

2019 In the Pink of Health Guest Speaker Rick Rigsby, Ph.D.



Rick Rigsby is an ordained minister, motivational speaker, and author. His most important roles are husband, father, grandfather and friend.

A powerful voice of reason in a culture of chaos, Dr. Rick Rigsby is a favorite among audiences worldwide. Whether he is motivating financial giants on Wall Street or fifth grade teachers at an elementary school—Rick Rigsby encourages and empowers audience members to become great people who do great things.

Born and reared in the San Francisco Bay Area, Rick graduated from college in 1978 with a degree in communications and a goal to be a network correspondent.

Following a successful career as a television news reporter for a CBS affiliate in Northern California, Rick Rigsby earned his Master's degree from California State University, Chico, followed by his Doctorate from the University of Oregon. Graduate school was followed by two decades as a college professor—the last 14 years at Texas A&M University—where he also served as character coach and chaplain for the Aggies football team.

Dr. Rigsby experienced the heartbreak of losing his wife Trina to breast cancer in 1996. Today, he is remarried and focuses his attention on empowering people worldwide—from presenting leadership principles in Nigeria to speaking to Fortune 500 companies in the Americas, Europe and Canada. Dr. Rigsby offers common-sense wisdom to those desiring to rise to greater levels of excellence.

