



Diabetes Support Group

You and your loved ones are invited to join our diabetes support group to better understand diabetes and discuss ways to live a healthy lifestyle, in a community with others who have been touched by the disease. This monthly support group is facilitated by Memorial Hermann Certified Diabetes Care and Education Specialists.

Everyone is welcome and encouraged to join!

2022 Thursday Meeting Dates	2023 Thursday Meeting Dates
<p>September 8 October 13 November 17 December 8</p>	<p>January 12 February 9 March 9 April 13 May 11 June 8</p>

All meetings are free and will be hosted on Zoom, from 6 to 8 p.m. A call-in option will also be available. Zoom details will be emailed one week prior to the meeting date and on the day of the meeting.

To register, please call 713.222.CARE (2273).

For more information,

Email: DiabetesEducators@memorialhermann.org

Visit: memorialhermann.org/diabetes