a few.
- We are interested in hearing people's feedback on the needs of the community and the
  populations you work with as a leader in your community. Memorial Hermann welcome
  your critical feedback and suggestions for health improvement activities in the future. Your
  honesty during today's interview is encouraged and appreciated.
- As we mentioned in our interview invitation, the interview will last between 45 minutes to an hour and it will be recorded. After all the interviews are completed, we will analyze and summarize all the interviews to incorporate into the community health needs assessment reports. Each MH hospital will keep your interview transcript confidential and accessible only to the team that is preparing the community health needs assessment report.
- Memorial Hermann has asked HCl to ask all interviewees how they wish any quotes from today's interview to be presented in reports. There are three options. Quotes may be presented anonymously without your name or organization, presented with your name and organization, or presented with only the sector you represent.
  - Which option would you like to choose?
    - RECORD RESPONSE FROM INTERVIEWEE:

      ☐ Anonymous ☐ Name and organization ☐ Sector
- Thank you. We will note your choice in the transcript that we provide to the hospitals.
  - IF THE RESPONDENT IS UNSURE AT THE TIME OF THE INTERVIEW: Ok, please feel free to think it over and we will follow up with you for your decision before we send the transcript to the hospitals.
  - Do you have any questions before we begin? BEGIN RECORDING THE INTERVIEW

# **INTERVIEW QUESTIONNAIRE (55 MINUTES)**

#### NOTES TO INTERVIEWER:

- INTERVIEW QUESTIONS MAY BE ADDED OR TAILORED TO MEET THE SPECIFIC POSITION/ROLE OF THE INTERVIEWEE
- THE QUESTIONS IN THE INTERVIEW QUESTIONNAIRE ARE INTENDED TO SERVE AS A <u>GUIDE</u>, NOT A SCRIPT

#### **BACKGROUND (5 MINUTES)**

- Can you tell me a little bit about your role at your organization?
  - Has your organization/agency ever partnered with MH's community health needs assessment before? IF SO, PROBE IN WHAT CAPACITY/PROGRAM
- How would you describe the community you represent/the community your organization serves? What are some of its defining characteristics in terms of demographics?
   INTERVIEWER: ESTABLISH WHAT THE INFORMANT CONSIDERS THE COMMUNITY TO BE FROM THEIR PERSPECTIVE

#### **COMMUNITY ISSUES (20 minutes)**

INTERVIEWER: VARY THE LABEL OF 'COMMUNITY' BASED ON THE INFORMANT'S BACKGROUND AND HOW HE OR SHE DESCRIBES THE COMMUNITY; BE SURE TO PROBE ON WOMEN'S AND CHILDREN'S ISSUES TO ENSURE WE ADDRESS THE NEEDS OF THE CHILDREN'S HOSPITALS IN ALL OUESTIONS AS RELEVANT

- Thinking about the status of the community today, how would you rate the overall health status of residents on a scale of 1 to 5 with 1 being poor and 5 being very healthy?
- If you had to pick your top 3 <u>health</u> concerns in the community, what would they be?
   PROBE IN-DEPTH BASED ON INFORMANT AREA OF EXPERTISE
  - Who do you consider to be the populations in the community most vulnerable or at risk for these conditions/issues?
    - IF NOT YET MENTIONED, PROBE SPECIFICALLY ON PRIORITY POPULATION RELEVANT TO THE INFORMANT'S EXPERTISE: What do you think are the most pressing <u>health</u> concerns in the community for [PRIORITY POPULATION]?
    - FOR INFORMANTS EXPERTISE WITH WOMEN AND CHILDREN: What do you think are the most pressing health concerns in the community for children and their families? How about for women?

- IF NOT YET DISCUSSED: Of the top three issues you mentioned, which would you rank as your top issue? How do you see this issue affecting community members' daily lives and their health? PROBE IN-DEPTH IN SPECIFIC FOCUS AREAS; MAY ASK ABOUT ONE ISSUE AT TIME AND FOCUS ON PERSON'S AREA OF EXPERTISE.
- From your experience, what are residents' biggest barriers to addressing the top 3 health issues you identified?

o PROBE: Social determinants of health?

PROBE: Barriers to accessing medical care?

o PROBE: Barriers to accessing preventive services or programs?

#### **FOCUS AREA: HEALTHY LIVING (5 MINUTES)**

- I'd like to ask you about barriers affecting healthy living and the prevention of obesity.
  - What are some of the barriers to healthy eating and physical activity among the communities you serve?
    - What populations are most affected by these barriers to healthy living and physical activity? PROBE ABOUT FOOD INSECURITY AND ACCESS TO SAFE SPACES FOR PHYSICAL ACTIVITY
  - What efforts or programs are you aware of that promote healthy living? PROBE ABOUT HEALTHY LIVING MATTERS COLLABORATIVE

#### ACCESS TO HEALTH CARE AND PUBLIC HEALTH/PREVENTION SERVICES (15 MINUTES)

- I'd like to ask you about access to health care and social services in your community.
  - What ARE the strengths of the health care and social services in your community?
  - O What are some of their limitations?
- What challenges/barriers do residents in your community face when accessing health care
  and social services? [PROBE IN DEPTH FOR BARRIERS TO CARE: INSURANCE ISSUES,
  LANGUAGE BARRIERS, ACCESS TO HEALTH INFORMATION/HEALTH LITERACY, LACK OF
  TRANSPORTION, CHILD CARE, ETC.]
  - What do you think needs to happen in the community to help residents overcome or address these challenges?
- What programs, services, or policies are you aware of that address access to health care and social services?
  - In your opinion, how effective have these programs, services, or policies been at addressing the health needs of residents?
  - O What program, services, or policies not available that you think should be?

#### IMPROVING THE HEALTH OF THE COMMUNITY/RESIDENTS (10 MINUTES)

- What do you think needs to happen in the community to help residents overcome or address the challenges they face in being able to be healthy?
- Earlier in this interview, you mentioned [TOP ISSUE] as being your top health priority for area residents. What do you think needs to be done to address [TOP ISSUE HERE]?
  - What do you think hospitals can do to address this issue that they are not doing right now?
  - Do you have any suggestions about how hospitals can be creative or work outside their traditional role to address this issue and improve community health?
  - What kinds of opportunities are currently out there that can be seized upon to address these issues? For example, are there some "low hanging fruit" – current collaborations or initiatives that can be strengthened or expanded?

#### **VISION FOR THE COMMUNITY (5 MINUTES)**

• The hospitals involved in this initiative will be planning their strategy to improve the health of the communities they serve.

What advice do you have for the group developing the plan to address the top health needs you've mentioned?

#### **CLOSING (5 MINUTES)**

Thank you so much for your time. That's it for my questions. Is there anything else that you would like to mention that we didn't discuss today?

As I mentioned, after all of the interviews are completed, we will be sending your interview transcripts to Memorial Hermann. The community health needs assessment reports will be **publicly** available when they are complete. If you have any questions, please feel free to reach out to Deborah Ganelin at Memorial Hermann who is coordinating this effort. Thank you again. Have a good morning/afternoon.

# **Community Survey (English)**

Memorial Hermann Health System is conducting a Community Health Needs Assessment for the Greater Houston area. This assessment allows Memorial Hermann to better understand the health status and needs of the community and use the knowledge gained to implement programs that will benefit the community.

We can better understand community needs by gathering voices from the community. This survey allows community members like you to tell us about what you feel are important issues for your community.

We estimate that it will take about 5 minutes to complete this survey.

Thank you very much for your input and your time!

1.	Please look at this list of community issues. In your opinion, what are the top 5 issues most affecting the quality of life in your community?  Diabetes Obesity/Overweight Respiratory/Lung Disease (asthma, COPD, etc.) Cancers Mental Health and Mental Disorders Injuries, Violence and Safety Substance Abuse (alcohol, tobacco, drugs, etc.) Oral Health Heart Disease and Stroke Sexual Health (HIV/AIDS, STDs, etc.) Teenage Pregnancy Elder Care Reproductive Health (family planning) Other (please specify):
2.	How would you rate your own personal health?  Very healthy Somewhat healthy Unhealthy Very unhealthy
3.	About how many times a week do you exercise or perform a physical activity like walking, running, bicycling, etc.?  Less than 1 time a week  2-3 times a week  5 or more times a week  Never  Other (please specify):

<ul> <li>4. What are some of the barriers or challenges to</li> <li>□ No places to exercise</li> <li>□ No time to exercise</li> <li>□ I don't like exercising</li> <li>□ Feel unsafe exercising in the community</li> <li>□ None of my friends or family exercise</li> <li>□ No childcare</li> <li>□ Lack of funds to pay for gym or classes</li> <li>□ No transportation</li> <li>□ Other (please specify):</li> </ul>	exercising o	on a regula	r basis for yo	u?	
5. How much do you agree or disagree with each	of the state	ments belo	ow.		
	Agree strongly	Agree	Disagree	Disagree strongly	
There are good parks for children, adults and people of	Strongly			Strongry	
all abilities to enjoy in my community					
In the past 12 months, I had a problem getting the					
health care I needed for me or a family member from					
any type of health care provider, dentist, pharmacy, or					
other facility					
I don't know where to get services for myself when I am					
sad, depressed or need someone to talk to					
I am confident I can get an appointment when I need to					
see my doctor fairly quickly					
I have a place to receive medical care other than the					
emergency room  Within the past 12 months, I worried whether my food					
would run out before I got money to buy more					
Within the past 12 months, the food I bought just didn't					
last and I didn't have money to get more					
There are many options for healthy and affordable food					
in my community					
6. Has your doctor ever told you that you have and High blood pressure  High cholesterol Cancer Diabetes Obesity Asthma Heart disease Other (please specify):			ark all that a	pply)	
Now, a few questions so that we can see how differ	ent types o	f people fe	el about the	questions	

asked.

7.	Zip	code where you live:			
8.	What is your age?				
9.	Wh	at is your race/ethnicity?			
		White			
		Black/African American			
		Hispanic/Latino			
		Asian/Pacific Islander			
		Native American			
		Other (please specify):			
10.	Wh	at are the ages of children living in your household?			
		11 and younger			
		12-18 years old			
		18 and older			
		None			
11.	_	at kind of medical insurance or coverage do you have?			
		Private			
		Employer-sponsored			
		Medicaid			
		Medicare			
		. To lie			
		Other (please specify):			

Thank you for completing this survey!

## **Community Survey (Spanish)**

Memorial Hermann Health System está realizando una Evaluación de las Necesidades de Salud de la Comunidad en el área metropolitana de Houston. Esta evaluación permite a Memorial Hermann comprender mejor el estado de salud y las necesidades de la comunidad, así como usar la información obtenida para poner en práctica programas que beneficien a la comunidad.

#### Calculamos que le tomará unos 5 minutos completar esta encuesta. 1. Lea la lista de problemas de la comunidad. En su opinión ¿cuáles son los 5 problemas que más afectan la calidad de vida en su comunidad? □ Diabetes □ Salud bucal □ Obesidad/sobrepeso ☐ Enfermedades cardíacas y accidentes ☐ Enfermedades respiratorias/pulmonares cerebrovasculares (asma, enfermedad pulmonar obstructiva ☐ Salud sexual (VIH/sida, enfermedades crónica [EPOC], etc.) de transmisión sexual [ETS], etc.) □ Cáncer □ Embarazos de adolescentes ☐ Salud mental y trastornos mentales □ Cuidado de ancianos □ Lesiones, violencia y seguridad □ Salud reproductiva (planificación familiar) □ Drogodependencia (alcohol, tabaco, drogas, etc.) □ Otros, (especifique): \_\_\_\_\_ 2. ¿Cómo calificaría su propia salud personal? □ Muy buena □ Mala □ Bastante buena □ Muy mala 3. ¿Aproximadamente, cuántas veces por semana hace ejercicio o alguna actividad física, como caminar, correr, andar en bicicleta, etc.? ☐ Menos de 1 vez por semana □ 5 o más veces por semana □ De 2 a 3 veces por semana □ Nunca □ Otros, (especifique): \_ 4. ¿Cuáles son algunas de las barreras o dificultades que le impiden hacer ejercicio regularmente? □ No tengo un lugar donde hacer ejercicio. ☐ No tengo con quién dejar a mis hijos mientras ☐ No tengo tiempo para hacer ejercicio. hago ejercicio. □ No me gusta hacer ejercicio. □ No tengo dinero para pagar un gimnasio o □ No me siento seguro/a haciendo ejercicio en clases. mi comunidad. □ No tengo acceso a transporte. ☐ Ninguno de mis amigos o familiares hacen

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ejercicio.

□ Otros, (especifique):

5. ¿Le ha dicho su médico alguna de las siguientes afeccicorrespondan).  □ Presión arterial alta □ Colesterol alto □ Cáncer □ Diabetes □ Otros, (especifique):	□ Obesid □ Asma		·	que
6. ¿En qué medida está de acuerdo o en desacuerdo con	cada una c	de las siguie	entes afirmac	iones?
	Muy de	De	En	Muy en
	acuerdo	acuerdo	desacuerdo	desacuerdo
En mi comunidad, hay buenos parques para niños, adultos y personas con todo tipo de capacidades para nuestro disfrute.				
En los últimos 12 meses, tuve un problema para obtener el				
cuidado médico que necesitaba para mí o para un familiar				
por parte de cualquier tipo de proveedor de cuidado de la				
salud, dentista, farmacia u otro centro sanitario.				
No sé dónde obtener servicios para mí cuando estoy triste,				
deprimido/a, o necesito hablar con alguien.				
Sé con seguridad que puedo obtener una cita con mi médico				
con cierta rapidez.				
Tengo a mi disposición un lugar para recibir cuidados				
médicos que no sea una sala de emergencias.				
En los últimos 12 meses, me preocupé de si la comida se				
agotaría antes de obtener dinero para comprar más				
alimentos.				
En los últimos 12 meses, los alimentos que compré				
simplemente no duraron lo suficiente y no tuve dinero para				
comprar más.				
En mi comunidad hay muchas opciones para comprar				
alimentos saludables y asequibles.				
Ahora le haremos algunas preguntas para poder v personas acerca de las pregunt			_	upos de
7. Código postal de su casa:				
8. ¿Cuántos años tiene?				
9. ¿Cuál es su raza/origen étnico?				
	- Asiátic	م امام مام	a /a dal Dacífi	
□ Blanco/a			o/a del Pacífio	.U
□ Negro/a o afroamericano/a	_	na america		
□ Hispano/a o latino/a	□ Otro/a	, (especifiq	ue):	
10. ¿Cuántos años tienen los niños/as que viven en su ca	ısa?			

□ 11 y menos □ Entre 12 y 18 años	□ Más de 18 años □ Ninguno
11. ¿Qué tipo de seguro médico o cobertura tiene?	
□ Privado	□ Medicare
□ Patrocinado por un empleador	□ Ninguno
□ Medicaid	☐ Otro, (especifique):

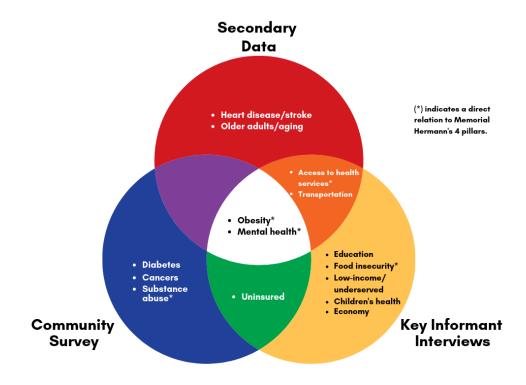
# **Appendix D. Prioritization Tool**

## **Prioritization Survey**

Thank you for your participation in this prioritization process.

The Community Health Needs Assessment (CHNA) process has multiple steps. After thorough research has been completed to identify the significant health needs in the community, these significant health needs must be prioritized for further strategic planning and implementation. Prioritization is the process of determining the most important or urgent health needs to address in communities.

Below is a diagram that shows the methods that were used to identify key issues across Memorial Hermann's service areas. These three methods included: a secondary data review, a community survey and key informant interviews. As you see, some issues revealed themselves across multiple methods. Reviewing this diagram may help you complete this survey.



1. The following health needs are not listed by order of importance. For each health need, click on the arrow on the drop down box and select your agreement with each statement. If you are on a tablet or phone, please scroll all the way to the right for each row.

The issue <b>impacts</b>	This issue	There are not	This issue has
many people in	significantly	enough <b>existing</b>	high risk for
my community	impacts	and adequate	disease or death

	subgroups	resources to	
	(subgroups by	address this issue	
	age, gender,	in my community	
	race/ethnicity,	,	
	LGBTQ, etc.)		
Access to Health			
Services			
Heart Disease and			
Stroke			
Older Adults and			
Aging			
Obesity (Exercise,			
Nutrition and			
Weight)			
Transportation			
Mental Health			
Diabetes			
Substance Abuse			
Cancers			
Lack of Health			
Insurance			
Education			
Food Insecurity			
Low-			
Income/Underserved			
Children's Health			
Economy			
· · · · · · · · · · · · · · · · · · ·	 	·	

2. Indicate the level of importance that should be given towards each of Memorial Hermann's 4 Pillars. Key definitions are listed below.

	Not	Somewhat	Important	Very	Not Sure
	Important	Important		Important	
Access to care (including					
healthcare access, healthcare					
resource awareness,					
healthcare navigation /					
literacy)					
Food as health (including food					
insecurity, food programs,					
food knowledge)					
Exercise as medicine					
(including obesity, access to					
parks, safe places to exercise)					
Emotional well-being					
(including emotional health,					
mental health, substance					
abuse)					

# **Key definitions:**

	-	ograms: programs, efforts or services designed to address food issues owledge: one's understanding of healthy foods
3.		o in your community is most affected by poor health outcomes? (Select up to 5) Lesbian, Gay, Bisexual, Transgender, Queer or Questioning (LGBTQ) Older Adults Persons with Disabilities (cognitive, sensory or physical disability) Racial/Ethnic Minority Populations Veterans Immigrants or other undocumented persons Persons experiencing homelessness or precariously housed Other Populations (please specify):
4.	Ple	ase provide your name:
5.	Ple	ase provide your email address:
6.	cho	ase select the name(s) of the healthcare facility or facilities you represent. You may nose more than one.  Memorial Hermann Katy Memorial Hermann Memorial City Memorial Hermann Greater Heights Memorial Hermann Northeast Memorial Hermann Southeast Memorial Hermann Sugar Land Memorial Hermann Southwest Memorial Hermann The Woodlands Katy Rehab Texas Medical Center TIRR Memorial Hermann Memorial Hermann Surgical Hospital Kingwood Memorial Hermann Surgical Hospital First Colony Memorial Hermann First Colony Hospital (ER) Memorial Hermann Tomball Hospital (ER) Other (please specify):

Healthcare navigation/literacy: need for education in navigating health systems

Food insecurity: lacking reliable access to healthy food options

Thank you for your input and participation in the Community Health Needs Assessment process.

# **Appendix E. Community Resources**

The following is a list of community resources mentioned by community input participants.

2-1-1 Texas City of Houston, Department of Parks and

A.C. Taylor Health Center Recreation
AccessHealth City of Pasadena

Acres Home Health Center Coastal Area Health Education Centers

AIDS Foundation Houston (AHEC)

Aldine Health Center Community Health Choice

American Heart Association County Indigent Health Care Program

American Red Cross Covenant with Christ Community Service

Amistad Community Health Center Center

Area Agency on Aging

Cypress Health Center

Association for the Advancement of Panny Jackson Health Center

Association for the Advancement of Danny Jackson Health Center Mexican Americans Dental Hygiene Clinic

Avenue 360 Health & Wellness E. A. "Squatty" Lyons Health Center

Avenue CDC El Centro De Corazon
Baker-Ripley El Franco Lee Health Center
Bastrop Community Health Center Episcopal Health Foundation

Baylor Teen Health Clinic Family Services (Galveston County)

Bayside Clinic Fort Bend Connect

Baytown Health Center Fort Bend County Collaborative Information

Bee Busy Wellness Center System

Boat People SOS Fort Bend County Health and Human Bo's Place Services

Brighter Bites Fort Bend County Sheriff's Office

Brownsville Community Health Center Fort Bend Regional Council On Substance

Buffalo Bayou Partnership Abuse
Burleson Family Medical Center Fort Bend Seniors Meals on Wheels

BVCAA - HealthPoint Fort Bend Women's Center Fort Bend Women's Center

Can Do Houston Galveston County Health District
Casa de Amigos Health Center Galveston County Mental Health Deputies
Casa El Buen Samaritano Go Healthy Houston Task Force

Catholic Charities of the Archdiocese of GoodRx

Galveston-Houston-Fort Bend Greater Houston Partnership
Central Care Community Health Greater Houston Women's Chamber of

Chambers Community Health Center Commerce

CHI St. Luke's Health Gulf Coast Community Services Association

Child Advocates of Fort Bend Gulf Coast Medical Foundation

Children at Risk Gulfgate Health Center

Christ Clinic Harmony House Respite Center

Christian Community Services Center (CCSC)

Harris Center Crisis Line

CHRISTUS Health System Harris County Public Health and Cities Changing Diabetes Environmental Services (HCPHES)

City of Houston Harris County Rides

Harris County Social Services

Harris Health System

Harvest Green (Development)

**HEAL Initiative** 

Health Center of Southeast Texas
Healthcare for the Homeless - Houston
Healthy Living Matters (Harris County)

Helping Hands Food Pantry

HOPE Clinic (FQHC)
Houston Food Bank

Houston Health Department Houston Housing Authority

Houston Independent School District Houston Ryan White Planning Council

**Houston Shifa Synott Clinic** 

Huntsville Memorial Hospital Clinic

IbnSina Foundation India House Charity Clinic Interfaith Community Clinic

Interfaith Ministries Meals on Wheels

Interfaith of The Woodlands

Kinder Institute

La Nueva Casa Health Center

Legacy Health (FQHC)

Leon County Community Health Center

Liberty County Sheriff's Office

Lone Star Family Heath Center (FQHC)

Long Branch Health Center Long Term Recovery Group

Los Barrios Unidos Community Clinic

Magnolia Health Center

Mamie George Community Center Martin Luther King Jr. Health Center

Medical Plus Supplies

MEHOP - Matagorda Episcopal Health

Outreach Program
MET Head Start
Methodist Hospital

Metrolift

Midtown Arts and Theater Center Houston

Montgomery County Food Bank Montgomery County Women's Center

Neighborhood Health Center

Northwest Assistance Ministry's Children's

Clinic

Northwest Health Center Nuestra Clinica del Valle Pat McWaters Health Clinic- Second Mile

Mission

Patient Care Intervention Center (PCIC)
Pearland Community Health Center
Pediatric & Adolescent Health Center

Physicians at Sugar Creek Planned Parenthood

Prairie View A&M University Quentin Mease Hospital

Regional Association of Grant Makers

Regional Medical Center Robert Carrasco Health Clinic

RSVP Med Spa San Jose Clinic

Santa Maria Hostel, Inc. Settegast Health Center

Seva Clinic Charity Medical Facility

Sheltering Arm Senior Services Division of

Baker Ripley Shifa Clinic Smith Clinic

Social Security Administration

Spring Branch Community Health Center

St. Hope Foundation St. Vincent's House

Stephen F. Austin Community Health

Network

Strawberry Health Center Texana Behavioral Health

Texas A&M AgriLife Extension Service

Texas Children's Hospital

Texas Medicaid and CHIP Medical

Transportation Program
The Arc of Fort Bend County

The Beacon

The Harris Center for Mental Health and

IDD (formerly MHMRA)

The Rose

The Women's Home

Thomas Street Health Center

**TOMAGWA Clinic** 

Tri-County Services Behavioral Healthcare

**Uber Health** 

United Way of Brazoria County United Way of Greater Houston United Way Project Blueprint University of Houston - College of Optometry
University of Texas Health - Dental
University of Texas Health Services
University of Texas Physicians
Urban Harvest
UTMB
Valbona Health Center
VCare Clinic
Vecino Health Center
West Chambers Medical Center (FQHC)
West Houston Assistance Ministries
(WHAM)
Whole Life Service Center
Women's Care Center

Workforce Solutions
YMCA of Greater Houston