



Challenge Program Outcomes

The TIRR Memorial Hermann Challenge Program provides a comprehensive range of services to help brain injury survivors maximize their potential, celebrating milestones and successes through each step of recovery.

Specialized services focus on community re-entry skills critical for the transition to independent living, school or work following brain injury. This outpatient, transdisciplinary approach, addresses the physical abilities, memory strategies, interpersonal communication and problem-solving skills needed for long-term success.

Kirby Glen (Houston) Location: 2455 S. Braeswood, Houston, TX 77030

Who We Served

- 100 clients were admitted to the program.
 - 64 clients were in the Employment Track program.
 - 9 clients were in the Education Track program.
 - 24 clients were in the Independence Track program.
 - 1 client was in the Volunteer Track program.
 - 2 clients were in the Job Readiness program.
 - Average age of clients was 47 years of age (age range: 18-82 years)

What They Accomplished

- 60 (or 93%) of the clients served completed the Employment Track and were productive at the time of discharge.
 - 49 clients returned to their employment goals within their community.
- 8 (or 88%) of the clients served completed the Education Track and were productive at the time of discharge.
 - 8 clients returned to their education goals within their community.
- 22 (or 91%) of the clients served completed the Independence Track program and were productive in their community at the time of discharge.
- 1 (or 100%) of the clients served completed the Volunteer Track and were productive at the time of discharge.
 - 1 client returned to a volunteer program within their community.
- 1 (or 100%) of the clients served completed the Job Readiness program and were productive at the time of discharge.

(over)

Challenge Program

How They Achieved This

- Adult clients received an average of 10.4 hours of therapy per week.
 - Average length of stay for adults was 3 months.

Unplanned Acute Care Hospital Transfer

- One client was transferred to an acute care hospital for a higher level of care directly from the program. Main cause of this transfer of care was secondary to:
 - Blood pressure issues

Satisfaction with Program: 14 clients completed the survey. Of the clients surveyed:

- 91% of clients would recommend the program to other individuals with brain injuries for outpatient rehabilitation.
- 99% of clients felt the Challenge staff worked well together to provide care.
- 98% of clients felt the therapists focused on their goals for getting back to the community.

Client Referrals from:

- Memorial Hermann Inpatient and Outpatient Services
- Texas Workforce Commission
- Community physicians
- Texas Department of Health and Human Services
- Other healthcare facilities



All data taken during the period July 2020–June 2021.

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 Outpatient Rehabilitation

Adult and Pediatric Outpatient Rehabilitation
 The Challenge Program
 2455 S. Braeswood
 Houston, Texas 77030
www.tirrmemorialhermann.org